


Workshops/Seminars -	
<p><b>1 Community Based Care</b></p> <p>What is community based care and how can someone be supported to live independently in their own home? How do you decide between the things an individual likes doing and the things they really need with a view to spending the available budget?</p> <p>Which Health and Social Care professionals would be involved if that person were to suffer a serious illness such as a stroke?</p>	<p><b>6. Care Values</b></p> <p>How do you choose what you wear and how you look at the weekends? Why are choice, privacy, independence and dignity important to us? What does it feel like to be an individual who is receiving support with personal care? Could you imagine being reliant on others, having to ask your carers for help and what would you expect?</p>
<p><b>2. Who is there for Acute Care</b></p> <p>You're on your way home when you hit some ice, Your leg is broken, that's not nice. The paramedic treats you first then off to A&amp;E You get there for treatment, who do you see? The Nurse, Radiographer and Receptionist too Part of a team that may look after you Porters, Physios and HCAs Cover the department on nights and days You can start on reception as Admin and Clerical Then move on up to something clinical The careers in hospital are varied and many The world's your oyster, you could do any.</p>	<p><b>7. Health Promotion</b></p> <p>Details to follow</p>
<p><b>3. Safer Recruitment Practices – what are they and why they are needed?</b></p> <p>Employers working in Social Care or Health have a responsibility to safeguard and promote the welfare of vulnerable adults, children and young people and for ensuring that they are protected from harm. This workshop will give you an insight into the recruitment and selection procedures we use to help us to deter, identify and reject people who might abuse vulnerable groups, or are otherwise unsuited to work with them.</p>	<p><b>8. Life on the Edge of Society.</b></p> <p>The majority of people with mental health problems live on their own in the community. This interactive workshop looks at what makes this possible. You will have the opportunity to look at and think about your own skills, strengths and attitudes in relation to:</p> <ul style="list-style-type: none"> <li>• What support people with mental health problems need.</li> <li>• The different roles professionals play in this.</li> <li>• Looking after our own Mental Health.</li> </ul>
<p><b>4. Mental Health Awareness</b></p> <p>We all have mental health. It influences how we feel, think, and communicate. It is relevant to all of us and anyone can experience problems with their mental health. This interactive workshop will give you the facts about mental health issues and challenge the myths that contribute to stigma and discrimination.</p>	<p><b>9. Aiming Higher</b></p> <p>Discover the benefits of higher education and the range of opportunities available. This interactive workshop will give students an overview of opportunities in higher education and help them to understand what higher education can offer them.</p>
<p><b>5. Communication and Confidentiality</b></p> <p>Can you communicate without words? Why do we need listening skills and what can make getting your point across difficult? How do you feel about other people holding personal information about you? What information can be shared in different care settings? What personal details do you think would be important for a Care Plan?</p>	<p><b>10. Exhibitors:</b></p> <p>Details to Follow</p>
 <p>Norfolk Strategic Workforce Development Partnership (Adults) One workforce for Health and Social Care</p>	

# **Social Care and Health - The Inside Stories**



**Convention and Exhibition  
for students in years 10 – 11  
interested in exploring careers in Social Care and Health**

**Wednesday, 18 March 2009  
The King's Centre, Norwich**

**Students will have the opportunity of:  
Attending workshops/seminars  
Spending time in the Exhibition Hall  
Visiting stands staffed by local representatives and providers of  
health, care, the voluntary sector and training organisations**

**To find out more or to reserve spaces for your students  
Contact [adultcarerecruitment@norfolk.gov.uk](mailto:adultcarerecruitment@norfolk.gov.uk)  
telephone: 01603 222121  
by Friday 13 February 2009**