

Nature is in crisis and one of the biggest threats it faces is our disconnection from it. But we can help!

With over half of species in the UK in decline, our natural world is facing an immediate crisis and the environment is now cited among the top three pressing issues facing the nation.

Research has shown only 20% of children have a 'connection to nature' whilst disconnection can affect their well-being and mental health. Learning with nature improves their wellbeing and engagement with learning and attainment. At the RSPB our work aims to address both of these issues.

Our Let Nature Sing campaign is shining a light on the threat to the natural world and it began a few weeks ago with millions of people across the UK talking about how much nature meant to them when our track of pure birdsong broke into the top 20 of the UK charts! Your pupils will love our track of pure bird song and younger ones especially will enjoy the accompanying beautiful video: <u>The RSPB - Let Nature Sing Video.</u>

We'd love for you and your pupils to join in with our forthcoming **Let Nature Sing Day** on the 17<sup>th</sup> October as we continue to give nature a voice and raise awareness of the actions we can all take to make a difference. We will join together to play our birdsong soundtrack across our towns and cities to highlight nature's crisis and demonstrate our collective concern for it. For that one day, give your pupils the chance to slow down, take stock and listen to the restorative sound of birdsong, reminding them of the deep connection to nature we all have and the beauty of the natural world.

A myriad of possibilities for enriching your pupils' day: Play it as they come into lessons, at carpet time, as relaxing background music in lessons. Show the video in assembly and create an assembly about the environment. Link the video to your Birds, Woodlands or Wildlife topic. Most importantly talk with pupils about the sounds to inspire and reassure them, that if we all start to act we can help protect nature.

Listening to British bird song links to the National Curriculum for Science KS1 Living things and their habitats: Identify Common Birds.

Let Nature Sing Day We won't let the natural world fall silent – join us!

Please see the link below for more resources





https://www.rspb.org.uk/get-involved/campaigning/let-nature-sing/host-your-own-birdsong-takeover/

To find out more, email <u>matt.howard@rspb.org.uk</u>.

Here is a list of the birds calling in the Let Nature Sing Video

Cuckoo Nightingale Wren Blackbird Great spotted woodpecker drumming Robin Wood pigeon Common crane Curlew Lapwing Swift Bittern Turtle Dove Snipe Swallow Great Tit Sedge Warbler Skylark Song Thrush Nightingale again Tawny Owl Nightjar

> If you have a go at using any of these resources with your class please do tweet us @RSPBNorfolkLinc

