



## Working with Parents to Promote Healthy Eating

Date	Time	Venue	Reference
3/10/2006	4.00 - 6.00	Alderman Swindell First School, Great Yarmouth	6GN069
4/10/2006	4.00 - 6.00	Howard Infant School, Kings Lynn	6GN070

Approaches to positively involving parents with food in schools. This will be a practical session covering different ways to engage with parents on this sometimes difficult subject. There will be a particular focus on how to run a parent/child workshop.

By attending this session teachers and teaching assistants will understand what the key messages should be and will take away recipes and practical tips.

All participants will take away a copy of the free resource -'Variety is the Spice of life' which is a CD on how to run a packed lunch with parents and children.

Who shou	ld attend
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Headteacher	lacksquare	Head of Dept.	$\odot$				
Deputy Head	0	Classroom teacher	lacktriangle				
SENCO	0	Returner	0				
Subject Leader	lacksquare	NQT	0				
Classroom Assistant	lacksquare	Nursery Nurse	0				
Supply Teacher	0	Pre-school Practitioner	0				
Governors	lacksquare						
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Other: Healthy Schools Co-ordinator

## <u>Phase</u>

## Cost:

This course is free of charge. However, non-attendance or cancellation within 5 working days of the event will incur a £15 administration fee.

## How to book

To apply for a place at this activity please visit our INSET Opportunities website at http://advisoryservice.norfolk.gov.uk/inset or complete a booking form and return it to:

Louise Flynn

Norwich Professional Development Centre Woodside Road Norwich

NR7 9QL

Telephone: Fax:

E-mail:

louise.flynn@norfolk.gov.uk

Course Leader (s): Sue Astbury and Caroline Seaman

