

## 26/01/2021 15:30 - 17:30

Title: Understanding self-harm and suicide prevention

Venue: This training will take place via Zoom

Trainer: Bianca Finger-Berry

# **Critical Incident**

Understanding self-harm and suicide prevention in educational settings (Norfolk & Waveney)

#### **Outline**

This training will cover self-harm and suicide prevention within the context of schools. It is free for all Norfolk and Waveney schools/academies.

### **Description**

We will consider why young people may self-harm and what schools can do to offer support. We will think about when young people are at risk of suicide, and consider carefully what schools need to do when they are worried about a young person. We will share with you our new sample self-harm policy for secondary schools.

#### **Outcome**

Aims of the training are to

- increase knowledge about self harm and suicide
- understand how you can support young people
- be confident in using the NSCB guidance 'What to do if you believe a child might be at risk of suicide'
- familiarise yourself with the new sample self-harm policy for secondary schools

### **Audience**

Headteachers, senior leaders (schools), designated safeguarding staff, school mental health leads, pastoral staff, other school staff interested in self-harm and suicide prevention

# **Booking Information**

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https://s4s.norfolk.gov.uk/Event/128402

This is a free course for schools, funded as a Norfolk Suicide Prevention Activity. A maximum of two places can be booked per school.

#### **Programme**

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Code: CIN-OM-0121-T001

Price per delegate: 0.00

Sign up deadline: N/A