

## Webinar: Introduction to Kooth - Mental Health Support for Young People 11- 25

**Kooth** is a new free online counselling and emotional well-being support service with a safe, secure and anonymous means of accessing support with their emotional health and wellbeing needs from a professional team of qualified counsellors.

Training for professionals working with young people will provide the following:

- An introduction to Kooth and how it works.
- Support on how to get young people signed up for Kooth.
- Explanation of Kooth chats with counsellors and what young people can expect.
- Explanation of Kooth's other features and support tools for young people.

**Kooth** are hosting a live video Webinar through 'Zoom' to give attendees an on-screen demonstration of how to use the website; including an overview of resources and support available to a young person. Participants will have the opportunity to watch a live presentation and pose questions directly.

Please register using the links below:

Monday 29 June (12-1 pm)

<https://zoom.us/j/98417186474>

Register here: <https://forms.gle/c6jPu2pmiAxLYspQA>

Tuesday 7 July (12-1 pm)

<https://zoom.us/j/93990604370>

Register here: <https://forms.gle/C2XA8adFUR1AE1rs6>

Kooth for pupils in Year 6 aged 11 years: Training webinars for professionals.

For training targeted at this age group please register for a session below.

Friday 19 June (1-2 pm)

<https://zoom.us/j/95420448122>

Register Here: <https://forms.gle/fEwYWEV2PrSwVTyG9>

Tuesday 30 June (1-2 pm)

<https://zoom.us/j/95656421210>

Register Here: <https://forms.gle/9LKVhrkUBMUodETx6>