



The offer

The Workshop would like to reach as many vulnerable children and young people in West Norfolk as possible, and to offer them a **free** place on our **Creative Foundations** programme. This is a 10-week course building on resilience, confidence and social skills, through the arts.

It offers a lovely outlet for any child or young person in need of a positive space/nurturing environment, which will help them engage and build relationships with their communities. 'Vulnerability' could relate to them being socially isolated, living in poverty, being very shy, struggling at school, or to any of the complex reasons linked to having a social worker. We are aware of how complex these reasons can be and offer a programme which takes into account the very specific needs of children and young people which may arise.

The programme aims to strengthen children and young people's sense of belonging within their communities and the links they have to local services and further education providers.

We hope by the end of the course that they will have developed the skills and confidence to access our standard class timetable, for which they will receive a year's free subscription. But if not, they can stay with us and repeat our foundations programme as many times as they would like. Each term, they'll receive a voucher for a free swim, cinema or gym pass to reward them for their participation.

Referrals

The Workshop Referral Network group meets each term to discuss forthcoming opportunities available for young people and their families, and to network with other referral agencies to signpost services and activities across the county.

The next Network Referral Meeting will be at our base in King's Lynn on **23 November at 10:00am**. We welcome referrals from anyone working with a child or young person who could benefit from attending.

We will carefully balance the varying levels of need for children and young people within each class including for a selection of widely diverse referrals. From January, we hope to be running sessions for two age groups; 7-11 years and 12-18 years, if there is sufficient interest.

Referrals are made through our [Referral Network](#) website.

More information

- [A5 course timetable flyer \(version 1\)](#)
- [A5 course timetable flyer \(version 2\)](#)
- [Voucher for £10 off a term of classes](#)

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