

### Promoting Alternative Thinking Strategies PATHS®

For primary aged pupils 5-11 years

# Whole School Approach to Mental Health and Well Being as a Foundation for Learning

### **Enrol now on the PATHS® programme 2019**

#### Early Bird discount available

## What do people say about PATHS®

"PATHS is good because you get a chance talk about feelings and stuff you would not normally talk about it. It has helped me to speak to teachers and not keep it inside." *Norfolk pupil* 

"The school's work to promote pupils' personal development and welfare is outstanding. School leaders have ensured that pupils are well cared for and have effective support so that they develop into confident learners. As a result, pupils develop high-quality social and academic skills." *Ofsted in Norfolk PATHS*® *School* 

"PATHS helps give children the language necessary for solving conflicts and negotiating when problems arise." *Norfolk Teacher* 





# Schools who sign up receive:

- Bespoke and intensive advice and support from experienced PATHS<sup>®</sup> coaches
- High quality, age appropriate
  and user friendly resources
- Training for the whole school community
- Support to promote positive playtimes
- Family engagement
- Support to measure the impact on pupils
- Opportunities to learn from and engage with inspirational schools where inclusion and nurture are fundamental.

Please click on links below to reserve a place at one of our PATHS® events

Whitefriars Primary Academy 5th March 2019 15.00-16.30

> Ashleigh Primary <u>13th March 2019</u> 15.00-16.30

Evidence shows that existing Norfolk PATHS® schools have seen improvements in:

> Social and Emotional Competence 23.8% to 29.2%

> > **Pro-Social Skills** 17.0% to 24.6%

Concentration and Attention 14.8%

