

# Are you ready for statutory RSE?



**Is preparing for statutory RSE provision included in your SIP?**

**Do you have a named PSHE/RSE lead who can take responsibility for co-ordinating your journey towards statutory RSE?**

**Do you have an up-to-date and accessible RSE policy?**

**Does your school have an RSE curriculum that is timetabled for every year group?**

**Are your teachers trained, confident and comfortable to teach RSE?**



Try our free online self-assessment tool at [www.rsesolution.org.uk](http://www.rsesolution.org.uk) to check your RSE provision and identify areas for improvement in readiness for the new statutory RSE legislation.

At Educator Solutions we are passionate about supporting schools to meet the challenge of delivering effective relationships and sex education in readiness for statutory RSE when it comes into force September 2019.

We are very well aware of the challenges educational establishments face and have developed a carefully planned programme of professional training, support and resources to help implement a whole-school approach and meet the needs of individual school communities.

*'Very few teachers are specifically trained to teach this pivotal subject. A fear of "getting it wrong" or not knowing where to start can paralyse progress. I have experienced first-hand the very real difference an effective RSE curriculum can make to the personal development of even the most vulnerable pupils through raising aspirations, developing self-esteem, confidence, resilience and empowerment to make informed, healthy choices based on accurate information and knowledge. With the aid of our RSE packages you can feel confident to enjoy teaching RSE.'*

**Johanna Rayner-Wells**

National Relationships and Sex Education Adviser

# RSE Support Packages: Everything you need to be ready for statutory RSE

A range of packages to help you prepare, including training, consultancy and our RSE Resource. Starting from £75

<b>Package A</b>  <b>Training</b> Ensuring your RSE leads can confidently teach more effective sex education	<b>Training package - £495</b>  Sex Ed Sorted: Primary or Secondary (full day)  Five short courses:  <ol style="list-style-type: none"><li>1. RSE Policy development and curriculum design</li><li>2. Running effective parental engagement sessions</li><li>3. Ensuring an inclusive approach to RSE</li><li>4. Measuring impact through effective assessment</li></ol> Select one from:  <ol style="list-style-type: none"><li>5. Naming body parts (KS1 only)</li><li>6. Puberty, periods and conception (KS2 only)</li><li>7. STIs and contraception (KS3/4 only)</li></ol>
<b>Package B</b>  <b>RSE Solution Resource</b> A complete solution, including guidance, policy and lesson plans to teach RSE	<b>RSE Solution Resource:</b>  <b>KS1 RSE Solution - £225</b> <b>KS2 RSE Solution - £225</b> <b>Both KS1 and KS2 RSE Solution - £350</b> <b>Secondary RSE Solution - £495</b>
<b>Package C</b>  <b>RSE Solution Resource, training and bespoke consultancy</b> To equip your staff to teach RSE with confidence	<b>Complete support package:</b> <ul style="list-style-type: none"><li>• Training courses (package A)</li><li>• RSE Solution Resource (package B)</li><li>• Consultancy support</li><li>• Bespoke whole-school action plan</li></ul> <b>Infant or Junior - £625</b> <b>Primary - £750</b> <b>Secondary - £1000</b>
<b>Courses</b>	<ul style="list-style-type: none"><li>• Sex Ed Sorted: Secondary (full day) - <b>£170</b></li><li>• RSE Bootcamp (full day) - <b>£170</b></li><li>• RSE Policy development and curriculum design - <b>£75</b></li><li>• Running effective parental engagement sessions - <b>£75</b></li><li>• Ensuring an inclusive approach to RSE - <b>£75</b></li><li>• Naming body parts (KS1 only) - <b>£75</b></li><li>• Puberty, periods and conception (KS2 only) - <b>£75</b></li><li>• STIs and contraception (KS3/4 only) - <b>£75</b></li><li>• Measuring impact through effective assessment - <b>£75</b></li></ul>

*"Excellent training. I feel like I can now go away and improve our provision and opportunities for our children"* **Headteacher**

You can order or book online at [www.educatorsolutions.org.uk/rse](http://www.educatorsolutions.org.uk/rse)  
call **01603 307710** or email [enquiry@educatorsolutions.org.uk](mailto:enquiry@educatorsolutions.org.uk)

# RSE Resource: Everything you need to teach effective RSE

Our RSE Solution Resources provide half term blocks of RSE curriculum that can be delivered flexibly as discrete lessons, drop down days or tutor sessions. It will suit all establishments' models of RSE delivery.

The resources include:



## Before you start

- Guidance to get RSE established in your school through a whole-school approach
- Policy
- Letter home to parents



## Getting started

- Schedule of work



## Lesson plans for each year group

- Including teacher guidance notes and accompanying age-appropriate resources



Example lesson plan from KS1 resource

Resources are available for KS1, KS2 and Secondary and can be bought as part of a support package or separately.

**KS1  
RSE Solution  
Resource**

**£225**

**KS2  
RSE Solution  
Resource**

**£225**

**Both KS1 and  
KS2 RSE Solution  
Resource**

**£350**

**Secondary  
RSE Solution  
Resource**

**£495**

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## Training to support PSHE

PSHE education can help schools to reduce or remove many of the barriers to learning experienced by pupils, significantly improving their capacity to learn and achieve. PSHE makes a significant contribution to pupils' SMSC development, their behaviour and safety and the school's statutory responsibility to promote pupils' wellbeing. It is also essential to safeguarding.

Our courses support the delivery of PSHE and upskill support staff who manage pupil health and wellbeing. They are available individually and as a package.

*"All of the course was effective because there was so much that I didn't realise that I didn't know"* **Assistant Headteacher**

<b>Individual courses</b>	<b>Pocket Sized PSHE (full day course) £170</b>  <b>Short courses – all priced at £97 each:</b> <ul style="list-style-type: none"> <li>• Mental health</li> <li>• Radicalisation and terrorism</li> <li>• Body image and self-esteem</li> <li>• Pornography, sexting and consent</li> <li>• Forced marriage and female genital mutilation</li> <li>• Alcohol and drugs</li> <li>• Identifying and supporting young carers</li> <li>• Trans inclusion</li> </ul>
<b>Training package</b>	<b>Pocket Sized PSHE full day course plus any five of the short courses for £550</b> <ul style="list-style-type: none"> <li>• Pocket Sized PSHE (full day course)</li> <li>• Mental health</li> <li>• Radicalisation and terrorism</li> <li>• Body image and self-esteem</li> <li>• Pornography, sexting and consent</li> <li>• Forced marriage and female genital mutilation</li> <li>• Alcohol and drugs</li> <li>• Identifying and supporting young carers</li> <li>• Trans inclusion</li> </ul>

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**Norfolk** County Council