

Free education workshops for young people

Find out about the **British Red Cross's** first aid and refugee and migration workshops for 10-19 year-olds



Age: 10-19

Type: Workshop

Subjects: Cross-curricular

Topics: First aid and the bystander effect, Refugees and migration

Our education helps young people understand, cope with, and take action in a crisis. We offer fully funded workshops in schools and youth work settings in areas where young people are at higher risk of experiencing a crisis related to drug/alcohol use, incidents involving knives (or other sharp objects) and stigmatising behaviour.

What do the workshops cover?

The free workshops, delivered by Red Cross educators, aim to help 10-19-year-olds learn first aid and/or explore the impact of stigmatising behaviour towards refugees, migrants and asylum seekers.

First aid workshops

- Learn essential first aid skills, including how to help someone who is unresponsive and breathing/not breathing, bleeding heavily or has a burn.
- Assess and manage risks to make informed choices when helping others.
- Build the confidence and willingness to help in a first aid emergency.

Refugees and migration workshops

- Explore assumptions about terms such as 'refugee', 'migrant' and 'asylum seeker'.
- Understand why someone might have to flee their home.
- Analyse the harmful effects of unwelcoming, hostile or discriminating behaviour.
- Consider how individual actions can help someone feel more welcome.

How can I find out more?

To find out more about how we could help young people in your area, please contact our youth education support centre:

Call **0344 412 2734**

Email youtheducation@redcross.org.uk

Website: www.redcross.org.uk/get-involved/teaching-resources/free-workshops

Credits: The photo shows a British Red Cross workshop in a school © Adam Fradgley (UNP) for BRC