



THE GARAGE
NORWICH

PRESS RELEASE: FOR IMMEDIATE RELEASE

NEW Wheelchair Dance Taster Classes Coming to The Garage

The Garage are trialing an accessible new dance class for young people with physical disabilities, starting in February. The classes, focus on dance techniques, creativity, movement, choreography and designed specifically for those whose physical disability means they use a wheelchair.

Young people between 10 and 25 years old who would like to give it a go are invited to sign up for one or more of the taster sessions. Friends or family are welcome to attend the classes as well, everyone will join in and work together.

The Garage are intending to start regular weekly Wheelchair Dance Classes in the summer term, so this is a good opportunity to give it a try.

Carrie Mansfield Creative Director from The Garage said: *"We want to create more opportunities for everyone to take part in creative activity and are trialing these dance classes for young people with physical disabilities. The ultimate goal is to make sure people with physical disabilities are able to access all of our classes, this is our first step to meeting individuals interested in dance, working together to build skills and eventually producing high quality performance work. We would welcome young people with any physical disability to sign up for a taster, our dance artist tutors are happy to adapt the session to a variety of physical needs, so please do get in touch and give it a go."*

The Garage have been inspired by organisations such as StopGap and Candoco and are looking to deliver high quality dance classes, produce performance work which embraces physical disability and create exciting performance work. The Garage has over 44 Performing Arts Classes which run each week which include dance, theatre and music.

Dates:

Thursday 16 February, 2pm-4pm

Tuesday 21 February, 4pm-6pm

Friday 3 March, 5pm-7pm

Each taster session costs £2, to book a place call 01603 283382.

-Ends-

Notes for Editors

About The Garage

The Garage is a centre for performing arts located in Norwich which supports the creative journeys of participants, audiences and artists. It is home to The Garage Trust, a registered charity providing support and development opportunities for children, young people and families from all backgrounds. The organisation provides a year round programme of activities including high quality programming, participation, education and training for all ages from its city centre venue and beyond through work with schools and partners across the county, region and nationally. For more information visit www.thegarage.org.uk

The Garage is a registered charity No:1098975

The Garage is a registered company No:4510240

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