





NORFOLK 0-19 YEARS HEALTHY CHILD PROGRAMME (NHCP) COMMISSIONERS' AND STAKEHOLDERS' BRIEFING Fifth edition – December 2015

This briefing is for Commissioners and Stakeholders to update you on developments within the Norfolk 0-19yrs Healthy Child Programme.

Please use your cascade routes to distribute it amongst your networks.

NORFOLK COUNTY COUNCIL CHILDREN'S SERVICES

The Department for Education announced a new "commissioner" model for Children's Services departments that have been rated inadequate by Ofsted on two occasions – which includes Norfolk. The ultimate sanction for a Commissioner is to place Children's Services in a self-governing trust if they feel leadership is inadequate twelve months from now. However, it is worth noting that the leadership of both officers and members was praised in Norfolk's most recent Ofsted inspection in July. Norfolk's Commissioner is to be Dave Hill, Executive Director for People Commissioning at Essex County Council – who holds both the statutory role of Director of Children's Services and Adult Social Services. He will be making his first visit here in his new role in early January. The role of the Commissioner is **not** to run Children's Services; Dave will continue with his role in Essex while our Executive Director Michael Rosen and the Children's Services Leadership team will continue to manage services in Norfolk, working to the Children's Services Committee chaired by James Joyce.

FLU STRAIN

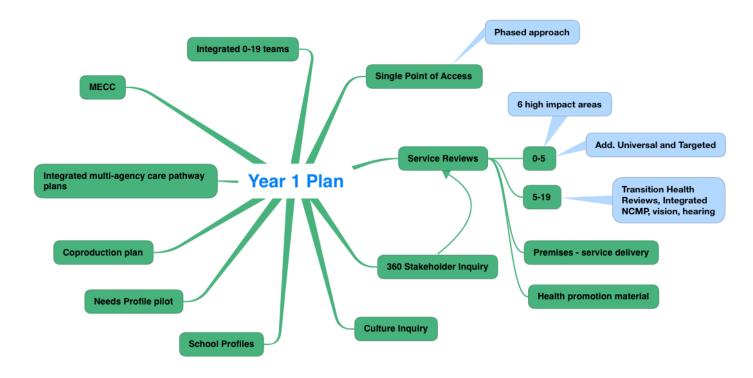
NHS England have reported that early virological surveillance of the dominant circulating flu virus this season is indicative that the specific strain in circulation is one that particularly affects pregnant women (as well as children and adults with long term conditions).

The current uptake on the flu vaccine for East Anglia is low compared to this time last year. The A(H1N1)pdm09 viruses detected in the UK are well-matched to the vaccine strain this flu season. Please encourage pregnant women to protect themselves and their babies by getting the flu vaccination.

0-19 YEARS HEALTHY CHILD PROGRAMME - MOVING FORWARD

Since the successful transfer of staff to Children and Young People's Health Services Norfolk (C&YPHSN), a programme of induction and engagement sessions has taken place with staff.

The diagram overleaf summarises the outcome of these sessions and key priorities for C&YPHSN's Year 1 Service Redesign Plan. We'll be sharing information about how our stakeholders can engage in this redesign work in the New Year.



RECRUITING NEW STAFF

Our plans for developing improved outcomes for children, young people and families are dependent on increasing the number of posts within local services. We're pleased to let you know that recruitment campaigns have taken place or are underway for:

- Community Nursery Nurses/Assistant Practitioners in our Health Visiting services
- Qualified School Nurses and in addition we'll soon be advertising for band 5 development posts.

SEEKING YOUR VIEWS ON SERVICE REDESIGN

As you'll see from the earlier diagram, C&YPHSN will be undertaking a Stakeholder Inquiry in January - March 2016 to seek your views on current services, what is working well and your priorities for an early focus, as well as our longer term development programme.

We'll do this through our established networks with stakeholders and through an online survey in the New Year.

We appreciate you're really busy but your views are important to us - we know by working in partnership we can achieve more for children and families.

APPOINTMENTS TO KEY ROLES WITHIN THE NORFOLK HEALTHY CHILD PROGRAMME

Appointing excellent leaders within the C&YPHSN is vital if the redesign of services is to be successful and ensure children, young people and their families achieve the very best outcomes.

We are delighted to announce that the following appointments have been made, all of whom have extensive knowledge of Norfolk communities having worked in the county, predominantly in children and young people's health services:

- Sian Larrington, Head of Services (from 4 January 2016)
- Joanne Brooks, Named Nurse Safeguarding Children (from 4 January 2016)
- Andrea Graves, county-wide Healthy Child Programme Professional Lead
- Marisa Fox, Head of Locality East Norfolk
- Maria Richardson, Head of Locality North Norfolk
- Chris Barnett, Head of Locality Norwich City
- Charlotte Driver Head of Locality, West Norfolk
- Helen Smith Head of Locality, Breckland
- Lisa Lorenzen Family Nurse Supervisor

Please find overleaf an **interim** structure chart that provides contact details for key people until the above arrangements are fully implemented.

We will be appointing to Team Leaders and specialist interest posts for each Locality area in January/February 2016.

CONTACT DETAILS FOR STAFF AND SERVICES

- All mobile telephone numbers have remained the same since the transfer of staff to C&YPHSN
- A full list of contact details is also available on our website <u>click here</u> and select 'Norfolk' or cut and paste the following link in to your search engine: <u>http://www.cambscommunityservices.nhs.uk/what-we-do/children-young-people-health-services</u>

NORFOLK CHILDREN AND YOUNG PEOPLE'S HEALTH SERVICES (interim structure chart)

Anne Foley, HCP Operational Lead (until 4.1.16) - 07818 863165 **Gemma Crawley Exec Assistant** 01480 308256 Sian Larrington, Head of Service (from 4.1.16) **Andrea Graves** Maria Richardson Adele Godsmark **Marisa Fox Chris Barnett Safeguarding Children Named Nurse** Head of Locality **Head of Locality** School Health **Head of Locality** Ali Jennings (East Norfolk) **Head of Locality** West Norfolk and Breckland **North Norfolk Partnerships** Jane Black/Helen Colver (all areas other **East Norfolk Norwich City and** / Professional Lead Adviser **South Norfolk** than East Norfolk) **Healthy Norfolk** From 4.1.16 Jo Brookes (all of Norfolk) **Schools** 07919 534573 07733 325597 07818 094467 07786 430085 Ali: 07771 623950 Jane/Helen: 01603 216999/07790 348287 07810 152 276 Jo: 01603 216999/07790 348287 from 4.1.16 **Lottie Driver Wendy Simpson** Victoria Pearce **HV Team Leader HV Team Leader** HV Team Leader (Nar. (Spixworth and **Great Yarmouth and** Vancouver, Hunstanton) Jane Cornthwaite **Healthy Norfolk Caroline Halls** Sprowston, Holt. northern villages **HV Team Leader** Schools Advisers **HV Team Leader** Fakenham, Acle and 07769 683146 (Wymondham, Diss. Marian Fox, (City & Eaton and **Brundall)** 07787 554981 Long Stratton) Alice Ndiaye, SSBWE) Anna Sims, Rachael Rider Josie Wells, Liam 07733 226529 07771 943086 07789 170518 **HV Team Leader** Miller Sally Crane (Downham Market and **HV Team Leader** Swaffham) **Gorleston and** 01603 221826 **Lorna Hughes** Jenny Myhill southern villages 07876 356889 **HV Team Leader** 07768 670904 (East City, Earlham **HV Team Leader** Early Years) (Hellesdon, Drayton Sarah Archibald and Taverham, **HV Team Leader (Thetford)** 07747 085537 Stalham and Marie Balfour Broadland, Aylsham Team Leader (East) 07880 735944 and Reepham, **School Nursing** Cromer and **Carolyn Cain** Mundesley) **HV Team Leader** 07920 711998 **Helen Smith** (SSTH. SSCFM. **HV Team Leader (North** 07747 621492 North City) Lynn, Gaywood, Northbank Vacant and Wootton) and Team 07881 783193 Team Leader (East) **Leader School Nursing) Family Nurse Helen Smith Partnership** 07899 892443 **Team Leader** Sarah Archibald **School Nursing Team Leader School Nursing (Norwich** Alison Lees 07899 892443 City and South) **HV Team Leader** Steph Edrich (Dereham, Watton, 07880 735944 Team Leader (East) Attleborough) **Healthy Weight Management** 07771 344290 Michelle Ackroyd 07805 144058 **Team Leader Family** Nurse Partnership

07786 855881

USEFUL RESOURCES FOR PROFESSIONALS OR CHILDREN AND YOUNG PEOPLE

- The Association for Young People's Health (AYPH) Be Healthy project has launched a <u>brand new</u> <u>website</u> created by two Health Advocates who conducted peer research to find out what support young people are giving to their friends and how they could be helping each other even more. The website has been specifically designed to work well on mobile phones.
- One of our priorities is to introduce a 3.5 year school readiness check during 2016/17, working in
 partnership with Iceni Healthcare and local GPs. Marilena Korkodilos, Deputy Director Specialist Public
 Health Services, Public Health England has produced an excellent 'video' presentation providing insight
 in to 'school readiness' and the benefits we are seeking to introduce locally. View the video here
- Created by young people for young people, the <u>Rise Above' website</u> aims to build emotional resilience
 in individuals aged 11 to 16 by equipping them with the skills and knowledge they need to make
 informed decisions, and help deal with the pressures of growing up. It also encourages conversations
 about the key health and wellbeing issues that affect teens and young people.
- Look out for <u>Change4Life's</u> new healthy eating campaign to be launched in January. Focusing on the
 new sugar guidelines, it will provide families with the knowledge and tools they need to help cut down
 on sugar and a new app will help parents visualise the sugar lurking in foods.
- A reminder that the Norfolk Dental Health Education Team can work in schools and can tailor their approach to e.g. healthy eating and body image. The team is not part of the Norfolk Healthy Child Programme and is therefore not employed by C&YPHSN (Cambridgeshire Community Services NHS Trust) but can be contacted as follows:

| Central Norfolk | Catherine.austin@nchc.nhs.uk |
|-----------------|-------------------------------------|
| | Tel: 01603776858 Mob: 07880 504236 |
| Central Norfolk | Anita.webster@nchc.nhs.uk |
| | Tel: 01603776858 Mob: 07879 890334 |
| West Norfolk | Donna.secker@nchc.nhs.uk |
| | Tel: 01553 668676 Mob: 07831 881500 |
| Great Yarmouth | mandie.loades@jpaget.nhs.uk |
| | Tel: 01493 452429 |
| Thetford | claire.davies@ces-cic.nhs.uk |
| | Tel: 01284 775276 Mob: 07825 656280 |

NEXT STEPS

During December 2015 - May 2016 all services will continue to be delivered in the same way as they are currently, whilst we:

- embed a leadership and management structure
- move to a 6 locality team structure (to mirror the early help hubs)
- undertake reviews of current service delivery and pathways (including stakeholder engagement)
- · design and plan the new aspects of the service
- undertake a 'culture inquiry' with staff to define the service culture for the future
- · Implement a single point of access

FUTURE BRIEFINGS AND MORE INFORMATION

These briefings will be distributed monthly. Should you need clarity on content, please contact the NCC Public Health Children and Young People's HCP Commissioning team (with regards to commissioning of the service) or Cambridgeshire Community Services NHS Trust (with regards to the operational service).

NCC Public Health CYP Team Contact: Sally Newby (sally.newby@norfolk.gov.uk) HCP Public Health Project Officer) Tel: 01603 638484 If you would like to be added to the key stakeholder list for commissioning updates please just let us know.

Cambridgeshire Community Services NHS Trust Contact: Verity Trynka-Watson, Transition Project Manager, Service Redesign Team via email verity.trynka-watson@ccs.nhs.uk or telephone 01480 308241.