

# Health and Safety in Physical Education

## New guidance and reference to the 2016 Safe Practice in PE and Sport Manual.

### Course Outline

This professional learning course is designed to help staff to feel confident when dealing with Health and Safety issues in school PE. It aims to reduce the concerns that many staff have about the responsibilities and risks associated with teaching and managing PE and encourages them to design challenging lessons with the knowledge that they will be safe.

Part of the day is used to look at a simple approach to risk assessment in PE as recommended by the Association for Physical Education (afPE), and helps staff to consider key elements of a PE policy.

The training will reflect the updates and new additions in the recently published Safe Practice: in Physical Education, Sport and Physical Activity 2016, and delegates will be able to familiarise themselves with this.

### By the end of this training participants will:-

- have a sound understanding of H & S principles in relation to planning and monitoring school PE and Sport
- feel more confident in your teaching in the knowledge that you are applying key H & S principles
- be able to appreciate the importance of knowing and applying policies and procedures in your school, and contribute towards developing these where required
- enable students to recognise how they also play a part in taking responsibility for their own safety and ensure the safe inclusion of all pupils
- be familiar with an approach to risk assessment in PE and sport in school
- become familiar with the latest afPE publication Safe Practice: in Physical Education, Sport and Physical Activity 2016.

### Phase

Primary and Secondary

### Audience

All Staff

### Trainer

Kevin Holland

### Date

16/10/2018

*Lunch will be provided*

### Time

9.30 am – 4.00 pm

### Venue

Norwich Professional Development Centre

### Cost

£190 per delegate

***This includes a copy of Safe Practice in Physical Education, School Sport and Physical Activity Manual.***

### Course Ref

TLS-1018-T001



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