



VIDEO COMPETITION



Win a chance to get your video used in promotions around the county! You may even get the chance to go on TV and radio.

Produce a video on how easy it is to give up smoking with Smokefree Norfolk and some reasons for quitting.

Some ideas!

Bad breath

Wrinkly skin

Expensive

Impotence

Smokefree Norfolk is free!

4 x more successful with Smokefree

- ★ Put together a video up to 2 minutes long
- ★ Upload it to Youtube or Facebook by 29th February
- ★ Post it on the Smokefree Norfolk Facebook Page

Speak to your school nurse or call us for more info

0800 0854 113