



# NORFOLK ROAD SAFETY PRIMARY EDUCATION INTERVENTIONS

Intervention	EYFS/ KS1	Year 3	Year 4	Year 5	Year6
Teacher Training					
<u>Safe Journey</u> <u>Ahead</u> ►	$\checkmark$				
Pupil Experience					
<u>Step on it</u> (Online Pedestrian <u>Training)</u> ►		$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Ride on it (Online cycle_ training) ►			$\checkmark$	$\checkmark$	
<u>Seatbelt Safety</u> ( <u>Online</u> <u>training)</u> ►			$\checkmark$	$\checkmark$	$\checkmark$
Bikeability Level 1 & 2 🔹				$\checkmark$	$\checkmark$
School Project					
Bike Walk Scoot Club (Available Spring 2022) ►	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Safe School Run Pledge ⊾	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Active Travel Audits ►	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$





# Safe Journey Ahead (Teacher training)

Norfolk County Council Road Safety Team has been successful in attaining a grant bid from the Road Safety Trust, which will enable 100 schools to receive the Safe Journey Ahead – Road Safety Teacher Training for EYFS and KS1 pupils.

Each participant will receive three, one to one support sessions with a Road Safety expert. To offer support in embedding the life skill of Road Safety to your school and your pupils.

### Aims

This project will trial a new and innovative way to teach Road Safety at EYFS and KS1. It is aimed at teachers, teaching assistants, school governors or any school member of staff who will be leading on Road Safety in your school.

### **Course details**

The training session is delivered live online using Microsoft Teams and runs for approximately 90-120 minutes.

This teacher training session will cover:

- What is Road Safety? How does it fit into a school setting?
- Road Safety and the curriculum
- Exploring Road Safety resources
- Planning Road Safety for your school

There are three follow up sessions, with a Road Safety expert who can offer support and guidance. These sessions will be presented at 2 months, 6 months and 12 months after the initial training.

### Learning objectives

On completion of this session, you will -

- Be able to plan and deliver Road Safety interventions aimed at the needs of your school and pupils
- Have an increased knowledge on how to deliver the life skills of road safety to your pupils and where to find useful resources
- Know how to embed Road Safety into the curriculum

### We are also looking for 10 schools to become control schools.

The control schools will receive the same training but starting in September 2022.

### Cost

This session is free as funded by the Road Safety Trust Grant.

### **To Book Sessions**

If you are interested in booking or finding out more about this session please email roadsafety@norfolk.gov.uk or call 01603 306136





## Step On It – Online Pedestrian Training

This online session teaches pupils the key concepts of being a safe pedestrian. Pupils will learn about the Green Cross Code, finding safe places to cross the road and encourage pupils to think about how other road users will view them as pedestrians.

### Aims

To help pupils to understand and develop behaviours, to creating safe and confident pedestrians, to give the students the skills needed to become independent travellers.

### **Course details**

This pupil experience session is delivered live online using Microsoft Teams and runs for approximately 45-60 minutes.

This session is suitable for key stage 2 pupils.

### Learning objectives

- To know and understand the green cross code
- To know and understand what a safe place to cross is
- To know and understand how to act as a pedestrian
- To know and use the highway code and road signs

### Cost

This session is free of charge as funded by Norfolk Council County Public Health.

### **To Book Sessions**

If you are interested in booking a session or finding out more about this experience please email **roadsafety@norfolk.gov.uk** 







### **Ride On It – Online Cycle training**

This online training session for key stage 2 pupils is designed for them to gain knowledge on the basics of bike safety standards and increase understanding of their responsibility when cycling on today's roads. To encourage safe behaviour when being a road user and enjoy active travel.

### Aims

To help pupils to understand and encourage safe behaviours when being a road user and to enjoy active travel.

### **Course details**

This pupil experience session is delivered live online using Microsoft Teams and runs for approximately 45-60 minutes.

This session is suitable for key stage 2 pupils.

### Learning objectives

- To know and understand how to act as a cyclist
- To know and use the highway code and signs
- To know how to plan for a journey
- Pupils understand what safe behaviours are when travelling actively

### Cost

This session is free of charge as funded by Norfolk Council County Public Health.

### **To Book Sessions**

If you are interested in booking a session or finding out more about this experience please email **roadsafety@norfolk.gov.uk** 







# Seatbelt Safety – Online Training

This online session teaches pupils the key concepts of how to stay safe when travelling in vehicles.

### Aims

To help pupils to understand the importance of wearing seatbelts, how to travel safely in vehicles and how we can protect ourselves and others when travelling in vehicles.

### **Course details**

This pupil experience session is delivered live online using Microsoft Teams and runs for approximately 45-60 minutes.

This session is suitable for key stage 2 pupils in years 4-6.

### Learning objectives

To increase understanding: -

- Of the importance of wearing a seatbelt
- In why it is important to always wear a seatbelt in a vehicle
- Of the implications of not wearing a seatbelt
- That wearing a seatbelt should be a lifelong habit.

### Cost

This session is free of charge as funded by Norfolk Council County Public Health.

#### **To Book Sessions**

If you are interested in booking a session please email roadsafety@norfolk.gov.uk







### Bikeability – Level 1 & 2

Bikeability is a national cycle training programme. Bikeability is about gaining practical skills and understanding of how to cycle on today's roads. In Norfolk Bikeability training is provided by Outspoken and Norfolk's Road Safety Team. We currently offer Levels 1 and 2 combined Bikeability course.

### Aims

Bikeability Level 1 aims to develop cycle handling in an off-road environment and prepare riders for cycling on the road. Bikeability Level 2 will develop riders' skills and confidence for cycling on single-lane roads and simple junctions with mostly moderate motor traffic flows, preparing riders to deal with short journeys such as cycling to school or the local shops.

### **Course details**

Bikeability is practical cycling training which is delivered face to face. Bikeability is an 8 hour course, the structure of delivery will be discussed to suit the school where possible.

This session is suitable for key stage 2 pupils.

### Learning objectives

- To know and understand how to act as a cyclist
- To know and use the highway code and signs
- To know how to plan for a journey
- Pupils understand what safe behaviours are when travelling actively

For specific Bikeability Learning Objectives please refer to the Bikeability Website

- <u>Bikeability Level 1</u>
- <u>Bikeability Level 2</u>

### Cost

This training is free of charge as funded by The Bikeability Trust.

### **To Book Sessions**

If you are interested in booking a session or finding out more about this training please email **roadsafety@norfolk.gov.uk** 







### **Bike, Walk Scoot Club**

The concept of a Bike Walk Scoot (BWS) Club is a school led project which aims to increase the number of pupils that actively travel to and from school (or part of the school journey).

The principle is that all children in the school will become members, with pupils, parents and carers signing a membership certificate which commits them to do all they can to make active journey to school on average of three days a week over the school year.

### Aims

To increase the number of pupils that actively travel to school, improving the health of the pupils and the surrounding environment of the school.

### **Project Details**

BWS Club is a school led project, which can be run for a term or a full school year. This project is suitable for all key stages.

This project can be supported by Norfolk Road Safety Team.

### Learning objectives

The pupils will learn about:

- The importance of Active Travel
- The benefits of Active Travel on themselves and the surrounding environment
- How active travel develops road awareness and independent travellers

### Cost

This session is free of charge as funded by Norfolk Council County Public Health.

### **To Book Sessions**

If you are interested in finding out more about the BWS project for your school please email **roadsafety@norfolk.gov.uk** 







### Safe School Run Pledge

Norfolk County Council Road Safety Team has been working alongside the Norfolk Road Safety Partners to support school with a school led project to support creating a safe school gate environment. The Road Safety Communities Team has developed an initiative to support your school in creating a safer school environment during the school run, as well as promoting active travel.

The 'Safe School Run Pledge' is to promote responsible parking which will help keep our children safe when they are dropped off or picked up outside the school.

The project works with parents/carers to promote safe and considerate parking, this is achieved by parents and carers signing the voluntary pledge, helping to ensure that drop off/collections at their School are as safe as possible. The Pledge has been developed with full support from NCC Road Safety Team and their Partners, Norfolk Constabulary and Norfolk Fire and Rescue Service.

### Aims

To increase understanding and highlight the importance of safe parking outside the school and promote a safe school gate environment.

### **Project Details**

Safe School Run Pledge is a school led project, which can be run for a term or a full school year.

This project is suitable for all key stages. This project can be supported by Norfolk Road Safety Team.

### Cost

This session is free of charge as funded by Norfolk Council County Public Health.

### To take part

If you are interested and would like to take part in this new Safe School Run Pledge initiative please email **roadsafety@norfolk.gov.uk** 







### **Active Travel Audit**

An Active Travel Audit allows for Norfolk Road Safety Team to support your school and reach your school's goals. The purpose of the Active Travel Audit is to gather information which will help you and your school to think about active travel, what pupils experience, projects available to your school and what you would like to achieve as a school.

There are 3 stages to the process: -

- An online pre active travel questionnaire will be sent to the school
- A member of the Road Safety team will then discuss in a one to one support session the results and support you and your school with setting goals which links into your school overall objectives, plan how these can be achieved and options available to your schools
- Six months later, a Post active travel questionnaire will be sent. This will be followed up by a one to one support session with a member of the Road Safety Team.

### Aims

To consider the schools active travel policy in promoting and encouraging safe active travel and to support your school achieve its long term goals

### **Project Details**

Active Travel Audit can be conducted at any point of the academic year. The Audit is best led by the school's manager or travel lead.

### Objectives

- Develop a list of goals, plans to encourage active travel
- Reducing barriers to and encourage active travel
- Discuss road safety and practical initiatives to suit your school's needs.

### Cost

This session is free of charge as funded by Norfolk Council County Public Health.

### To Book

If you and your school would like to know more about the benefits the Active Travel Audit or are interested in booking an Active Travel Audit please email **roadsafety@norfolk.gov.uk** 

