

February Half-Term Fun

Introduction to Climbing

Tuesday 13th & Wednesday 14th February

An introduction to the adrenaline filled world of indoor rock climbing! Learn how to use the climbing equipment, and develop techniques, skills, teamwork and trust. Our instructors will be with you every step of the way and will get you reaching great heights in no time at all! All equipment is provided.

Multi-Sports

Tuesday 13th & Wednesday 14th February

Do you know someone that enjoys playing sports and want to meet new friends? Then these two days of action packed fun activities are just right! On offer will be a variety of exciting sports from pulse raising warm up games to learning and playing Dodgeball, y-Ball, Benchball and Speedstacking and much more. Participants will be inspired by learning new skills, playing new games and trying new sports with our enthusiastic instructors.

Intermediate Climbing

Thursday 15th & Friday 16th February

This workshop is aimed at those who have completed an Introduction to Climbing at OPEN or a similar workshop elsewhere, giving participants the next step to progress their climbing ability and knowledge. Participants will develop climbing techniques including hand and foot placements, body positioning and climbing movement. The workshop also includes rope and equipment management, route grades and the history and etiquette of climbing.

Spaces are limited and some bursary places available

For more information please call 01603 252110
or email activities@opennorwich.org.uk

To book a place go to www.opennorwich.org.uk

Suitable for all abilities and ages 7-12

10am - 3pm

Cost £30 + booking fee



OPEN Youth Trust
20 Bank Plain, Norwich, NR2 4SF
telephone: 01603 252110
activities@opennorwich.org.uk | www.opennnorwich.org.uk
facebook.com/OPENNorwich | [twitter @OPENNorwich](https://twitter.com/OPENNorwich)
Making a positive difference to the lives of young people in Norfolk

Registered Charity No: 1108712

February Half-Term Fun

Stop Frame Animation

Tuesday 13th & Wednesday 14th February

Do you know someone that would love creating their very own animation films like Wallace and Gromit or The Lego movie? This course is perfect for developing their very own filmmaking and story boarding skills. They will work with digital equipment and software to create movies using the props, models and scenery created throughout the day. They may even want to make a cameo appearance themselves! This workshop promises to let imaginations run wild!

Film & Perform

Tuesday 13th & Wednesday 14th February

Are you a potential music performer or singer? Are you a budding filmmaker? Day 1 Learn to perform a piece of music, day 2 turn you song into a pop video with cameras and lighting! Weather you're into performance or video, there's something for you!

Make your own Movie

Thursday 15th & Friday 16th February

This workshop gives children the chance to star in their own music video. Learn how to design a storyboard, play with props, create scenes, sing and lip sync their heart out to become your very own pop star. They will also get a copy of the polished and edited version of the music video sent via email to cherish forever.

Spaces are limited and some bursary places available

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February Half-Term Fun

Discover Dance

Tuesday 13th & Wednesday 14th February

A chance to learn a variety of dance techniques and discover more about dance. It will help develop creativity in new, exciting and fun ways. Participants will learn amazing choreography and develop their own artistic expression.

Pokemon Party

Thursday 15th & Friday 16th February

As we all know, last year the incredible world of Pokemon came back in a storm. Our brand new Pokemon Party course is perfect for any budding Pokemon Trainers, so grab that Pokedex and have a blast!



We've also got Easter Holidays covered



Between 3rd & 13th April
on offer will be activities including:
Wizard Academy
Radio Daze
Pop Party &
Day in the Life of (film making)

Spaces are limited and some bursary places available

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To book a place go to www.opennorwich.org.uk
Suitable for all abilities and ages 7-12
10am - 3pm
Cost £30 + booking fee

February Half-Term Fun

One Day Activities for 4 - 6 year olds

Little Kids Get Dancing Thursday 15th February

A fun filled packed day where you will get the chance to learn a variety of new dance techniques and discover more about dance.

Develop your creativity and let your body move in new, exciting and fun ways. You will learn new choreography and develop your own artistic expression. All equipment is provided all we ask is that you come with plenty of enthusiasm. Spaces are limited so be quick!

Little Kids Get Active Friday 16th February

Does your child enjoy playing sports, want to meet new friends? Then 'Let's Get Active' is the right course! On offer will be a variety of exciting sports from pulse raising warm up games to learning the technique and playing games such as speedstacking!

Spaces are limited and some bursary places available

For more information please call 01603 252110
or email activities@opennorwich.org.uk

To book a place go to www.opennorwich.org.uk

Suitable for all abilities and ages 4 - 6

10am - 2pm

Cost £16 + booking fee