

## **Schemes of Work / Teaching Resources Primary Phase**

### **Foundation Stage:**

#### **“Action Kids”**

*(Foundation Stage Physical Development)*

Val Sabin (2001)

- A comprehensive and user friendly teaching manual and library of over 500 activities and 51 pieces of music specially designed for pre-school children. The teaching guide has information on differentiation, co-ordination and balance, mobility, spatial awareness, manipulative and aiming skills, outdoor and indoor resources, equipment and safety considerations. There are warm-ups, spatial awareness development activities, activities leading towards gymnastics, games and dance as well as cooling-down activities. There are ideas for assessing and recording children’s progress and an integration grid for those settings already using “TOP Start” resources.

#### **Manual and CD**

Training course available through INSET Opps. – further details are available from the Adviser for Physical Education (01603 433276).

**To view/purchase:** [www.valsabinpublications.com](http://www.valsabinpublications.com)

**Tele:** 01604 580974

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#### **“Action Kids 1-2-1”**

- A comprehensive manual and CD resource in the format of the above. This manual and activities are designed to be taught on a mainly one to one basis. There are 121 activities for 2 -5 year olds. This manual would make a significant contribution to any playgroup or pre-school setting.

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## **Gymnastics:**

### **Primary School Gymnastics – Key Stage 1**

Val Sabin (2001)

- Progressively structured lesson plans of proven high quality are part of this fully comprehensive and user-friendly manual for the non-specialist and specialist alike. The lesson plans and units of work contained in this manual more than meet the requirements of the National Curriculum and are fully supportive of the QCA scheme of work. Each themed unit of work has a description, learning objectives, unit framework, expected learning outcomes and six detailed lesson plans. There are four units of work for each year group giving 72 lesson plans for KS 1 classes.
- There is a very comprehensive and well-illustrated section on the break-down and teaching of individual gymnastics skills, including common faults and their remedies. Also included are 26 original skill development cards to aid differentiation in large group situations and there is an integration grid for those schools using the “TOP Gymnastics” resources.

**To view/purchase:** [www.valsabinpublications.com](http://www.valsabinpublications.com)

**Tele:** 01604 580974

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### **Primary School Gymnastics – Key Stage 2**

- As above but with 96 lesson plans.
- Thoroughly recommended for all KS 2 classes as it complies with National Curriculum 2000 and fully supports the QCA Scheme of Work.

**To view/purchase:** [www.valsabinpublications.com](http://www.valsabinpublications.com)

**Tele:** 01604 580974

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## Games:

### Primary School Games – Key Stage 1

Val Sabin (2000)

- This is an original and comprehensive framework containing interesting, exciting and proven lesson material within a complete balanced and progressive games experience. It develops co-operation, problem-solving, creativity and teamwork. Exceeding the requirements of the National Curriculum the manual enables the non-specialist physical education teacher to operate with high professional expertise from the start. There are 4 units of work for each year group. These contain learning objectives, unit framework, expected outcomes and six detailed lesson plans per unit. The teaching guide has many useful tips on organisation of equipment, children and playing space, differentiation, lesson structure, suitable teaching strategies, “families” of games, inventing rules, creating games and lots more. There is also a detailed integration grid for “TOP Play”.

To view/purchase: [www.valsabinpublications.com](http://www.valsabinpublications.com)

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### Primary School Games – Key Stage 2.

Val Sabin Publications (2000)

- As above but with 120 lesson plans. The integration grid shows the synergies with “BT TOP Sport”.

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Tele: 01604 580974

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## **Dance:**

### **Primary School Dance – Key Stage 1**

Val Sabin – (2002)

- This new teaching manual has been long awaited. Organised in the same way as all the teaching manuals from Val Sabin publications it sets out 4 units of work per year group. The six lessons which are set out are well structured and interesting. Resourced with a separate CD for Reception, Year 1 and Year 2 it really is a most for all those who want to progress and develop beyond the let's Move Tapes. There is an integration grid to show the links with "TOP Dance".
- A simple and easy to use manual with detailed individual lesson plans.

#### **Manual and 3 CDs**

To view/purchase: [www.valsabinpublications.com](http://www.valsabinpublications.com)

Tele: 01604 580974

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### **Primary School Dance – Key Stage 2**

Val Sabin (2003) - *Awaiting Release Date.*

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### **Primary Dance Activities – Music For Dance**

The Sound Moves Music Company (2002)

*To support QCA Schemes of Work*

*Unit 1*

*Unit 2*

*Unit 3*

*Unit 4*

- These 4 CDs were designed specifically by the team which wrote the QCA Dance unit. Each disc supports the scheme of work found in the QCA Scheme. Unit 1 applies to the QCA Scheme – Unit 1. The music is lively, interesting and specifically composed to help teachers deliver the units.

**To listen before you buy: Log onto :-**

[www.sound-moves-music.co.uk](http://www.sound-moves-music.co.uk)

**Or contact:  
The Sound Moves Music Company  
PO Box 14, Worcester. WR3 8XH.**

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**RIG-A-JIG-JIG!  
A Complete Party For Kids (Volume 1 & 2)**

Mike Jackson

- The “Rig-A-Jig-Jig!” books are especially designed for use with children from ages 3 – 7 and also students who are older but may have specific learning difficulties. They contain a wide variety of styles of music and dance styles. They are Australian in origin and can help deliver elements of dance from different cultures.
- Great fun and incredibly simple to use, with very clear step by step – step-through instructions. Each dance also includes the actual music sheets for those talented enough to accompany. Can therefore be used as part of a school show involving pupils in the performance of music and dance.

**A teachers guide and CD**

**To view / order:**

[www.folkineducation.co.uk](http://www.folkineducation.co.uk)

**Tele:** 01432 820507

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