

# Health and Safety in Physical Education

## **New guidance and reference to the 2016 Safe Practice in PE and Sport Manual.**

### **Course Outline**

This professional learning course is designed to help staff to feel confident when dealing with Health and Safety issues in school PE. It aims to reduce the concerns that many staff have about the responsibilities and risks associated with teaching and managing PE and encourages them to design challenging lessons with the knowledge that they will be safe.

Part of the day is used to look at a simple approach to risk assessment in PE as recommended by the Association for Physical Education (afPE), and helps staff to consider key elements of a PE policy.

The training will reflect the updates and new additions in the recently published Safe Practice: in Physical Education, Sport and Physical Activity 2016, and delegates will be able to familiarise themselves with this.

### **By the end of the course participants will:-**

- have a sound understanding of H & S principles in relation to planning and monitoring school PE and Sport
- feel more confident in your teaching in the knowledge that you are applying key H & S principles
- be able to appreciate the importance of knowing and applying policies and procedures in your school, and contribute towards developing these where required
- enable students to recognise how they also play a part in taking responsibility for their own safety and ensure the safe inclusion of all pupils
- be familiar with an approach to risk assessment in PE and sport in school
- become familiar with the latest afPE publication Safe Practice: in Physical Education, Sport and Physical Activity 2016.

### **Phase**

Primary and Secondary

### **Audience**

Subject Leader  
Class Teacher

### **Trainer**

Kevin Holland

### **Date**

06/12/2017

### **Time**

9.30 am– 4.00 pm

### **Venue**

Norwich Professional Development Centre

### **Cost**

£185 per delegate  
*delegates will receive a copy of 2016 Safe Practice in PE and Sport Manual*

### **Course Ref**

TLS-1217-T007



**For more information and to make a booking**

**[www.educatorsolutions.org.uk](http://www.educatorsolutions.org.uk) or call 01603 307710**