



**It's back! For the third year running, we're pleased to announce our fantastic festive educational days out – hands on history at Origins and skating on the real ice rink.**

Visit The Forum for a fantastic school visit this winter as the build up to Christmas gets underway!

- ❖ **Interactive historical learning in Origins** - ideal for Key Stage 2 and 3
- ❖ **Get your skates on at the ice rink for slippery Christmas fun**
- ❖ **Optional Extra - Teach your class how to skate**

### **Option 1 - Origins & Ice Skating @ £6.00 per child (inc VAT)**

During the day, your group will spend up to 1½ hours exploring Origins and approximately 45 minutes on the ice, once skates have been fitted. Indoor space for eating packed lunches can be made available, plus cloakroom space for bags and coats.

### **Option 2 - Origins & Ice Skating Lesson @ £7.25 per child (inc VAT)** **Only available Wednesdays and Thursdays**

As above, but your group will enjoy a structured ice skating workshop with our professional ice skate coach. During the lesson they will learn basic manoeuvres, how to stand, sit, be able to get up on their own and skate forward plus learning the basic safety rules of skating. Pupils will learn how to move and control their feet and improve balance i.e. forward turning, stopping, backward skating, speed, jumping and spinning.

**The small print.** - The ice rink opens for school visits on Monday 14<sup>th</sup> November. School skating hours are from 10am to 3pm Monday to Friday. Two teachers/parents go free for every ten children aged 8 or over. Two teachers/parents go free for every six children aged 7 or under.

**To book a date for your visit to The Forum, please**  
 call **01603 727923** or email [education@theforumnorwich.co.uk](mailto:education@theforumnorwich.co.uk)

