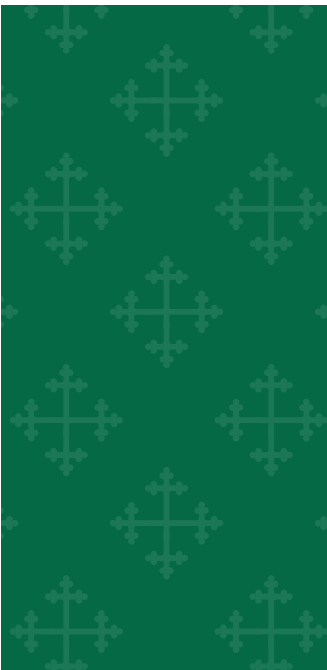


NORWICH
CATHEDRAL



Schools & Family Learning at Norwich Cathedral

Themed Guided Visit Programmes & Workshops for
**Secondary Schools, Academies, Colleges,
Community Groups & Parishes**

KS3 | KS4 | KS5 | SEND

Welcome



Please note

Booking in advance is essential for all school / group visits to the Cathedral.

Please refer to separate price list for our visit fees.

Welcome to our latest selection of guided visit programmes, add-ons and in-school options.

There are a number of new programmes as well as some 'tried and tested' favourites. Where possible we aim to adapt to your requirements, and we can create bespoke sessions for many topics.

Here at the Cathedral we have a purpose built, spacious classroom, the Prior's Hall, our cloisters and garden for activities, art and craft. Pre-booked meals or packed lunch bags may also be pre-ordered from our refectory café.

Our team of experienced teachers, RE specialists, creative arts practitioners, volunteers and hospitality staff look forward to working with you and we hope to welcome you to YOUR Cathedral soon!



How to use our curriculum guide

When you book a guided visit programme at the Cathedral we will ask you what your learning outcomes are.

Many of our programmes are cross-curricular, so you will be able to tick lots of boxes!

Curriculum areas

This colour coded guide will help you opt for curriculum areas best suited to the topic you are teaching.

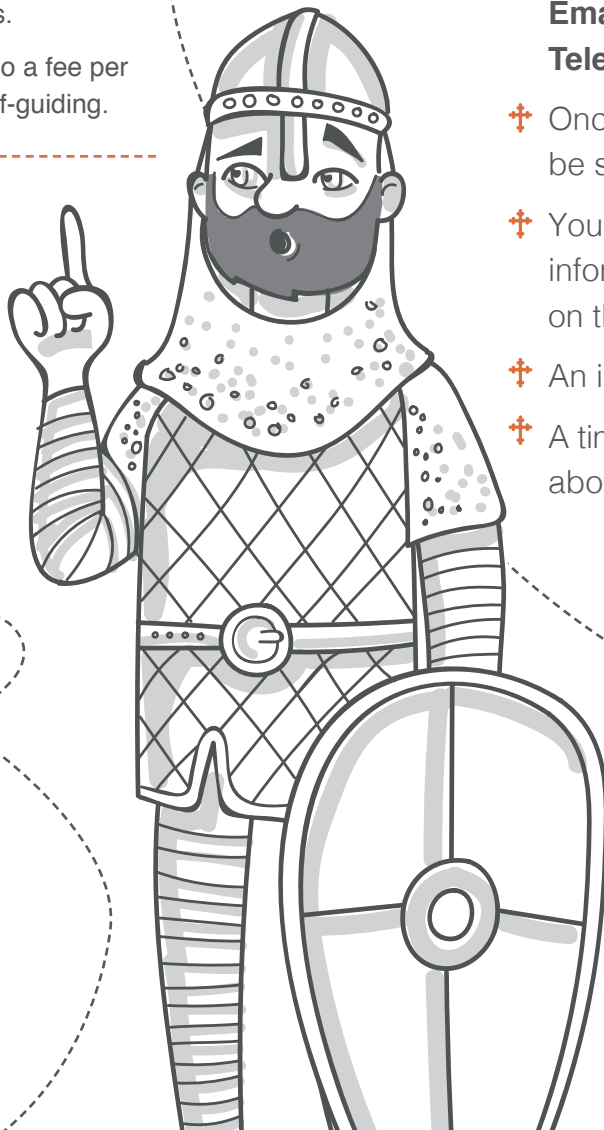
- | | |
|---|---|
|  Maths |  Religious Education |
|  Science |  Art |
|  History |  Dance / Drama |
|  English | |



Please note

All visits must be pre-booked in advance even if you wish to come and self-guide / explore the cloisters.

There is also a fee per pupil for self-guiding.



How to book

- ✦ Call or email us to ask about availability, prices (all programmes incur a fee per pupil), and to set a date:

Email headofschools@cathedral.org.uk

Telephone 01603 218320

- ✦ Once a date has been set you will be sent a booking form.
- ✦ You will be sent confirmation and information about where to come on the day.
- ✦ An invoice will be raised and sent to you.
- ✦ A timetable, content outline and information about your visit leaders will be sent to you.

What's on offer?

Cathedral Then & Now – the Basics



A compact overview of our historical roots, from the Normans to the present day. Investigate Norman design and grandeur. Find out about our religious roots too through our Benedictine, monastic tradition. Students will also discover the layout, special objects, furnishings, stained glass and art used for prayer and worship.

60 minute short visit or half day

The Big Experiment Science in the Cathedral **NEW!**



An opportunity for students to investigate forces, materials and their properties, light, sound and more as they discover the Cathedral's design and layout through experiments, model making and movement. Find out how all aspects of the building help Christians to pray and worship.

This visit is an ideal cross curricular linking opportunity between your Science, RE and English departments.

Half or full day

Christianity & Islam **NEW!**



Compare and Contrast a Cathedral and a Mosque.

Get to grips with what worship is all about with a series of activities in the Cathedral, then take a walk with us to the East Anglian Bangladeshi Mosque in Rose Lane, (five minutes), where our Muslim friends and colleagues will lead a tour and answer questions. Back at the Cathedral there will be follow-up activities.

Half or full day

Sacred Space - Explore Worship & Belief



Students will investigate key elements of Christian worship and expressions of belief such as: Baptism, Holy Communion, symbols, Trinity, prayer, objects and furnishings, chapels, remembrance. They will look at how traditional monastic worship styles still live on today.

Half or full day

Added extras

- You may wish to request a 'Question a Priest' slot. Ask them all the awkward questions, be they about worship, faith or ethics.
- Request a chat with the organist – see the organ loft and hear the 6,000 pipes of the organ leap into action.
- Book a guided visit of our Broderers department and find out how they make and embroider the vestments and altar frontals. Stunning work.

Discover your Local History **NEW!**



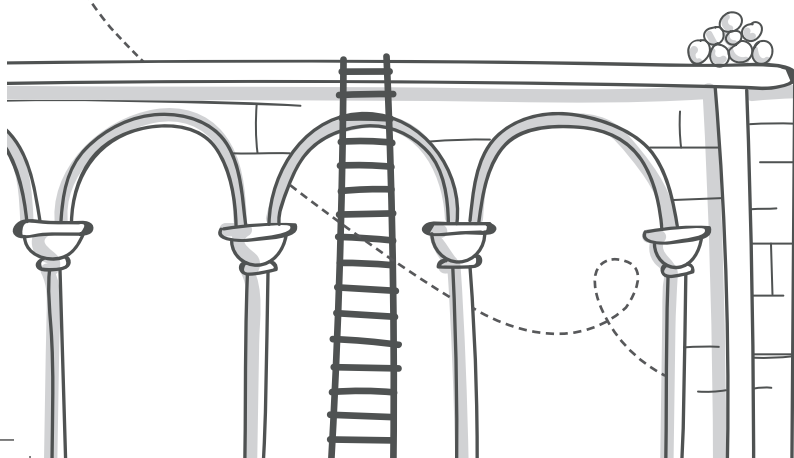
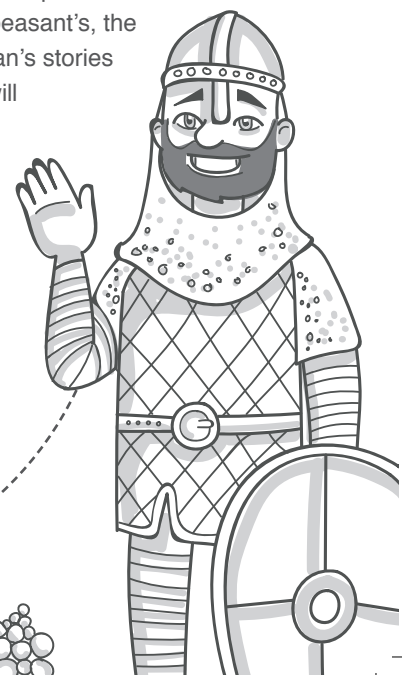
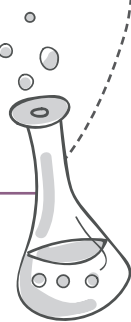
What did the Normans do for Norwich? Investigate the importance of religion in medieval life and the development of the Church.

Facts & Faith

Time to 'get under the skin' of life in Norman Norwich as we ask: why did the Normans build a grand, colourful and beautifully designed Cathedral and what was its impact on the locality?

Investigate worship styles & the importance of monastic life then and now. How did it impact on the lives of rich and poor? Hear the peasant's, the noble's, the monk's and the tradesman's stories and add your own to the pot! There will be time also to investigate whether worship, prayer & Cathedrals have a place in today's society.

Half or full day



Key

- ✚ Maths
- ✚ Science
- ✚ History
- ✚ English

- ✚ Religious Education
- ✚ Art
- ✚ Dance / Drama

Key Stage

- 3 KS3
- 4 KS4
- 5 KS5
- E GCSE and OTHER EXAMS
- A A LEVEL



Explore Monasticism

✚ ✚ ✚ ✚ 3 4 +

Students will step back in time, get into the habit and experience the Cathedral through the eyes of a medieval Benedictine monk, learning all about our medieval history along the way. They will find out about how the monks helped build the Cathedral Priory from 1096, how they worshipped, prayed and cared for the sick (visit our herb garden). They will try their hand at writing with a quill. They will also discover how many of their worship traditions live on today.

Half or full day

Added extra

Why not request a visit to our unique historic library? Meet our curator, see ancient manuscripts, books and a printing press.

Bread, Wine, Ritual & Altars NEW!

✚ ✚ 5 A E

Students will learn more about the service of Holy Communion, its origin and the various traditions that surround it. Experience a teaching Eucharist led by one of our priests. Explore similarities and differences between Anglican, Roman Catholic / Anglo Catholic and other traditions. Find out about vestments and liturgical colours. Other topics such as baptism, prayer, worship styles and doctrine may also be included. Tell us what you require. Time for discussion and debate.

Why not also add on a discussion panel led by priests and other Church leaders / theologians?

Half or full day

Religion, Commercialism & Tourism

Can they go together? NEW!

✚ ✚ 3 4 5 E A

An opportunity to investigate the Cathedral as a place of worship, study, tourist attraction, conference centre, restaurant and commercial concern.

Students will meet staff, see the shop, conference facilities, explore our marketing department, library and restaurant. Lots of opportunity for questions and debate with the added extra of experiencing the tranquillity and grandeur of the Cathedral as a place of prayer and worship.

60 minute short visit or half day

Philosophy & Ethics: Big Issues & Questions

✚ ✚ 4 5 E A

The choice is yours – use us as a venue to enable students to ask those big, ethical questions about your study topics, such as: conflict, the value of human life, existence of God, good & evil, medical ethics, abortion, beliefs in society (Sociology) and more. Tell us what you require.

There will be time in the Cathedral to consider how being in a sacred space might aid people who wrestle with life's big questions and we ask 'does a Cathedral have a role to play in this?'

Why not book a 'question a priest session' or we can arrange a discussion panel of faith leaders / theologians for you?

Half or full day

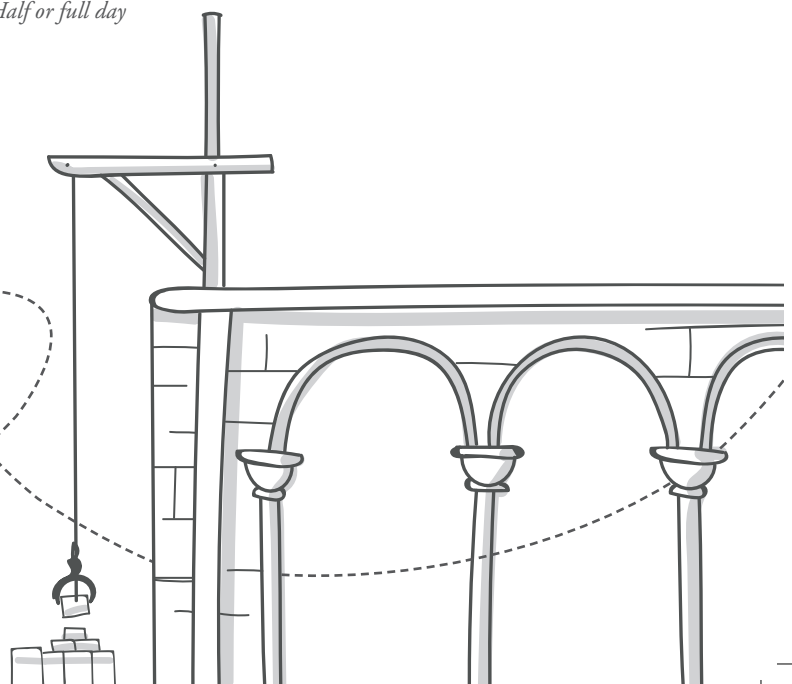
Quiet Please! NEW!

✚ ✚ ✚ ✚ 3 4 +

Let us take your students on a journey. Using the Cathedral's large and small spaces they will experience reflective activities, story, silence, relaxation with an amazing labyrinth walk, discussion and more. They will explore how light, music and song, design, art and objects help Christians and others 'take time out' of their stressful lives to think, 'be' and pray.

If you want to include some history and / or other RE topics / other world faiths, just let us know and we will build a programme around your requirements.

Half or full day of reflection & pilgrimage



- Key**
- ✦ Maths
 - ✦ Science
 - ✦ History
 - ✦ English

- ✦ Religious Education
- ✦ Art
- ✦ Dance / Drama

Key Stage

- 3 KS3
- 4 KS4
- 5 KS5

- E GCSE and OTHER EXAMS
- A A LEVEL

In-school options

The Labyrinth Journey

- ✦ ✦ ✦ 3+

We bring our canvas labyrinth to your school hall. Suitable for all ages / complete year groups or individual classes. Activities, reflective opportunities, art, artefacts, PSHE topics, contemporary life issues, RE. including world faiths, relaxation and the labyrinth walk. Tell us the topics you'd like to cover and we'll build a programme for you!

Half or full day

Local History: Explore Matron Edith Cavell's role in WW1

- ✦ ✦ ✦ 3+

A half day of characterised story telling, drama and discussion.

Half or full day

Worship and Monasticism on the Move!

- ✦ ✦ ✦ ✦ 3+

We explore Christian worship, prayer and monastic life in your classroom or hall.

Half or full day

Dance Across the World

- ✦ ✦ ✦ 3+

We can arrange for a skilled dance practitioner to lead a half or full day dance workshop in your school. Lots of topics to choose from such as: Bible Lands, Hindu Dance Reflections, Egyptians, Chinese dance, traditional English dancing and more!

Half or full day



Add-ons

You may wish to select an exciting 'add-on' to supplement your visit programme. Contact us for more information.

- ✝ **Glass tile mosaic making**
- ✝ **Stained glass windows**
- ✝ **Design an Icon**
- ✝ **Make a model Cathedral**
- ✝ **Act out the story**
A drama and voice workshop based on Biblical or historical characters.
- ✝ **Dance around the world**
We can arrange for a dance teacher to come in and there is a huge selection available such as: Egyptians, Hindu, Aboriginal, Bible Times or traditional English dancing.

Other useful information

Lunches

You may wish to eat your packed lunches here. You can picnic in the cloisters (outside but undercover) or in our classroom if the weather is bad. Ask us about pre-ordering lunch bags from our refectory café.

Gift bags

You can pre-order souvenir gift bags that contain budget priced items (our Cathedral shop is small!). Ask us about these.

Lavatories

There are some on site but please be aware they are open to the public so staff should accompany pupils at all times. We will give you the door code on the day.

Risk assessment

Our Risk Assessment Advice document will be sent to you when you book to help you compile your own risk assessment.

INSET workshops and wellbeing for teachers

We offer half or full day opportunities for teachers / TA's. If you would like to 'zest up' resources for your Christianity and RE teaching, History or look at how you might combine cross-curricular topics using the Cathedral or your local church we can plan a bespoke session for you. Perhaps you'd like a day of reflection, relaxation / wellbeing using our labyrinth? We are happy to deliver it here or in your school.

Half or full day



To discover more about events and activities for children,
families & schools at Norwich Cathedral visit our website
www.cathedral.org.uk/learning


NORWICH
CATHEDRAL

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www.cathedral.org.uk/learning

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