

Feb Half-Term Fun

Introduction to Climbing

Tuesday 16th & Wednesday 17th February

This special two-day course will introduce you to the adrenaline filled world of indoor rock climbing!

Learn how to use climbing equipment, climbing techniques, skills and development, teamwork and trust. Our instructors will be with you every step of the way and will get you reaching great heights in no time at all!

All equipment is provided, all we ask is that you come with plenty of enthusiasm!

Suitable for beginners

Spaces are limited and some bursary places available

For more information and to book a place:

tel 01603 763111 or email
info@opennorwich.org.uk

Suitable for ages 7-12

10am - 3pm

Cost £30

Abseiling & Ascending

Thursday 18th & Friday 19th February

This two day workshop is suitable for those who have completed our Introduction to Climbing & Intermediate to Climbing course or similar.

Test your stamina by hauling your own body weight to the top of our climbing wall using our ascending kit.

Learn to abseil from the top of our climbing wall, with expert tuition from our instructors. We guarantee you will feel a terrific sense of achievement when your feet touch the ground.

Sound easy? Well why not give it a go and see how strong you really are!



OPEN Youth Trust
20 Bank Plain, Norwich, NR2 4SF
telephone: 01603 763111
www.opennnorwich.org.uk | facebook.com/OPENNorwich
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Providing opportunities that make a positive difference to the lives of young people in Norfolk

Registered Charity No: 1108712



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Fashion Cycle

Tuesday 16th & Wednesday 17th February

Are you a fashionista? Want to be unique and stand out in a crowd? Join OPEN for our two-day fashion cycle workshop.

Learn how to individualise fashion items and upcycle them to the next level! Not only will you learn new skills and make new friends you will also gain a Discover Arts Award!

Pop Party

Tuesday 16th & Wednesday 17th February

This two day fun filled workshop will give you the chance to record a song in our recording studio - great for any aspiring pop star. You will also learn how to mix and produce your song as well as have a great time.

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Stop Frame Animation

Tuesday 16th & Wednesday 17th February

Ever fancied creating your very own Wallace and Gromit stop frame movie?

Well in this workshop you will develop your very own filmmaking and story boarding skills. Work with digital equipment and software and create your own film by using the props, models and scenery that you have created.

You may even want to make a cameo appearance yourself!

This workshop promises plenty of fun, laughs and a way to let your imagination run wild!

Musical Theatre

Tuesday 16th & Wednesday 17th February

Love to perform? If so get involved in OPEN's two day musical extravaganza.

You will have fun learning singing, dancing and acting techniques as well.

You will make new friends and at the end of the course you will have the opportunity to showcase your talents in a live performance! And that's not all you will also gain a Discover Arts Award!

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Fabulous Food

Thursday 18th & Friday 19th February

Are you the next Jamie Oliver, Mary Berry or a future Masterchef Champion...?

This two-day workshop includes practical cookery, games, taste-tests and much more. You will learn a variety of techniques including bread making, baking, yummy lunches and for those with a sweet tooth, chocolate making!

Participants are provided with all ingredients and utensils needed

All you have to do is bring yourself lunch and an apron...

Music Mayhem

Thursday 18th & Friday 19th February

Love iPads and like making music?

This two-day workshop promises to be full of fun with iPad related activities.

You will have the chance to learn how to use a variety of apps, programmes and equipment that will enable you to make beats, create basslines, sounds and mix tracks.

We will provide all the equipment and guide you through the process from start to finish!

You will also have the opportunity to complete a Discover Arts Award as well as build music like never before!

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Crafty Creations

Thursday 18th & Friday 19th February

This two-day workshop is a chance for you to get messy with a range of different craft techniques.

Create weird and wonderful creations, let your imagination run wild and develop your arts and crafts skills.

At the end of the two days we will hold a pop-up gallery for you to show off your fab work.

Let's Do Science

Thursday 18th & Friday 19th February

Ever made a baking soda and vinegar volcano? Want to know how to cut an ice cube in half without smashing it?

Maybe you fancy learning how to make invisible ink so you can write secret messages to friends.

Our two-day science activity program involves lots of fun and interesting experiments for you to try.

All equipment and materials are provided. All we ask is you turn up in clothes that you don't mind getting dirty and plenty of enthusiasm.

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