

Healthy Child Programme Service Update (February 2017)

Teenage parent pathway

In 2017, we will be delivering a new Teenage Parents Pathway supporting an increased number of teenage parents in Norfolk; developing a clear pathway of support which will include integrating the family nurse partnership (FNP) service within the Locality 0-19 Healthy Child Programme teams.

- We will maintain an FNP team delivering targeted intervention to the most vulnerable individuals and groups
- FNP practitioners will provide specialist knowledge and guidance to HCP staff and staff across the statutory and voluntary sector
- FNP practitioners trained to deliver Solihull Approach training across their localities
- We will recruit multi-skilled staff in each locality who will work under the guidance and supervision of the FNP team to extend the available support

Being 2 in Norfolk

We have been working in partnership with Norfolk County Council to develop a universal integrated health and education review for 2 year olds across Norfolk.

The pilot areas were evaluated in January 2017 and learning from these have further developed the review and our approach to engagement with early years settings and parents.

Following workshops between early years providers, children's centres and HCP staff, promotional material and communications have been agreed for distribution. The roll out of the new shared review will begin in March.

Leadership

January saw the appointment of Kirsten Francis as Head of Locality, South and Michelle Walker as Co-Production and Service User lead.

Kirsten joins us with a wealth of experience in the public sector, working with vulnerable families and young people.

Alongside her locality role, Kirsten will also take on countywide responsibility for Co-production and Service User Involvement.

Michelle brings with her, a great deal of experience in the childcare and children looked over sectors

We wish both Kirsten and Michelle the very best in their new roles.

We are sad to report however that Helen Smith will be leaving the Trust in March. We are pleased to confirm that we have successfully recruited to her post as Head of Locality for Breckland.

School readiness review

Children's long term success is shaped by whether they have the personal, social and emotional skills needed to benefit from the opportunities available at school.

Together with Iceni Healthcare Ltd, we have developed and trained Practice Nurses to deliver a 3 ½ year school readiness review.

To date, 77 out of the 91 practices across Norfolk have signed up to provide this review and we hope to extend this to all practices in the coming months.

Just One Number

Just one number

0300 300 0123

From 20 March 2017 you'll be able to access all our Healthy Child Programme services via Just One Number.

Refurbishment of the building at Cringleford from which Just One Number will operate is now complete. Furniture has been installed and the IT installation has begun.

Introducing this single number and extended Saturday morning opening hours will make it easier for you to contact us and speak to the right person, at the right time, irrespective of where you live in Norfolk. There will be no change to the services provided to you, the people who provide these or the locations from which these are provided.

A successful recruitment programme is well underway for both the designated clinical team and administrative posts.

Over the next few weeks we'll be sending out further information on the opening of Just One Number. In the meantime, if you have any questions, please use your existing contact details.

5-19 re-imagining project

We are currently engaging with schools, young people and commissioners to redesign and improve our services for the 5-19 age group.

Come along to our stakeholder workshop on 10th March between 2 - 4pm at the Green Britain Centre, Swaffham to help shape this work.

Please book your space through Julia.whatling@nhs.net

Children with additional needs

We initiated a training programme for our Healthy Child Programme staff in 2016 focussing on children with additional needs.

As a result our staff are now better able to support parents initiate the statutory assessment process at an earlier stage, enabling pre-school placements to be filled at an earlier age. The training for staff will continue throughout 2017.

A schedule of growing skills training package has been introduced to support staff accurately reflect developmental progress.

Recognising good practice

Universal Partnership Plus

Norfolk: helping with child protection

For the past two years health visitors and social workers in Norfolk have been carrying out joint assessments for children under five deemed in need or at risk of harm. The idea is that by working together they can share the professional analysis and pool understanding of the child and family's situation.

The joint assessments are also seen as a way of reducing the "fear factor" of social worker reviews – as the health visitor is often a friendly face – and ensure the assessments are rooted in child development.

Carol Manning, Norfolk's head of services and partnerships, says: "Two pairs of eyes are clearly better than one, but what really makes this work is the different skills each brings. It means we have a much fuller picture of the family. The health visitor will know the family, whereas the social workers have the expertise and confidence to judge the risk to the child. They complement each other well. In fact, it has worked so well that early help assessments are now carried out jointly between early years practitioners and health visitors too."

Charlotte Driver, the HCP lead for the west of the county, agrees. She says by working together they can be "much more effective". In her area the joint working has been taken a step further with health visitors, early years practitioners and social workers working side-by-side on the planning, preparation and writing up of the assessments as well. This has been done through the creation of a "holistic zone" in the health visitors' offices in King's Lynn.

When assessments are being prepared the social worker or early help practitioner visits the offices to go through the planning

stage with the health visitors and any other relevant staff.

"It gives the health visitor and social worker or early years practitioner a real chance to work together," says Ms Driver. "Before they would be dealing with each other by email and on the phone and then just meet up in cars outside the family's house. This is a much more effective way of carrying out these assessments. They can properly plan who will do the observations, who will ask the questions and so on. That is important – and makes a real difference to the quality of the assessments. They then return to the office and write the report together rather than going back and forth."

The assessments decide whether the child is judged to be "in need" (section 17), "likely to suffer significant harm" (section 47) or if early help is required. Support can then be put in place to help the family, with the health visitor again playing a key role. To help coordinate the work a fortnightly meeting is held between senior members of the relevant teams.

The work is part of a wider programme of integration across Norfolk. Early help hubs have been created in each locality bringing together key partners from health visiting, children's services, police, the voluntary sector and housing to discuss cases. Regular meetings are held to discuss cases and decide what each agency can do to support families.

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We are proud to be recognised by the Local Government Association as a best practice case study for our work with Norfolk County Council on improving outcomes for children and families in early years.

Read the full report and the Norfolk case study here -

http://www.local.gov.uk/web/guest/publications/-/journal_content/56/10180/8224123/PUBLICATION

ChatHealth



ChatHealth, the free confidential text service for 11 - 19 year olds living in Norfolk received over 3,000 messages in its first year.

To help further promote the service, a short video has been produced and shared through social media.

The video can be viewed here:

<https://www.youtube.com/watch?v=E qP1vukFHbo>

Coming Soon... Norfolk CYP Annual Report