

Christmas Holiday Fun

Tuesday 20th & Wednesday 21st December 2016

Introduction to Climbing

An introduction to the adrenaline filled world of indoor rock climbing! Learn how to use the climbing equipment, and develop techniques, skills, teamwork and trust. Our instructors will be with you every step of the way and will get you reaching great heights in no time at all! **All equipment is provided.**

Rocking Christmas

Learn to play simple lines on electric guitar, bass, drums and keyboard then develop your ideas on computers to produce a finished ROCK anthem!!!

Let your musical expression run wild and you also get the chance to perform live in a mini showcase.

Discover Street Dance

A chance to learn a variety of street dance techniques and discover more about dance. Develop your creativity, let your body move in new, exciting and fun ways. You will learn amazing choreography and develop your own artistic expression.

Suitable for ages 7-12

Time: 10am - 3pm

Cost: £30 for two days

Spaces are limited and some bursary places available

For more information call 01603 252110 and to book a place visit www.opennorwich.org.uk/activities

Early drop-off also available from 9.00am (payable on the day).

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Thursday 22nd & Friday 23rd December 2016

Movie Making

Are you the next Steven Spielberg or Johnny Depp? Want to direct or star in your very own film? Well now you can and what's more you'll learn how to write a storyboard, direct and edit your film ... lights camera, action!

Multi-Sports

Enjoy playing sports, want to meet new friends ?

Then these two days of action packed fun are for you! On offer will be a variety of exciting sports from pulse raising warm up games to learning and playing Dodgeball, y-Ball, Benchball and Speedstacking and much more.

Be inspired by learning new skills, playing new games and trying new sports with our enthusiastic instructors.

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