

**Schools & Family Learning at Norwich Cathedral** 

Themed Guided Visit Programmes and Workshops for **Nurseries, Primary Schools, Academies, Community Groups and Parishes** 

EYFS | KS1 | KS2 | SEND

# Welcome



# Please note

Booking in advance is essential for all school / group visits to the Cathedral.

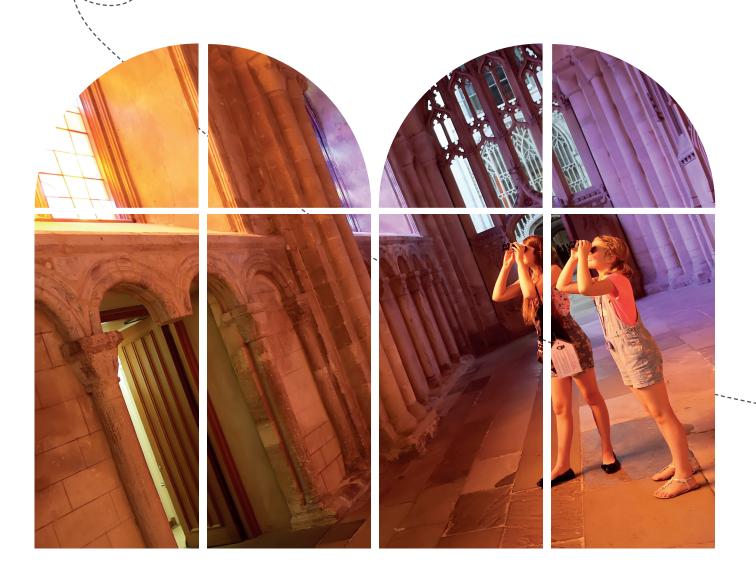
Please refer to separate price list for our visit fees.

# Welcome to our latest selection of guided visit programmes, add-ons and in-school options.

There are a number of new programmes as well as some 'tried and tested' favourites. Where possible we aim to adapt to your requirements, and we can create bespoke sessions for many topics.

Here at the Cathedral we have a purpose built, spacious classroom, the Prior's Hall, our cloisters and garden for activities, art and craft. Pre-booked meals or packed lunch bags may also be pre-ordered from our refectory café.

Our team of experienced teachers, RE specialists, creative arts practitioners, volunteers and hospitality staff look forward to working with you and we hope to welcome you to YOUR Cathedral soon!



# How to use our curriculum guide

When you book a guided visit programme at the Cathedral we will ask you what your learning outcomes are.

Many of our programmes are cross-curricular, so you will be able to tick lots of boxes!

# Curriculum areas

This colour coded guide will help you opt for curriculum areas best suited to the topic you are teaching.

- Maths
- Religious Education
- Science
- Ar
- History
- Dance / Drama





# Please note

All visits must be pre-booked in advance even if you wish to come and self-guide / explore the cloisters.

There is also a fee per pupil for self-guiding.

# How to book

Call or email us to ask about availability, prices (all programmes incur a fee per pupil), and to set a date:

**Email** headofschools@cathedral.org.uk **Telephone** 01603 218320

- Once a date has been set you will be sent a booking form.
- \* You will be sent confirmation and information about where to come on the day.
- † An invoice will be raised and sent to you.
- † A timetable, content outline and information about your visit leaders will be sent to you.

# What's on offer?

# Early years | Foundation

# Cathedral Adventures for Young Explorers!







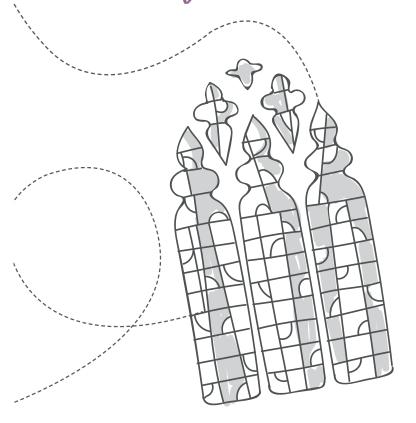




Bespoke activities, crafts, play and story based visits that will connect to many RE topics, on a theme of your choice, such as: Growing and Changing, All About Me, Stories Jesus Told, Colours and Patterns or Tall Pillars and great big arches!

Half day | 60-90 minute visits or stay for a whole day.

# Programmes to bring your RE, History, Science, Art and Literacy alive!



# KS1-KS2

#### Cathedral Revealed









A journey of learning and exploration around the Cathedral that offers an 'overview' of our Norman history, discovery of awesome arches, investigation about how Christians have been worshipping here for over 900 years. Discover how Christians use special areas, furnishings, objects (e.g. font, altar, pulpit, lectern) for worship and prayer today.

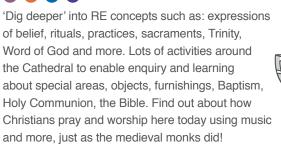
Short 60 minute visit | Half day

# Discover Worship and Belief









Half or full day

### Through the Window









An RE, Art, Maths & Science combo! Investigate light, colour, symbols and patterns. Discover how Bible stories and the Cathedral's story are revealed through stained glass windows, mosaics, paintings, icons and more. Lots of activities including some windows art!

Half or full day

#### Be a Monk!

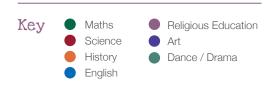






Merge your local / national History with RE (church - a community of believers / sacraments and ceremony), PSHE, English, Art and more as your children discover how our medieval Benedictine community of monks helped build the Cathedral and monastery. Find out how they lived, worked, studied, prayed and worshipped here at Norwich Cathedral Priory from 1096 until the reformation. Dress as a monk, walk in silent procession as you explore the Cathedral and its special places and objects, illuminate letters with quills and ink, visit the herb garden and sing plainsong in the choir stalls!

Half or full day









#### **Discover Advent and Christmas**

Available any weekday in term time during November / December.

#### A Journey through Lent & Easter

Available any weekday in term time during the lead up to Easter.

These half or full days offer a unique opportunity for your classes to re-enact the special Bible stories behind these important Christian festivals all around the Cathedral through characterised storytelling and drama. A craft workshop is also included!

# Let's celebrate! NEW!

Festivals package for a day. Find out about festivals in other world faiths as well as major Christian festivals such as Christmas, Easter, Pentecost, Harvest. Talk to us about what you would like to include! A visit filled with activity and stories.

Full day

# Story time in the Cathedral!







If you would like to bring Bible stories alive for your children, this could be for you. Old Testament (Creation, Moses, People of God, Jonah, Abraham and more). Parables of Jesus, Miracles, Spreading the Good News - the story of St Paul.

Lots of characters to meet, drama, reflection and discussion, all within this beautiful Cathedral. Find out about how Christians use and learn from the Bible in their worship.

Half or full day

## Pilgrimage - a World of Faiths!



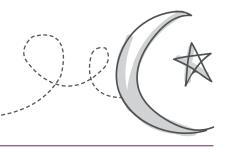






Come and investigate pilgrimage from medieval times to the present day. Be a pilgrim in this amazing place by making a pilgrimage journey around the Cathedral with the medieval pilgrim leader. Explore what special places and sacred spaces are all about for Christians and other world faiths. Investigate places of pilgrimage around the world.

Half or full day.



# Compare a Mosque and a Cathedral NEW!



This is a great opportunity to visit two places of worship, across two world faiths and explore similarities and differences. After an activity based session in the Cathedral, finding out about Christian worship, lay out, special objects and furnishings we will walk you the short distance (five minutes) to the East Anglian Bangladeshi Mosque in Rose Lane where our Muslim friends and colleagues will lead a tour and answer questions. Back at the Cathedral there will be follow up activities and time for reflection.

Half or full day

# Simply Sacred Science







Forces, friction, materials and their properties, sound and light, why not explore these topics here? Lots of experiments to do as they encounter the space, arches, pillars, music, windows and materials. This is a 'hands on' day with a difference that merges your RE. and Science as they learn about how this amazing building was designed and is still used for worship. If you have

Half or full day



All our visits may be adapted for SEND pupils but here is a great, NEW option.

particular Science topics you wish to include, let us know!

# Super, Sacred, Sensory Trail

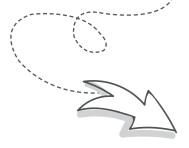






Guided exploration of the Cathedral using the five senses. Pupils will discover all the key elements of Christian worship from Baptism, to prayer, Holy Communion and music. Lots of time to touch stone, marble, wood, artefacts, vestments and costumes and to 'take in' the smells and sounds of this amazing building.

60 minute short visit or half day





- Maths Science
- History English
- Religious Education
- Dance / Drama

# KS1-KS2 cont'd

# Discover your local History







Significant people in your locality, national heroes and heroines.

#### Edith Cavell

Come and meet WW1 Matron Edith Cavell and take a journey with her as she shares her story in the Cathedral.

### Florence Nightingale and / or Mary Seacole

Florence Nightingale and / or Mary Seacole will also be covered. Florence greatly influenced Edith's nurse's training. There are many great RE. links too as they discover how faith in God had a massive impact on these heroines. The children will also find out about special areas in the Cathedral and how Matron Edith worshipped and prayed.

Half or full day

# FIRE, FIRE! NEW!







#### Fire at the Cathedral and the Great Fire of London.

A day packed with fun, drama and learning as you join Mistress Matilda from the Pudding Lane bakery as she recalls the night the Great Fire of London broke out. Help put it out and re-enact what Samuel Pepys saw and recorded in his famous diary. Make Master Farriner the baker's ship's biscuits.

Learn also about the terrible fire at Norwich Cathedral long ago and how the monks dealt with it. End your day with peaceful reflection to give thanks for this special place today.

Half or full day

# 'Here come the Normans - saws. hammers and lots of stone!' NEW!







#### Take a journey back in time to 1096 when the Cathedral was built.

Handle medieval mason's tools, build an arch and chip away at some stone. Find out about how the Normans changed Norwich and investigate what life was like back then. Learn about how important faith and religion were in people's lives and how the monks established their community here at the Cathedral Priory.

Half or full day

# In-school options

### The Labyrinth Journey





We bring our canvas labyrinth to your school hall. Suitable for all ages / complete year groups or individual classes. Activities, reflective opportunities, art, artefacts, PSHE topics, contemporary life issues, RE. including world faiths, relaxation and the labyrinth walk. Tell us the topics you'd like to cover and we'll build a programme for you!

Half or full day

### Meet Matron Edith Cavell





A half day characterised story experience with this famous WW1 heroine and her dog Jack! Engaging storytelling and singing with some follow up activities.

Half or full day

### Worship and Monasticism on the Move!







We explore Christian worship, prayer and Monastic life in your classroom or hall.

Half or full day

# Dance Across the World





We can arrange for a skilled dance practitioner to lead a half or full day dance workshop in your school. Lots of topics to choose from such as: Bible Lands, Hindu Dance Reflections, Egyptians, Chinese dance, traditional English dancing and more!

Half or full day



# Add-ons

You may wish to select an exciting 'add-on' to supplement your visit programme. Contact us for more information.

- + Glass tile mosaic making
- T Stained glass windows
- Giant collage
- \* Make a model Cathedral
- **†** Act out the story

A drama and voice workshop based on Biblical or historical characters.

#### + Dance around the world

We can arrange for a dance teacher to come in and there is a huge selection available such as: Egyptians, Hindu, Aboriginal, Bible Times or traditional English dancing.

# Other useful information

### Lunches

You may wish to eat your packed lunches here. You can picnic in the cloisters (outside but undercover) or in our classroom if the weather is bad. Ask us about pre-ordering lunch bags from our refectory café.

# Gift bags

You can pre-order souvenir gift bags that contain budget priced items (our Cathedral shop is small!). Ask us about these

#### Lavatories

There are some on site but please be aware they are open to the public so staff should accompany pupils at all times. We will give you the door code on the day.

#### Risk assessment

Our Risk Assessment Advice document will be sent to you when you book to help you compile your own risk assessment.

# INSET workshops and wellbeing for teachers

We offer half or full day opportunities for teachers / TA's. If you would like to 'zest up' resources for your Christianity and RE teaching, History or look at how you might combine cross-curricular topics using the Cathedral or your local church we can plan a bespoke session for you. Perhaps you'd like a day of reflection, relaxation / wellbeing using our labyrinth? We are happy to deliver it here or in your school.

Half or full day, ask us about fees.



To discover more about events and activities for children, families & schools at Norwich Cathedral visit our website www.cathedral.org.uk/learning



The Chapter Office 65 The Close Norwich NR1 4DH T: 01603 218320 www.cathedral.org.uk/learning

Each visit is unique, share yours.

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