

## **Active Classrooms Resource Cards**

I am delighted to be able to send to you the enclosed teaching resource cards for physical education, designed and developed in Norfolk. They were initially designed to support schools with limited PE facilities, schools using village halls or schools who regularly lose their indoor teaching space. These resource cards were very popular and so were redesigned so that all schools would be able to access them.

The cards give a series of activities which can be delivered in a classroom space and which support the programme of study for physical education. They do not require a complete furniture move, as activities are designed for use on tables etc. The resource cards link to brain gym activities and cover a range of aspects of physical development and physical education. However, they are not meant to be used as a curriculum on their own but to support delivery of the government's two hour a week entitlement agenda. The LEA has designed these resource cards in response to enquiries from schools anxious about providing high quality access to physical education with limited facilities.

Above all they are fun, practical and easy to use. I recommend them to you without reservation. They have been sent to all Norfolk and Hertfordshire primary schools as part of the small schools project. Many other LEAs are interested in the concept and the DfES have supported their development.

There is no charge for these cards as we have accessed some grant funding as well as some school improvement funding. Should you have any queries about this LEA resource, then please do not hesitate to contact me.

Yours sincerely  
Martin Radmore  
County Adviser for Physical Education