

INSET

Health Education

Promoting Children's Mental Health - Healthy Norfolk Schools Conference

This conference is being run by the Healthy Norfolk Schools team and is aimed at all schools within the primary phase.

The purpose of the day will be to explore ways of promoting children's mental health within the school context. This will be done through the keynote address which will explore the concepts of emotional literacy/intelligence, as well as through workshops that will have a particular focus on Drama, Literacy, Artists in School, Brain Function, Movement and Nutrition, Nurture Groups and the use of Illuminative Research Strategies.

We are delighted to have Noreen Wetton as our guest speaker. Noreen is a Senior Research Fellow at Southampton University. She is a former teacher and headteacher and is the author of several books that have children's emotional health and well-being as their theme. Over and above everything she is passionate about listening to children so that we can understand what they are saying about themselves and their world. She has inspired many audiences with her energy and her commitment to promoting child-centred education.

Refreshments and lunch will be provided.

Places will be limited to one per school/organisation. We welcome applications from Headteachers, Senior Managers or others involved in promoting this aspect of children's development.

Cost: £0.00

NO cost for this conference - funded by Healthy Norfolk Schools.

Date	Time	Venue	Activity Ref.
24/3/2003	9.30 - 3.30	Barnham Broom Conference Centre	2GN061

To apply for a place at this activity please visit our INSET Opportunities website at <http://advisoryservice.norfolk.gov.uk/inset> or complete a booking form and return it to:

Anne Johnson
 Norfolk Education Advisory Service
 Professional Development Centre
 Woodside Road
 Norwich, NR7 9QL

Telephone:
 01603 433276

Fax:
 01603 700236

E-mail:
anne.johnson.edu@norfolk.gov.uk

