

Promoting Alternative Thinking Strategies (PATHS®)



Developing social and emotional skills to build a foundation for learning

Norfolk PATHS® schools have seen:

- 17% to 22% improvement in **social and emotional competence**
- 14% to 20% improvement in **pro-social skills**
- 13% improvement in **concentration and attention**



PATHS® is a whole school, evidence based, social and emotional programme for all pupils aged 5 to 11.

Schools are supported to embed PATHS® as a whole school approach and evaluate impact through training and technical assistance.

"I get upset but without PATHS® I wouldn't tell anyone about it. I would keep it inside." Norfolk pupil

".....provides a firm foundation for pupils' excellent academic progress." Ofsted in Norfolk PATHS® School

"PATHS® has had a big impact evidenced by a decrease in issues at lunch time and break times." Norfolk teacher

"Pupils and staff respond to the positive environment created using the PATHS ethos." Norfolk teacher

"We introduced PATHS® nearly five years ago and it is without doubt the single most important strategy in terms of improving pupils' emotional literacy and learning dispositions" Norfolk headteacher

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Norfolk County Council



Healthy Schools

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