

# Developing the Resilient Learner

## Course Outline

Resilience is the ability to 'bounce back' in the face of adversity and is described as a key protective factor in a range of outcomes for children and young people.

This course focuses on the resilience that pupils need to cope effectively with the ups and downs of everyday classroom life. It will unpick the component parts of being resilient and how to recognise this disposition in pupils.

Delegates will learn how to teach resilience to support their pupils to shift from 'I can' to 'I do' as they apply 'bouncing back' across all areas of school life.

## By the end of the course participants will:-

- Understand what resilience is and why it is fundamental to achieving best outcomes
- Be able to recognise the non-resilient learner and understand how to teach resilience and evaluate its impact
- Consider how the physical environment of the classroom can promote resilience learning
- Know how resilience can be used both as a whole-school approach and as a support strategy for individual pupils

**For further information please email**  
[diane.leton@educatorsolutions.org.uk](mailto:diane.leton@educatorsolutions.org.uk)

## Phase

All schools

## Audience

Classroom Teachers  
Leadership Team

## Trainer

Hilary Anderson

## Date

19/02/2018

## Time

9:00 am – 12 o'clock

## Venue

Norwich Professional  
Development Centre

## Cost

£90 per delegate

## Course Ref

STEPS-1118-T002



**For more information and to make a booking**  
**[www.educatorsolutions.org.uk](http://www.educatorsolutions.org.uk) or call 01603 307710**