

Understanding Children's Mental Health & Emotional Well-being

About this programme

This is the introductory training for new Primary Mental Health Workers (Children, Young People and their families) from the Family Support Team. There are also a limited number of places available for other colleagues in Health, Education, and Social Services.

Programme Aims

The course will provide an intensive introduction to child mental health and is based on teaching from Child and Adolescent Mental Health Professionals. The focus will be on understanding and knowledge rather than skills and methods; although there will be an opportunity to hear about interventions currently being used.

There will be an expectation that participants reflect on their learning and they will be encouraged to keep a log of this, with discussion sessions as part of the course

The contents of this Programme will incorporate issues of equal opportunities and anti-oppressive practice to assist participants to understand and challenge all forms of discrimination.

Policy

NSF emerging findings: 'A Comprehensive CAMHS'
'Every Child Matters' (Workforce development)

Target Staff

- 1) Primary Mental Health Workers
- 2) Qualified staff in Social Services, Health, and Education working with children and families.

Learning Objectives

By the end of the programme participants will:

1.	have gained an understanding of the tiered approach to Child and Adolescent Mental Health Services and understand how their own agency fits into the multi-tiered, multi-agency approach.
2.	have an understanding of common mild and emerging mental health disorders in children and young people and to be able to contribute this understanding to assessment and analysis of children and families needs.
3.	have knowledge of varied approaches and intervention options at tier 2 (early intervention).
4.	understand the presenting features of common conditions requiring specialist intervention.
5.	recognise when children should be referred on to a more specialised service.

Methodology

Content will include:

- Presentations by experienced CAMHS professionals using a variety of methods Including some participation
- Daily recap and reflection sessions, participants will be encouraged to keep their own log of learning.

Duration

5 days

Dates

Wednesday 25th, Thursday 26th & Friday 27th February, Thursday 4th & Friday 5th March 2004
9:30am to 4:15pm

Venue

Dereham Town Football Club & Leisure Centre, Dereham

Training Provider

Professionals from specialist intervention CAMHS services
Workers from Family Support Teams

Training Officer

Hannah Smith

E-mail: hannah.smith@norfolk.gov.uk

Number Of Places Available

20 places in total – 10 for Primary Mental Health Workers and 10 for other professionals.

Applications

Please complete the attached application form and return it to:

Hannah Smith

Norfolk Social Services Learning & Staff Development Team

Carrow House

301 King Street

Norwich NR1 2TN

Selection Criteria

Selection will be undertaken in conjunction with FST managers to reflect the priorities in 'target staff' and 'number of places available' – see above.

Closing Date

Friday 9th January 2004

APPLICATION FORM

**UNDERSTANDING CHILDREN'S MENTAL HEALTH &
EMOTIONAL WELLBEING**

**25TH, 26TH & 27TH FEBRUARY AND 4TH & 5TH MARCH 2004
DEREHAM TOWN FOOTBALL CLUB & LEISURE CENTRE, DEREHAM**

NAME:	
JOB TITLE:	
FULL WORKPLACE ADDRESS:	
CONTACT TEL NO:	
DO YOU HAVE ANY SPECIAL REQUIREMENTS (E.G. ACCESS, SENSORY, DIETARY)?	

PLEASE RETURN THIS FORM TO:

**HANNAH SMITH
NORFOLK SOCIAL SERVICES
LEARNING & STAFF DEVELOPMENT TEAM
CARROW HOUSE
NORWICH
NR1 2TN**

CLOSING DATE FOR APPLICATIONS: FRIDAY 9TH JANUARY 2004