

# What's happening in Norfolk during Anti-Bullying Awareness Week? 21st - 25th November 2005



An occasional E-mailed Newsletter to inform you of the latest information available

## BACKGROUND

Many of you will remember last year's national anti-bullying week. Well this year's event being co-ordinated by the Anti-Bullying Alliance (ABA) promises to be even bigger and better!



Rita Adair, ABA Eastern Regional Co-ordinator has been busy working with local schools, public sector and voluntary organisations to ensure that Norfolk's response is a positive one. She says: 'The response from schools and agencies has been amazing. Everyone involved has been determined to make the week a resounding success - where Norfolk's commitment to anti-bullying activities can be recognised and celebrated.'

Schools will have received packs from ABA containing a wealth of ideas for things to do during the week. There is also a questionnaire which you can use with pupils and a checklist to find out how well your school is doing in terms of anti-bullying initiatives.

These resources are available on the ABA website ([www.anti-bullyingalliance.org.uk](http://www.anti-bullyingalliance.org.uk)) which also has all the latest news, information and resources about bullying as well as advice for parents, children and young people.

## What's happening in Norfolk?

All schools will be encouraged to use this week to raise awareness about anti-bullying. This year's theme is participation so it is hoped that everyone including local communities will get involved.

As the creative arts is an excellent medium for involving children and young people there are lots of activities designed to raise their awareness.

## Art activities

Some of you will already have seen the art competition (see Parent Partnership Newsletter or request flyer from: [elizabeth.fletcher@norfolk.gov.uk](mailto:elizabeth.fletcher@norfolk.gov.uk)). The deadline has been extended to the 21st November. Children and young people are invited to draw a head and shoulders of either a bully or victim. The first 300 entrants will receive a free Radio 1 blue band! The pictures will be displayed on two large figures in County Hall depicting a bully and victim.

Dene Zarins, Advanced Skills Art Teacher, has been working closely with schools in Norwich (Avenue First, Avenue Middle, Parkside Special and Heigham Park First) on a community art project. Using Totem Poles to symbolise belonging, identity and family, the children are creating stacks of cardboard boxes, depicting decorated faces to follow the themes. Contact Dene at Avenue First school if you want to know more. Supporter of anti-bullying initiatives, John Thaxton, WBF light weight world champion, will be opening the event at the Forum on Monday 21st November 9.30 am.

Norwich Prison will be showing a display on bullying for when children visit.

The displays last all week - make sure you see them!



## Drama activities for KS2- KS3 pupils

In conjunction with the Playhouse and the Drama Company Class Acts, Rita has organised plays specifically on bullying. The plays include a workshop. For further information contact Caroline Richardson at the Playhouse on 01603 612580 or Rita. There is also a play on healthy eating (Top to Toe). Tickets are available by ringing 01603 598598.

## Morrisons support Anti-Bullying Week

Morrisons are supporting the event and have agreed to display art work from local schools in their supermarkets. If you would like to take up this offer please contact your local Morrisons and tell Rita you are doing this!



## KS1 pupils

There will be a free KS1 play on the theme of bullying performed by the Black Cat Theatre Company at the Garage, Norwich on the 22nd November 2005. Times are 9.45 am and 12.30 pm. Contact Rita for further information or e-mail [heather.haycox@norfolk.gov](mailto:heather.haycox@norfolk.gov) to book your seats.

## Libraries join in

All Libraries in Norfolk will be supporting this event and displaying fiction and non-fiction on bullying. Ottakers and Borders bookshops in Norwich have agreed to display books during the week. If you would like a list of relevant literature contact Heather Haycox on [heather.haycox@norfolk.gov.uk](mailto:heather.haycox@norfolk.gov.uk)



## Engage your School Council

Why not ask your School Council to consider ways of reducing bullying in the school as an agenda item during the week?

Bullying is the repetitive or persistent hurting of another. It can be verbal, physical, emotional or indirect in the form of e-mailing and texting

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## Congratulations Notre Dame!

Betsy Fowler, Assistant Head, Notre Dame will be launching Notre Dame's DVD on bullying during anti-bullying week at a special DfES launch on Wednesday 23rd November in London. The DVD will be sent to all secondary schools in the country shortly and shows how drama can be used to raise awareness of bullying and teach young people the strategies needed to address it. Well done to Betsy and her Year 11 students!

*Now her Year 10 drama students have designed a play on bullying for middle school pupils. Interested? Contact Betsy on [BFowler@notredamehigh.norfolk.sch.uk](mailto:BFowler@notredamehigh.norfolk.sch.uk)*

## Still stuck for ideas?

### What's bullying?

Rosemary Games, Healthy Schools Adviser has already offered two twilights for interested Healthy schools on the definition of bullying (Rita will be sending an example of a lesson on this through e-courier next week).

### Using your Secondary Tool Kit

Secondary schools can attend an Anti-Bullying Workshop organised by Sam Penn and Kate Bell. The workshop is at the Norwich Professional Development Centre on Monday 7th November 9 - 12 and will look at adapting and using the Secondary Strategy Behaviour and Attendance Toolkit in preparation for anti-bullying week. E-mail Michele Steel for details: [michele.steel@norfolk.gov.uk](mailto:michele.steel@norfolk.gov.uk)

### Ideas for the Week

Rita has arranged a Twilight for interested schools in the Norwich area on Tuesday 8th November 4 - 5.30 p.m. at the Greenwood Centre, Greenwood

Road, Tuckswood Estate, Norwich. This session is both an opportunity to consider what you could do and an opportunity to hear from other schools what they are doing. There are only 25 free places so book early - [heather.haycox@norfolk.gov.uk](mailto:heather.haycox@norfolk.gov.uk) or [rita.adair@norfolk.gov.uk](mailto:rita.adair@norfolk.gov.uk) or tel: 01603 458191 and ask to speak to Heather or Irene.

### Using drama

Joc Mack, Advanced Skills Drama teacher has organised two drama twilights for staff who would like to use drama during anti-bullying week. Entitled 'Confidence Games, the twilight is a series of activities for all Key Stages and allows pupils to explore communication and presentation skills and adopt confident body language and positivity.' The events are at King's Lynn PDC 4.30 - 6 pm on the 9th November and at the same time on the 16th November at Norwich Professional Development Centre.

To book contact Sevil Kanal [sevil.kanal@norfolk.gov.uk](mailto:sevil.kanal@norfolk.gov.uk) and for further details contact [joc.mack@tesco.net](mailto:joc.mack@tesco.net)

**Fairstead Community Primary represents Norfolk**  
Beverly Hunnabale, Head, will be accompanying two pupils to the ABA national event to launch anti-bullying week on 21st November 2005. The conference aims to demonstrate how children and young people are participating in tackling bullying in schools and community settings across the country. Fairstead was chosen following their very successful multi-agency anti-bullying day. The next Newsletter will advise on some of the best practice they saw on that day.

### North Elmham Primary and Flegg High showcase Norfolk's anti-bullying practice

An eastern regional conference to showcase the best examples of pupil involvement in the eastern region is taking place on 23rd November at Newmarket Racecourse. Pupils from North Elmham Primary will be talking about the school's R Time programme which focuses on teaching children how to communicate and negotiate. Flegg High already have national acclaim for their Peer Support work and will be sharing their approach with delegates.

### Blue Friday 25th November 2005

Put this date in your diary and find something blue to wear! Everyone is being encouraged to wear blue on this date to show their support for anti-bullying week.

Dark blue wristbands specially produced for Anti-Bullying week 2005 are available online from [www.bluefriday.org.uk](http://www.bluefriday.org.uk) (£25 for 50 inclusive of postage and packing) or write to: Blue Friday Wristbands, c/o Beatbullying, 77 Church Road, London, SE19 2TA  
Please do not sell them on at a profit.

### Agencies working together with schools to reduce bullying

**Community Safety/Crime Reduction Officers** are involved in anti-bullying activities throughout the week working with local schools and PRUs.

**YOT** are designing some lessons around the role of the bystander

(it is believed that 83% of bullying incidents are observed by bystanders so they are a crucial group to influence). For further details about this contact Val Haarbosch: [val.haarbosch@norfolk.gov.uk](mailto:val.haarbosch@norfolk.gov.uk)

**YMCA Pastoral Care Workers** are working with all their schools during the week.

**Educational Psychologists** are offering half a day to support anti-bullying activities in local schools and early year settings.

### Connexions Centres across Norfolk offer their support

All Connexions Centres are gearing up for the week and will have relevant information for young people on where to get support. The Barclays Open Centre in Norwich is planning to run a graffiti wall during the week for young people to add to. Contact [deborah.storey@norfolk.gov.uk](mailto:deborah.storey@norfolk.gov.uk) for further details.

### What have schools around Norfolk planned so far ...

**Sprowston Middle** are using the week to focus on friendships. Workshops are planned on themes such as team building. The week culminates with a parents assembly in which children share their week.

**South Greenhoe Primary** have joined up with the Family Welfare Association for activities on the theme of 'Be a Buddy not a bully'.

**Peterhouse Middle** are working with their YMCA Pastoral Care Worker on a variety of activities including a competition to design/draw and label an 'anti-bullying super hero'.

**Oriel High** have engaged their Community Safety/Crime Reduction Officer in an assembly for all pupils. They are planning a non-uniform day for Blue Friday.

This is an excellent opportunity to inform your local community of your efforts to reduce bullying. Please contact Rita for publicity about any events you are planning. Also send any examples of art work, definitions and ideas to inform our planning for next year.

## Have a great week!

### Norfolk's first ever conference on bullying for parents

21st November 2005

6.30 pm - 10.00 pm at the John Innes Centre, Norwich

This Conference aims to inform parents about what bullying is and provide advice on national and local support available to them.

We also hope to launch our parent leaflet and booklet.

Guest speakers include:

Tricia Goddard and representatives from Parentline Plus  
(Tel: 0808 800 2222 [www.parentlineplus.org.uk](http://www.parentlineplus.org.uk)).

Preference is being given to parents of SEN pupils and foster carers. To book a place and register a question for the panel please contact Parent Partnership on 01603 704070