

Health and Physical Activity

Date	Time	Venue	Reference
12/7/2005	1.30 - 3.30	Sprowston Middle School, Norwich	5UN009

This course/workshop is being offered as part of the Play, Physical Activity and Physical Education Exhibition at the Norwich Professional Development Centre.

This course will cover:

- Why all the concern about the health of school age children?
- How does this relate to physical activity?
- How healthy schools can help with the whole school approach to encourage more activity across the school day.
- Integrate raising activity levels with other areas of helping children develop a safer, healthier lifestyle eg healthier eating and promoting emotional health and well being.
- Practical examples and ideas from Norfolk schools.

Who should attend

Headteacher	●	Head of Dept.	●
Deputy Head	●	Classroom teacher	●
SENCO	○	Returner	●
Subject Leader	●	NQT	●
Classroom Assistant	●	Nursery Nurse	●
Supply Teacher	●	Pre-school Practitioner	●
Governors	●		

Other:

Phase

First
Pre-school
Reception
Nursery
Infant Junior
Primary
Middle

Cost:

£50.00
Subsidised Fee

How to book

To apply for a place at this activity please visit our INSET Opportunities website at <http://advisoryservice.norfolk.gov.uk/inset> or complete a booking form and return it to:

Michelle Steel
Norwich Professional Development Centre
Woodside Road
Norwich
NR7 9QL

Telephone:

01603 433276

Fax:

01603 700236

E-mail:

michelle.steel@norfolk.gov.uk

Course Leader (s) :

Sue Astbury