

Wellbeing for Education Return

The Wellbeing for Education Return webinars are now available to book!

Every school can take advantage of two interactive webinars fully funded by the DfE and DfHSC as part of a nationally developed training package. Customized by local experts, these webinars are designed to support schools to develop a whole school approach to address specific concerns related to mental health and emotional wellbeing.

Webinar 1

1. Neuroscience – understanding learning and growth, wellbeing and resilience
2. Actions to build resilience and wellbeing
3. What the data shows children in Norfolk need support with
4. Whole school/college implementation
5. Resources

Webinar 2

1. Introducing 'social scaffolding'
2. Bereavement and loss
3. What to look out for: warning signs
4. Understanding anxiety, low mood, stress and trauma
5. Stress and trauma: supporting recovery
6. Putting it into practice
7. Resources, links, references and next steps

Wellbeing Return Surgery

Suitable for both primary and secondary phases, this twilight will provide additional support for the Wellbeing leads delivering Wellbeing Return to Education sessions in their schools.

Phase

All

Audience

Senior Leadership Team
SENCO
Pastoral Leaders
Mental Health Champions

Trainers

Bianca Finger-Berry
Alice Ndiaye
Josie Rayer-Wells
Anna Simms

Primary -

EAEY-1020-T014
12/10/2020 and 19/10/2020

Secondary -

EAEY-1020-T015
20/10/2020 and 03/11/2020

Mixed Phase -

EAEY-1020-T016
21/10/2020 and 04/11/2020

Surgery -

EAEY-1120-T024
05/11/2020

All sessions are from
4.00 pm - 6.00 pm

These training sessions will take place via Zoom; however, you do not need to have this application on your laptop. If you do not, then the training will open in an internet browser.

Places can be booked online at - www.s4s.norfolk.gov.uk

