inspiring healthier lives



Supporting Young Carers

Time: 10:00-12:30 7/6/16 – Yarmouth

- 8/6/16 Kings Lynn
- 9/6/16 Thetford





the voice of young carers in Norfolk

Helping schools to identify and support the needs of young carers to promote wellbeing and raise attainment

"If you have been doing care tasks for someone at home, sometimes during the night, you are simply tired and can't concentrate at school"

"Being a young carer often makes you an outsider in school; it's rather like being bullied in many ways"

Course Aims:

- Understand the real life experiences of young carers
- Consider ways to support young carers in school to address educational inequalities, promote mental health and improve educational outcomes
- Explore ways to reduce the prevalence of bullying towards young carers
- Develop confidence in delivering PSHE lessons
- Identify local support services and know how to access them

This session is fully funded with no cost to participants

Who should attend?

All school staff are welcome including SLT, governors, support staff, teachers and the wider workforce who support schools

To book a place, please click on one of the following dates:

<u>07/06/16 – Gt Yarmouth;</u> <u>08/06/16 – Kings Lynn;</u> <u>09/06/16 -</u> <u>Thetford</u>

Children & Young People's Health Services



