## Norfolk Steps 'Step Up' Training

## **Content:**

Step Up provides a range of the most commonly used personal safety and restrictive physical interventions relevant to services supporting children and young adults.

Access to Step Up training is limited to those who hold a current Step On certificate and who work in a setting with an audited need for restrictive physical intervention. The course is assessed and attendance does not guarantee certification.

## Course objectives:

- To revisit a therapeutic approach to caring for a child or young adult in crisis
- To develop a range of personal safety and physical intervention principles
- To explore risk reduction of physical interventions

## **Important Information:**

Maximum of 12 delegates per training session

Course Code: STEPS-0216-T002

Course Date: 25/02/2016 9am - 12.30pm Norwich PDC

Course Fees: £90 half day - £165 whole day

(If you are a mainstream school you should only require a half day's training, if you would like to discuss your options or are in any

doubt about eligibility please call 01603 303340)

For more information and booking –S4S.norfolk.gov.uk

Or email \*\text{diane.leamon@norfolk.gov.uk}





