



# Promoting Alternative Thinking Strategies PATHS®

For primary aged pupils 5-11

## Whole School Approach to Mental Health and Well Being as a Foundation for Learning

### Enrol now on the PATHS® programme 2018

✓ Early Bird discount available



#### What do people say about PATHS®

“The traffic lights give you steps to calm down and helps you solve a problem independently.”  
*Norfolk pupil*

“Extremely high focus on pupils’ emotional well-being. Pupils are eager to learn and well behaved. They use the strategies they learn to manage their own emotions and behaviour at school and at home.”

*Ofsted in Norfolk PATHS® School*

“Problem solving - pupils feel empowered when suggesting solutions. Less about telling off and more about taking responsibility.”

*Norfolk teacher*




#### Schools who sign up receive:

- Bespoke and intensive advice and support from experienced PATHS® coaches
- High quality, age appropriate and user friendly resources
- Training for the whole school community
- Support to promote positive playtimes
- Family engagement
- Support to measure the impact on pupils
- Opportunities to learn from and engage with inspirational schools where inclusion and nurture are fundamental.

Reserve a place at one of our PATHS® events using these links:

[WHITEFRIARS PRIMARY](#)  
[6TH March 2018](#)  
[14.30-16.30](#)

[ASHLEIGH PRIMARY](#)  
[14th March 2018](#)  
[14.30-16.30](#)

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Evidence shows that existing Norfolk PATHS® schools have seen improvements in:

**social and emotional competence**

21.2% to 27.4%

**pro-social skills**

14.6% to 20.2%

**concentration and attention**

15.6%