

**Confidence Games - free Drama workshops in
connection with The Anti Bullying Alliance**

Dates: **Wednesday 9th November 2005** - 4.15 to 5.45 pm
at West Norfolk Professional Development Centre

Wednesday 16th November 2005 - 4.30 to 6.00 pm
at Norwich Professional Development Centre

Confidence Games are a series of activities, which allow pupils to explore communication and presentation skills and adopt confident body language and positivity. The games allow us to analyse what 'confidence' means and to distinguish between real confidence and the false confidence of the bully's mask. The activities allow pupils of all ages to access positive body language and eye contact and to use these to protect themselves from/ward off bullying. The games allow pupils to see the false mask of the bully. The activities help develop positive and protective behaviour.

These sessions can be for all Key Stages as they can translate well into various useful exercises even for very young children.

Workshop Leader: Jocelyn Mack, Advanced Skills Teacher

To book a place at this activity please contact:

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