



# Feb Half-Term Fun

Tuesday 14th & Wednesday 15th February

## Introduction to Climbing

An introduction to the adrenaline filled world of indoor rock climbing! Learn how to use the climbing equipment, and develop techniques, skills, teamwork and trust. Our instructors will be with you every step of the way and will get you reaching great heights in no time at all! All equipment is provided.

## Music Mayhem

Love iPads and like making music? This workshop will let you discover the sounds, breaks and beats that can be made using iPads and Macs and develop your ideas into your own finished piece. Maybe you'd like to add your own lyrics and vocals?

## Wizard Academy

Do you love Harry Potter? Want to tune into your wizardly ways, make potions and wands? Now you can on this two day Hogwarts themed workshop. Learn to write your own spells, create wizard stories and most importantly have fun!

## Make your own Movie

Are you the next Steven Spielberg or Johnny Depp? Want to direct or star in your very own film? Well now you can and what's more you'll learn how to write a storyboard, direct and edit your film ... lights camera, action!

Spaces are limited and some bursary places available

For more information please call 01603 252110  
or email [activities@opennorwich.org.uk](mailto:activities@opennorwich.org.uk)

To book a place go to <https://febhalftermfun.eventbrite.co.uk>

Suitable for all abilities and ages 7-12

10am - 3pm

Cost £30 + booking fee



**OPEN Youth Trust**  
20 Bank Plain, Norwich, NR2 4SF  
telephone: 01603 252110  
[activities@opennorwich.org.uk](mailto:activities@opennorwich.org.uk) | [www.opennorwich.org.uk](http://www.opennorwich.org.uk)  
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Making a positive difference to the lives of young people in Norfolk

Registered Charity No: 1108712

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## One Day Activities for 4 - 6 year olds

### Let's Get Dancing - 14th February

A fun filled packed day where you will get the chance to learn a variety of new dance techniques and discover more about dance.

Develop your creativity and let your body move in new, exciting and fun ways. You will learn new choreography and develop your own artistic expression. All equipment is provided all we ask is that you come with plenty of enthusiasm. Spaces are limited so be quick!

### Lets Get Active - 15th February

Does your child enjoy playing sports, want to meet new friends? Then 'Let's Get Active' is the right course! On offer will be a variety of exciting sports from pulse raising warm up games to learning the technique and playing games such as speedstacking!

### Lets Get Musical - 16th February

Love to perform? Then this is the perfect introduction to Musical Theatre and you will experience what it is like to star in a musical. Rehearse the script, learn the songs and practice those dance moves ready to end of the course with a chance to showcase your talents in a live performance!

Spaces are limited and some bursary places available

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10am - 3pm

Cost £16 + booking fee





# Feb Half-Term Fun

Thursday 16th & Friday 17th February

## Intermediate Climbing

This workshop is aimed at those who have completed an Introduction to Climbing at OPEN or a similar workshop elsewhere, giving you the next step to progress your climbing ability and knowledge. Improve your climbing techniques including hand and foot placements, body positioning and climbing movement. The workshop also includes rope and equipment management, route grades, the history and etiquette of climbing.

## Football Crazy

Do you absolutely love the beautiful game? If the answer is yes, then our new course is just for you. There will be lots of team games and you will also get the opportunity to test your individual skills. Get active, have fun and get sporty!

## Musical Theatre

Do you love musical theatre? Love to perform? If so get involved in this workshop where you will learn singing, dancing and acting techniques. At the end of the workshop you will have the opportunity to showcase your talents in a live performance!

## Pokemon Party

As we all know, last year the incredible world of Pokemon came back in a storm. Our brand new Pokemon Party course is perfect for any budding Pokemon Trainers, so grab that Pokedex and have a blast!

Spaces are limited and some bursary places available

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Suitable for all abilities and ages 7-12

10am - 3pm

Cost £30 + booking fee



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## Afternoon Craft Workshops this February

### **Mindfulness Mondays**

Relaxation & Art -Making

**6th 20th 27th**

### **Tea Party Tuesdays**

Jewellery-Making

**7th 21st 28th**

### **Wellbeing Wednesdays**

Expressive Art-Making

**1st 8th 22nd**

### **Tea Party Thursdays**

Card-Making

**2nd 9th 23rd**

### **Felty Fridays**

Learn basic felting techniques  
& make your own felt badge

**3rd 10th 24th**

All session times: 1pm-2:30pm  
Drinks & snacks available at our new cafe!

For adults age 18+

Cost: Free

OPEN, 28 Castle Meadow  
Norwich, NR1 3DS

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## Parent and Toddler Sessions this February

### Magical Mondays

Paint & kids-Foam Adventures!  
6th 20th 27th

### Textures Tuesdays

An Exploration of Colours &  
Textures!  
7th 21st 28th

### Wonderful Wednesdays

Creative Play & Multi-Sensory Fun!  
1st 8th 22nd

### Fun Fridays

Games for Toddlers!  
3rd 10th 24th

All session times 10:30am-12pm  
For parents and tots age 1+  
Drinks & Snacks available at our new cafe!

Cost: Free  
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