

The Norfolk Healthy Child Programme - six months on!

July 2016

Welcome to the latest Norfolk Healthy Child Programme newsletter which provides you with an update on progress to develop integrated services for 0-19 year olds and their families.

Our aim is to work with partners to ensure the very best outcomes for those that use our services and this update takes into account feedback we have had from you on priorities for the future. If you've not had chance to share your thoughts yet, please visit <https://www.surveymonkey.co.uk/r/79NG8DT>.

Please do not hesitate to contact me if you have any questions about the content of this newsletter. In the meantime, I look forward to continuing to work with you to further improve local services for Norfolk children and young people.

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Early intervention has a significant impact on outcomes for children

Children aged 2-2 ½ are going through a time of rapid growth, learning and development. Offering parents an opportunity to meet with their health visitor and early years practitioner when their child reaches this age provides a valuable joint opportunity to reflect on how a child's health, wellbeing, learning and behaviour is progressing and identify any support needed for their future development.

Having reviewed with partners the outcomes of national schemes, we are piloting joint reviews in six localities across Norfolk, bringing together the 2 year development review undertaken historically by NHS professionals and the progress check undertaken by early years providers.

The pilot sites are:

- Great Yarmouth
- Stalham
- Long Stratton
- Dereham
- Carlton/Fiddlewood/Milecross
- Downham Market.



The pilots will take place from September - December 2016. Following evaluation, our aim is to roll out joint reviews across Norfolk enabling all children turning 2 years of age to access this opportunity.

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Introducing a 3½ year School Readiness Checks

Children's long term success is shaped by whether they have the personal, social and emotional skills needed to benefit effectively from the opportunities available at school. Across Norfolk, we know that only 45.6% of children are assessed as being 'school ready' which is below the England average of 51.7%.

We are delighted to confirm that from mid-July 2016 we are introducing a 3½ year school readiness check. Practice nurses from GP practices signed up to deliver this check will review with parents the child's progress in areas such as speech and language, behaviour, toileting, hearing and vision and socialising.

Where any concerns or issues are identified, families will be offered information, advice and onward referral where required to ensure children are in the best possible position to get the most from their early school years.



Where GP practices are engaged in this programme, children and their families will be invited to attend the check as part of their immunisation appointments.

The University of East Anglia (UEA) will lead an evaluation of this school readiness check.

Transition Health Reviews - Year 6



Any point of transition can be a challenging time for children and young people. To support the important changes from primary school to high school, we have introduced a new health review.

From the Summer 2016 term, all children in Year 6 will be receiving a health questionnaire (co-produced with children and families) to evaluate their health needs. Where concerns are identified by a young person or their parents, we will arrange a face to face follow up with a school nurse to identify and provide the support required.

The purpose of this new targeted service is to improve outcomes for young people as they transition in to secondary school. Over the coming months we will evaluate the success of this new review and adapt the service in light of any feedback received.

Improving services for children and young people with additional needs

In recent months, we have started to develop proposals for a service model for children and young people with additional needs. Our priority is to ensure these children do not miss out on the range of support available to them through the Healthy Child Programme.

The next step is to share progress to date with our staff, families and partner agencies at an all day

event in September. The workshop will also provide an opportunity to develop the content of the annual contact, the multi-agency pathway, as well as identify training opportunities. If you'd like to be involved, please contact Wendy McCormack by email at wendy.mccormack@ccs.nhs.uk or our service redesign team at ServiceRedesignTeam@ccs.nhs.uk. We'll update you on progress in the next newsletter.

Integrated Screening Services for Reception Year

Reception children aged 4-5 years currently have separate hearing, vision and National Child Measurement Programme screening programmes. Plans continue to bring together these three services to provide a more holistic approach.

We're currently engaging staff and schools to develop proposals for an integrated programme to meet the specific needs and requirements of each school. A review of equipment across the services is also underway to ensure this is fit for purpose.

Thank you to colleagues from across Norfolk schools who responded to our online survey about these proposals. Our next step is to identify schools which are keen to host integrated screening services and launch these from September 2016.

In the meantime, these services can be accessed in the usual way by contacting Steph Edrich on 07805 144058.



Developing a responsive leadership team and infrastructure

We'd like to thank staff from our fantastic Healthy Child Programme teams, who have engaged so positively over the last few months in a wide range of workshops to ensure clinical leadership of the various current service developments.

As ever, change presents opportunities as well as challenges and we applaud the willingness of staff to engage in this work so openly and honestly and always with the best interests of children and families as their highest priority.

We are also pleased to report that the majority of appointments to the leadership team across the Healthy Child Programme services have now been made - see back page.

We will now focus on:

- implementing a comprehensive leadership and team development programme
- developing proposals for a single point of access to make contacting services easier and more streamlined for professionals, service users and their families;
- implementing locality based 0-19 integrated teams
- continuing our estates plans to ensure appropriate hub and spoke premises across Norfolk;
- improving mobile working opportunities, rolling out smartphone, Wifi and 3G technology.



NORFOLK CHILDREN AND YOUNG PEOPLE'S HEALTH SERVICES

