

## Appendix 1 – 5-19 Referral Criteria Grid

| Healthy Child Programme<br>5-19 Service<br>Referral Criteria  | Core Offer  | Enhanced Offer   |
|---|---|--|
| <b>Eligibility Criteria</b>   | <ul style="list-style-type: none"> <li>All children and young people who reside in Norfolk.</li> <li>All LEA funded Schools <b>Tier 1</b> and <b>Tier 2</b> (according to Safer Schools Partnership Priority Clusters)</li> <li>Complex Needs Schools.</li> <li>Short Stay/Virtual Schools.</li> <li>Children and Young People out of Education.</li> <li>Young Carers.</li> <li>Children and Young People subject to safeguarding/FSP/LAC/Early help.</li> </ul> <p><b>*Who meet our referral criteria</b></p> | <ul style="list-style-type: none"> <li><b>Tier 1</b> Schools.</li> <li>Complex Needs Schools.</li> <li>Short Stay Schools.</li> <li>Children and Young People out of Education.</li> <li>Young Carers.</li> <li>Children and Young People subject to safeguarding/FSP/LAC/Early help.</li> </ul> <p><b>*Who meet our referral criteria</b></p> |
| <b>Emotional Wellbeing</b><br>E.g. Self harm, low mood, stress & anxiety, emerging eating concerns, self esteem, emotional resilience, bereavement, managing emotions/emotional regulation. | <ul style="list-style-type: none"> <li>Young People should be encouraged to use our text messaging service direct – <b>ChatHealth 07480 635 060.</b></li> <li>Professionals, parents and young people can contact us at <b>Just One Number 0300 300 0123</b> and speak to a Clinician for advice, support, accessing resources and signposting to appropriate services.</li> </ul>  | <ul style="list-style-type: none"> <li>Nurse led appointment to assess and plan care and make referrals as required.</li> <li>A time limited intervention (up to 4 sessions).</li> <li>Themed drop in's.</li> <li>Group interventions.</li> <li>C Card – where staff have been trained this can be offered as part of 1-1 work.</li> </ul>     |
| <b>Sexual Health</b><br>E.g. Healthy relationships, contraceptive awareness, general advice and support, STI advice, sexual identity, awareness of appropriate services.                    | <ul style="list-style-type: none"> <li><b>Child/Young Person Health Conditions</b> – support &amp; advice and access to toolkit to guide processes, Signposting to medical awareness training, Support to access appropriate health professionals.</li> </ul>   |  |
| <b>Health Literacy/Healthy Lifestyles</b><br>E.g. C&YP health needs, smoking cessation, drugs & alcohol, healthy eating, sleep, continence, accessing other services.                       | <ul style="list-style-type: none"> <li><b>Smoking</b> – Brief Intervention Support.</li> <li><b>Attendance issues</b> – Health assessment if poor attendance due to health issues (as per Norfolk County Council Policy).</li> <li><b>C Card</b> – Signposting to website and local services.</li> </ul>  |  |

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|------------------------------|---|--|
| <b>Transition Stages</b>     | <p><b>School Entry</b></p> <ul style="list-style-type: none"> <li>Information and resources to support transition events.</li> </ul> <p><b>Transition to High School</b></p> <ul style="list-style-type: none"> <li>Health questionnaire to all pupils.</li> <li>Health assessment if requested by parent.</li> <li>Information and resources to support transition events.</li> </ul> <p><b>Transition to Adulthood</b><br/>(service area under development)</p> | <p><b>School Entry</b></p> <ul style="list-style-type: none"> <li>Cluster Transition Sessions.</li> </ul> <p><b>Transition to High School</b></p> <ul style="list-style-type: none"> <li>Health questionnaire to all pupils.</li> <li>Health assessment if requested by parent and time.</li> <li>Contribute to assemblies, new intake events, transition days.</li> </ul> <p><b>Transition to Adulthood</b></p> <ul style="list-style-type: none"> <li>A time limited intervention (up to 4 sessions).</li> </ul> |
| <b>Health promotion/PSHE</b> | <p><b>PSHE</b> - Contact Just One Number for access to resources and signposting to other agencies.</p> <p><b>Community Health Promotion</b> – Participate In events providing the opportunity to promote ChatHealth and Just One Number.</p>   | <p><b>Health Days</b> – Contribute if this addresses and identified health need. Opportunity to deliver key health messages and empower students.</p>  |