**Understanding an adolescent's world through the use of animated videos**

The Anna Freud National Centre for Children and Families in association with University College London and DNApsy are seeking **16-18 year olds** to help explore digital social media narrative in order to examine how it relates to body esteem.

**What will be involved?**

* We are seeking secondary schools, sixth forms and colleges to serve as pilot partners for this project to take place in spring and summer 2018
* We would ask the young person to fill in a short questionnaire about their body image and then analyse their Instagram activity.

**What are the benefits?**

* The focus of the study may fit PSHE or Citizenship classes in the curriculum.
* You would become a project partner and have the findings fed back to you.
* We would be happy to run a session or workshop with some pupils or staff around self-esteem and social media in adolescence.

**To register your interest or for further information, please contact:**

**Dr Saul Hillman (project lead) on 07939 523 025** - saul.hillman@annafreud.org