Nurturing wellbeing: A whole organisation approach to social and emotional learning

Understand how social and emotional learning looks in practice and leave with practical ways to support the whole school community's wellbeing.

This fully funded interactive webinar will support delegates to understand how social and emotional learning can support educational communities through the pandemic and beyond. It will provide delegates with an understanding of the trauma aware approach and equip them with practical ways to identify their next steps to support and improve their whole education community's wellbeing.

Delegates will leave with tips for effective social and emotional learning, a provision map to support a whole-school approach to social and emotional learning and links to a number of resources including the Anna Freud audit tool, action plan and model policy, all realistically achievable methods to adopt within a busy school environment.

To disseminate key messages back in school, delegates will also be provided with a narrated presentation CPD tool to share with colleagues.

This interactive webinar will give delegates the opportunity to participate in activities with colleagues from the same phase.

This webinar is part of a fully funded package of support designed to support schools to develop a whole school approach in addressing specific concerns related to mental health and emotional wellbeing. Delegates would benefit from exploring Webinars 1 and 2 before attending this session. These webinars together with a comprehensive Wellbeing Toolkit can be accessed here: https://www.schools.norfolk.gov.uk/ teaching-and-learning/wellbeing-in-education. For further support and information please contact <u>RSEEnquiry@educatorsolutions.org.uk</u>

By the end of the session delegates will -

- Understand the importance of creating a safe, calm and nurturing school environment and promoting an ethos that fosters a culture of connection, inclusion and respect so everyone feels safe and can safely express their feelings
- Understand how an integrated whole-school approach to the teaching and promotion of health and wellbeing positively impacts on behaviour and attainment.



Phase All

Audience

Senior Leadership Team SENCO Pastoral Leaders Mental Health Champions Teachers

Trainers

Alice Ndiaye Anna Sims

09/03/2021 3.45 pm - 5.00 pm EAEY-0321-T009

This webinar is the first in a series of two. To maximise the benefit of attending this session it is recommended delegates also attend the next phase specific session in the series.

Nurturing wellbeing: practical support for developing a wellbeing for pupils and families (primary) on 16/03/2021 from 3.45 pm - 5.00 pm EAEY-0321-T010

Nurturing wellbeing: practical support for developing a wellbeing for pupils and families (secondary) on 23/03/2021 from 3.45 pm - 5.00 pm EAEY-0321-T011

The training will take place via Zoom; however, you do not need to have this application on your laptop. If you do not, then the training will open in an internet browser.

Places can be booked online at - <u>www.s4s.norfolk.gov.uk</u>



For more information and to make a booking www.educatorsolutions.org.uk or call 01603 307710