## February is LGBT History Month and new DCSF Guidance on Homophobic Bullying

February 2008 will be the fourth Lesbian, Gay, Bisexual and Transperson History Month. This is an opportunity for schools to celebrate all the LGBT people in our society and also the massive contribution they have made, usually whilst spending their life denying their true identity. It is also an opportunity to explore issues around homophobia and homophobic bullying.

On the 30<sup>th</sup> January Ed Balls, Secretary of State, launched the new DCSF guidance on Homophobic Bullying and made it clear that all schools need to have in place systems to support young LGB people who are bullied. Ofsted specifically request information on how schools are tackling this issue.

Schools can access the new Homophobic Bullying Guidance on <a href="https://www.teachernet.gov.uk/publications">www.teachernet.gov.uk/publications</a>. The guidance is targeted at governors, headteachers and teachers, and has useful download sheets, which can be copied for information for staff.

In Norfolk there is a multi-disciplinary group, Challenging Homophobia Partnership Group, who is committed to raising awareness of the issues around homophobia and supporting both schools and young people in addressing it. We have put together a list of resources for primary schools and secondary schools (which are attached) and organised a half-day training session for high schools which was attended by a fifth of high schools in Norfolk last week. They have all agreed to commit themselves to an activity during the month and we hope all schools will find something in the resources that they can use.

We would welcome feedback and if you would like to receive further information about our future events and what support exists in Norfolk to support these young people please get in touch with Rita Adair, Senior Educational Psychologist, Chair of the Challenging Homophobia Partnership Group — <a href="mailto:rita.adair@norfolk.gov.uk">rita.adair@norfolk.gov.uk</a>

# February is LGBT History Month – Ideas for Primary Schools

February 2008 will be the fourth Lesbian, Gay, Bisexual and Transperson History month. This is an opportunity for schools to celebrate all the LGBT people in our society and the massive contribution they have made, usually whilst having to spend their life denying their true identity. It is also an opportunity to explore issues around homophobia and homophobic bullying. The DCSF had produced guidance on Homophobic Bullying which can be downloaded www.teachernet.gov.uk/publications

Visit the website <u>www.lgbthistorymonth.org.uk</u> for lesson plans, assembly ideas, information and links to other sites with appropriate information.

"The widespread heterosexism in our schools has meant that our youth, straight and LGBT, have grown up with gross stereotypes of LGBT people which has given rise to the mainstreaming of homophobia."

This quote comes from Sue Sanders and Patrick Saunders, Co-Chairs of "Schools Out!" a national organization working to ensure equality in education for LGBT people. Their website contains model policies, a teachers' pack, and much more – <a href="https://www.schools-out.org.uk">www.schools-out.org.uk</a>.

This pack contains information on resources that schools will find useful. This includes relevant policy documents, training resources and materials to be used in the classroom. This is by no means an exhaustive list and has been collated from various sources.

Here are some suggestions for activities that your school may undertake to mark LGBT History Month – again the list is not exhaustive: -

### **Some ideas for Primary Schools**

- Discuss the variety of family structures looking at opportunities for the many similarities between families.
- Encourage children to talk about their feelings about who they care for and why they like them.
- Devote carpet time to reading stories about characters who feel 'different' and 'less accepted'
- Curriculum audit to see whether LGBT feature (both in the formal and hidden curriculum)
- Spend a staff meeting (or part of one) thinking about the language used and assumptions made and around school – is the general assumption that everyone is heterosexual in lessons, the staff room, at parents' evenings, at Governors meetings, at the Summer Fair etc.
- At KS2 you might want to spend some time focusing on the word 'gay'
  and why it can be insulting to people. You may want to decide, as a
  school, that you are not going to use the word "gay" in a derogatory
  fashion and discuss why
- Undertake some staff training with a view to becoming better equipped to manage homophobia and the promote LGBT experience in school in the future and then commit to doing something; remember to invite Governors
- Mention LGBT month in your Newsletter
- Do an Assembly on LGBT month
- Put up information in staff rooms and student areas with details of information/websites

**Mark Jennett** who wrote the booklet Stand up for Us: Challenging Homophobia advises that if you are only able to choose 1 or 2 books to read to a class or group then he recommends the following:

### KS1

The sissy duckling Harvey Fierstein, Simon & Schuster Elmer is not like other boy ducklings. While they build forts he bakes cakes. "He's hopeless at basketball and even worse, he doesn't care". His father isn't impressed but his mother knows he is special and is sure that one day everyone else will too.

The strongest girl in the world Jenny Nimmo, Egmont Books
Esmeralda is very strong – and the star of a circus act in which she carries
both her proud parents on her shoulders. Inside she is quiet and gentle who
wants to play with the children next door but they are afraid of her. One day
something happens which helps Esmeralda see the value of her special talent
and makes the children next door see her in a different light\*

### **KS1/2**

**And Tango Makes Three** Justin Richardson, Peter Parneel and Henry Cole (Illustrator)

£7.72 [Hardcover] [from US, no information available at UK site] [This is Elizabeth's favourite!]

PreSchool-Grade 3-This tale based on a true story about a charming penguin family living in New York City's Central Park Zoo will capture the hearts of penguin lovers everywhere. Roy and Silo, two male penguins, are "a little bit different." They cuddle and share a nest like the other penguin couples, and when all the others start hatching eggs, they want to be parents, too. Determined and hopeful, they bring an egg-shaped rock back to their nest and proceed to start caring for it. They have little luck, until a watchful zookeeper decides they deserve a chance at having their own family and gives them an egg in need of nurturing. The dedicated and enthusiastic fathers do a great job of hatching their funny and adorable daughter, and the three can still be seen at the zoo today.

**Spacegirl Pukes** Katy Watson, Vanda Carter (Illustrator) £5.99 [Paperback]

Who's in the family? Robert Skutch

### KS3

**Two Weeks with the Queen** Morris Gleitzman, Puffin Books Something of a classic! When his brother Luke is diagnosed with cancer, Colin is sent to London to stay with his aunt. Determined to find the Best Doctor in The World he visits the Best Cancer Hospital in London. There, he meets Ted, whose lover Griff has AIDS. Fast paced and sensitively written and very funny. Will also appeal to Year 7s \*

### Five reasons why your school needs to take homophobia and homophobic bullying seriously

### What the research shows\*: -

**Being Healthy** According to one study, 50% of lesbian, gay

or bisexual (LGB) women & men who had been bullied at school contemplated selfharm or suicide; 40% attempted self harm at least once; another study found that more than 20% of LGB women and men who had been bullied at school attempted suicide

**Staying Safe** A high proportion of LGB school pupils

experience harm inflicted by others. This includes kicking or hitting (68% for boys and 31% for girls); frightening looks or stares (54% for boys and 44% for girls); social isolation (24% for boys and 41% for girls); sexual assault (13% for boys and 5% for

girls)

**Enjoying &** One study showed that 72% of

**Achieving** victims of homophobic

bullying have a history of absenteeism

**Economic** The majority of LGB pupils who

**Wellbeing** experience bullying

leave school at 16 even when they have

good GCSE grades

Making a A high incidence of emotional and

Positive contribution physical bullying,

high rates of self-harm, leaving school

prematurely

despite good academic achievement can all

contribute to LGB youngsters having

depressed life chances

\*Research cited here appears in 'Stand Up for Us – Challenging homophobia in schools' a DfES/DH document

### **Addressing & Challenging Homophobia**

### **Resources for Primary Schools**

#### WHOLE SCHOOL POLICY DOCUMENTS

Homophobia, Sexual Orientation and Schools: A Review and Implications for Action. Available from

http://publications.teachernet.gov.uk/eOrderingDownload/RB594.pdf for the summary, rather than the full report.

"Stand Up for Us" Challenging Homophobia in Schools. Available from <a href="http://publications.teachernet.gov.uk/standupforus">www.wiredforhealth.gov.uk/standupforus</a> or via Teachernet at <a href="http://publications.teachernet.gov.uk/default.aspx?PageFunction=productdetails&PageMode=publications&ProductId=challenge-homophobia">http://publications.teachernet.gov.uk/default.aspx?PageFunction=productdetails&PageMode=publications&ProductId=challenge-homophobia</a>. The second site doesn't include the additional materials, which are a little dated but still useful. Stonewall and NUT also have paper copies.

NUT and NASUWT both produce resources. They can be found via their websites and the direct links are:

http://www.teachers.org.uk/resources/pdf/LGBT\_2004.pdf

http://www.teachers.org.uk/resources/pdf/Tackling\_Homophobia.pdf

http://www.nasuwt.org.uk/shared\_asp\_files/uploadedfiles/%7BA67783DF-CA62-4A55-9559-24A53099BD66%7D\_Homophobic%20Bullying.pdf

Useful contacts at the Unions are Ros McNeil (R.McNeil@nut.org.uk) and Jennifer Moses (Jennifer.Moses@mail.nasuwt.org.uk).

Another useful website with lots of information is the No Outsiders Project: <a href="http://www.nooutsiders.sunderland.ac.uk/">http://www.nooutsiders.sunderland.ac.uk/</a>

**PRIMARY SCHOOL RESOURCES** (\* denotes available from Millennium Library)

#### **Books**

**No More Kissing!** Emma Chichester Clark, Picture Lions Momo doesn't approve of kissing – but his family do it all the time. And then his baby brother comes along and he's not so sure. A delightful picture book about how our feelings can change as we develop and grow \*

### Daddy's Roommate Michael Willhoite, Alyson Publications.

American picture book originally written for the children of gay parents. The boy at the story's centre spends weekends with his gay dad and his partner, Frank, who do all the things that other parents do. Presents gay families as 'ordinary'.

**Giraffes Can't Dance** Giles Andreae, Orchard Picturebooks Gerald was not a good dancer – but, as a helpful cricket points out, sometimes when you're different you just need a different song to dance to. A poem with beautiful illustrations, about how we all have our place in the world even if we feel different from other people – and how often all we need is a little encouragement \*

### Jump Michelle Magorian, Walker Books

Real boys don't dance – or do they? Jumping is the thing that Steven likes to do best. But he's too small to play basketball and anyway, he doesn't have a ball or a net. But at his older sister's ballet class they actually teach you how to jump.... Actually, real boys can do whatever they like.

### Pass, it Polly Sarah Garland, Puffin Books

Polly & Nisha are the only girls who want to play on the football team – and football is harder than it looks. But with help from Nisha's grandpa they soon get the hang of it.

Oliver Button is a sissy Tomie dePaola, Econo-Clad Books Oliver Button doesn't like and do the things that boys are supposed to. His mother worries that he doesn't get enough exercise and, since he is hopeless at ball games, sends him to a tap dancing class. This doesn't stop him getting teased – even when he is entered in the local talent contest.

The strongest girl in the world Jenny Nimmo, Egmont Books
Esmeralda is very strong – and the star of a circus act in which she carries
both her proud parents on her shoulders. Inside she is quiet and gentle who
wants to play with the children next door but they are afraid of her. One day
something happens which helps Esmeralda see the value of her special talent
and makes the children next door see her in a different light\*

Hello Sailor Ingrid Godon, Macmillan Children's Books Get past the title (it won't worry children) because this delightful picture book about how love can last even when its object is far away and how the families we make for ourselves can be as important as those we are born into. Matt lives in a lighthouse. He watches the sea every day for ships...and for his friend – Sailor. Rose & Felix say Sailor is never coming back; Emma says he

### The sissy duckling Harvey Fierstein, Simon & Schuster

Elmer is not like other boy ducklings. While they build forts he bakes cakes. "He's hopeless at basketball and even worse, he doesn't care". His father isn't impressed but his mother knows he is special and is sure that one day everyone else will too.

Jane Sarmezey & Rita Adair Challenging Homophobia Partnership Group Norfolk County Council

will; Matt won't give up hope.

### Bill's New Frock Anne Fine, Egmont Books

Bill wakes up one morning to discover that he has become a girl. That day at school he discovers that people can make all sorts of assumptions about you because of what sex you are – or even just how you look. He wonders why it is always the boys who are asked to carry the tables even though some of the girls are stronger – and how anyone can cope without pockets\*

### Two Weeks with the Queen Morris Gleitzman, Puffin Books

"Something of a classic!" When his brother Luke is diagnosed with cancer, Colin is sent to London to stay with his aunt. Determined to find the Best Doctor in The World he visits the Best Cancer Hospital in London. There he meets Ted, whose lover Griff has AIDS. Fast paced and sensitively written and very funny. Will also appeal to Year 7s.

**DVD/Video Resources** Many popular films deal with the theme of the 'outsider'.

### Information leaflets for young people

### SORTED – info for young people who fancy people of the same sex

Containing a wide range of information on coming out, dealing with homophobia, relationships etc.

Order from: <a href="https://www.healthfirst.org.uk/publications/ordering-guide.htm">www.healthfirst.org.uk/publications/ordering-guide.htm</a>
Downloadable at: <a href="https://www.healthfirst.org.uk/documents/sorted-04.pdf">www.healthfirst.org.uk/publications/ordering-guide.htm</a>

### **Girls finding out** (Terence Higgins Trust, £3.50)

An educational CD ROM for uses by and with young women (aged 13 - 19) who are questioning their sexual orientation, or who identify as lesbian or bisexual. Much of the material was written by young women for young women.

Tel: 0207 831 0330; www.tht.org.uk/publications/publications.htm

### Out and about (Terence Higgins Trust, £16.50 for 20 copies)

This booklet is for young men under 18 who think they might be gay or bisexual. Covers common anxieties that young gay or bisexual men may face such as telling people, meeting others, sexual health and where to go for support.

Tel: 0207 831 0330; <u>www.tht.org.uk</u>

Downloadable at: http://www.tht.org.uk/publications/pubs.pdfs/out.about.pdf

### In the family and In the family 2 – celebrating the builders of black gay communities(GMFA)

Recognising the achievement of black LGB People. Contains profiles of many LGB members of the black community.

View online at: <a href="https://www.metromate.org.uk/amm/gmfa/bigup.phtml?cat=b&org=g">www.metromate.org.uk/amm/gmfa/bigup.phtml?cat=b&org=g</a>

### Young gay men talking (AVERT)

A group of young gay men discuss their feelings about coming out, AIDS, school, sex, talking to parents and other concerns.

Jane Sarmezey & Rita Adair

Challenging Homophobia Partnership Group

Norfolk County Council

Downloadable at: <a href="https://www.avert.org/pdfs/younggaymentalking/pdf">www.avert.org/pdfs/younggaymentalking/pdf</a>

Many local LGB support agencies and health promotion teams produce useful leaflets. Contact your local National Healthy School Standard (NHSS) coordinator for more information.

### Agencies supporting schools, young people and adults

### Stonewall

www.stonewall.org.uk tel: 0207 593 1850

Stonewall is the leading UK organisation working to achieve equality for lesbian, gay and bisexual people, by promoting human rights and social inclusion and challenging prejudice and discrimination. Stonewall's Citizenship 21 project published *Safe for all: a best practice guide to prevent homophobic bullying in secondary schools*.

Education for all, a campaign aiming to challenge homophobia and homophobic bullying in schools, will be launched in January 2005. It is being led by Stonewall in coalition with FFLAG and LGBT Youth Scotland. For more information see

www.stonewall.org.uk/stonewall/current campaigns/education 4 all.html

Consortium of lesbian, gay and bisexual voluntary and community organisations

### **Lesbian Gay Bisexual Transgender Consortium**

www.lgbtconsortium.org.uk tel: 0207 064 8383

The consortium has a membership of over 300 groups working in LGB communities around the UK and can provide contact information for local organisations.

### **Terrence Higgins Trust**

www.tht.org.uk tel: 0207 812 1600

The leading HIV and AIDS charity in the UK. Can provide training, information, support and resources to service providers working with young gay men. By March 2004 an online resource will have been developed, providing training packages, standards and guidelines for work with young gay men. For more information contact, Phillip Wragg, Young Gay Men's Development Officer on 0207 816 4662 or email <a href="mailto:phillip.wragg@tht.org.uk">phillip.wragg@tht.org.uk</a>

### **London Lesbian and Gav Switchboard**

<u>www.llgs.org.uk</u> tel: 0207 837 7324

Information, support and referral service for lesbians, gay men and bisexual people from all backgrounds **throughout the United Kingdom**.

### **EACH** (Educational Action Challenging Homophobia)

www.eachaction.org.uk tel: 0808 1000 143 email: <a href="mailto:help@eachaction.org.uk">help@eachaction.org.uk</a> EACH is a national support and not-for-profit training agency working with public, private and voluntary sector organisations in challenging homophobia and on sexual orientation issues.

Jane Sarmezey & Rita Adair Challenging Homophobia Partnership Group Norfolk County Council It also offers a professionally staffed helpline and e-mail facility for students, parents, teachers or other practitioners working with young people which can provide support and signpost to further help and information. Helpline open Mon to Fri 9am – 5pm, Sat 10am – 12 pm.

### **FFLAG**

www.fflag.org.uk tel: 01454 852418

National Voluntary organisation and registered charity dedicated to supporting parents and their gay, lesbian and bisexual sons and daughters. Has a number of local helplines and parents' groups.

#### ChildLine

www.childline.org.uk tel: 0800 1111

ChildLine is a free 24-hour helpline for children and young people in the UK. Children and young people can call the helpline number about any problem, at any time – day or night.

### **YWCA England and Wales**

www.ywca.org.uk/projects.asp tel: 01865 304215

Campaigns on issues affecting lesbian and bisexual young women. It has 18 projects where lesbian and bisexual young women can receive confidential support in a friendly environment.

### Caught in the Act (CITA)

Email: cita@caughtintheact.co.uk tel: 0207 733 2950

CITA offers drama-based training programmes in the workplace. These include a programme of diversity work that enables participants to explore ideas about equality and difference. Themes include ethnicity, gender, disability and sexual orientation.

### CragRats Ltd

Email: Lindsay@cragrats.com tel: 01484 686451

CragRats offers theatre in education programmes on various issues including homophobic bullying.

### **Schools Out! National**

www.schools-out.org.uk tel: 0207 635 0476

A national organisation for lesbians, gay men, bisexuals and transpersons working in education. Their website includes model policies, a teachers' pack and information on legislation.

### **Websites**

### www.c21project.org.uk/citizenship 21/information centre/lgb issues/education/index.html

A Stonewall/Citizenship 21 site with a wide range of links to education information and resources, support organisations and anti-bullying initiatives.

### www.ygmonline.org.uk

Jane Sarmezey & Rita Adair Challenging Homophobia Partnership Group Norfolk County Council From Terrance Higgins Trust and the CHAPS Partnership, this site is aimed at young gay men. It features educational and interactive games and quizzes, support pages, real life stories and national listings. There is a separate section for professionals working with this target group, which includes national guidelines, training tools and useful contacts.

### www.queery.org.uk

Listings of gay venues and services in the UK.

### www.outzone.org

Web page linked to London social events for young lesbian, gay and bisexual (LGB) people. Contains much more besides (including monthly newsletters, a range of support information, message boards, a helpline and even lists of gay themed films) which will be of interest to young people outside London.

### www.avert.org/yngindx.htm

Young people's section of the main AVERT site. Lots of useful information (including dowloadable booklets) much of it specific to LGB young people.

### www.homestead.com/galyic/

Lots of useful information for young LGB people and their parents/carers. Offers an email counselling service.

A number of support groups exist for LGB people of faith. The first two websites shown below also contain useful information about the range of attitudes and exist towards homosexuality within the Christian and Muslim faiths.

<a href="http://www.lgcm.org.uk/">http://www.lgcm.org.uk/</a> - Lesbian and Gay Christian Movement.
 <a href="http://www.guestgaycatholic.org.uk">www.al-fatiha.org</a> - Muslim LGB support organisation
 <a href="http://www.guestgaycatholic.org.uk">http://www.guestgaycatholic.org.uk</a> - Catholic LGB support organisation
 <a href="http://www.iglg.org.uk/">http://www.iglg.org.uk/</a> - Jewish Gay and Lesbian Group.

# February is LGBT History Month – Ideas for Secondary Schools

February 2008 will be the fourth Lesbian, Gay, Bisexual and Transperson History month. This is an opportunity for schools to celebrate all the LGBT people in our society and the massive contribution they have made, usually whilst having to spend their life denying their true identity. It is also an opportunity to explore issues around homophobia and homophobic bullying. The DCSF have produced guidance on Homophobic bullying which can be downloaded on <a href="https://www.teachernet.gov.uk/publications">www.teachernet.gov.uk/publications</a>

Visit the website <u>www.lgbthistorymonth.org.uk</u> for lesson plans, assembly ideas, information and links to other sites with appropriate information.

"The widespread heterosexism in our schools has meant that our youth, straight and LGBT, have grown up with gross stereotypes of LGBT people which has given rise to the mainstreaming of homophobia."

This quote comes from Sue Sanders and Patrick Saunders, Co-Chairs of Schools Out! a national organization working to ensure equality in education for LGBT people. Their website contains model policies, a teachers' pack and much more – <a href="https://www.schools-out.org.uk">www.schools-out.org.uk</a>.

This pack contains information on resources that schools will find useful. This includes relevant policy documents, training resources and materials to be used in the classroom. This is by no means an exhaustive list and has been collated from various sources.

Here are some suggestions for activities that your school may undertake to mark LGBT History Month – again the list is not exhaustive: -

### Ideas for Secondary Schools

- Curriculum audit to see whether LGBT people feature (both in the formal and hidden curriculum)
- Spend a staff meeting (or part of one) thinking about the language used and assumptions made and around school – is the general assumption that everyone is heterosexual in lessons, the staff room, at parents' evenings, at Governors meetings, at the Summer Fair etc.
- Decide, as a school, that you are not going to use the word "gay" in a derogatory fashion and discuss why
- Show a film/read extracts or a whole book in sections during the month of February – explain that this is to celebrate LGBT month
- Undertake some staff training with a view to becoming better equipped to manage homophobia and the promote LGBT experience in school in the future and then commit to doing something; remember to invite Governors
- Mention LGBT month in your Newsletter
- Get pupils involved in a project to research the contributions made to a particular curriculum area by LGBT people: all the LGBT artists/scientists/writers/musicians & composers and so on they can find out about
- Rehearse and perform a drama performance. This could show LGBT in a positive light i.e. as the hero and existing stories can be drawn upon and roles substituted or a completely new story made up; or it could address homophobic bullying/homophobia and how it affects LGBT people as well as others
- Invite an outside speaker in from a LGBT organization to talk to staff/pupils
- Do an Assembly on LGBT month
- Put up information in staff rooms and student areas with details of information/websites

## Five reasons why your school needs to take homophobia and homophobic bullying seriously

### What the research shows\*: -

### **Being Healthy**

According to one study, 50% of lesbian, gay or bisexual (LGB) women & men who had been bullied at school contemplated self-harm or suicide; 40% attempted self harm at least once; another study found that more than 20% of LGB women and men who had been bullied at school attempted suicide

### **Staying Safe**

A high proportion of LGB school pupils experience harm inflicted by others. This includes kicking or hitting (68% for boys and 31% for girls); frightening looks or stares (54% for boys and 44% for girls); social isolation (24% for boys and 41% for girls); sexual assault (13% for boys and 5% for girls)

Enjoying	&
Achievin	g

One study showed that 72% of victims of homophobic bullying have a history of absenteeism

# **Economic Wellbeing**

The majority of LGB pupils who experience bullying leave school at 16 even when they have good GCSE grades

# Making a Positive Contribution

A high incidence of emotional and physical bullying, high rates of self-harm, leaving school prematurely despite good academic achievement can all contribute to LGB youngsters having depressed life chances

<sup>\*</sup>Research cited here appears in 'Stand Up for Us – Challenging homophobia in schools' a DfES/DH document

### Addressing & Challenging Homophobia

### **Resources for Secondary Schools**

### WHOLE SCHOOL POLICY DOCUMENTS

"Safe for All" A best practice guide to prevent homophobic bullying in Secondary Schools. Available from Citizenship 21, 46 Grosvenor Gardens, London SW1S OEB, Tel: 0207 881 9440, email: <a href="mailto:info@c21project.org.uk">info@c21project.org.uk</a>

Homophobia, Sexual Orientation and Schools: A Review and Implications for Action. Available from DfES Publications, PO Box 5050, Sherwood Park, Annesley, Nottingham, NG15 0DJ, Tel: 0845 60 222 60 www.dfespublications.gov.uk

"Stand Up for Us" Challenging Homophobia in Schools. Available from Health Development Agency, PO Box 90, Wetherby, Yorkshire. LS23 7EX, Tel: 0870 121 4194, email: <a href="mailto:had@twoten.pressnet">had@twoten.pressnet</a> There are also online resources to support challenging homophobia in schools

"Effective Action in Secondary Schools" (an Ofsted document about addressing homophobic bullying)

### SECONDARY RESOURCES – KS 3/4/5 All items asterisked are available from the Millenium library

### **Teacher & Training Resources**

### **Spell It Out**

A DVD produced by Stonewall showing scenarios and providing strategies for teachers dealing with pupil concerns around sexual orientation and homophobia.

### Sex, myths and education

Video where young people talk about what they want from Sex and Relationships Education. This could be used with colleagues, governors or parents – or with young people as a start point for discussing and reviewing existing provision.

PSHE and Citizenship SPOTLIGHT series.

Order from: Book Sales NCB, 8 Wakley Street, London, EC1V 7QE

Tel: 0207 843 6028

£15 \*

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#### Sex Love and Video Diaries

Developing teaching skills for sex and relationship education. The video, which comes with a resource pack, addresses the requirements of the NHSS with regard to PSHE, SRE, Citizenship and emotional health and wellbeing. It includes footage of lessons in both Primary and Secondary settings in which young people discuss homophobic name-calling, discrimination and homosexuality.

Order from 4Learning, PO Box 400, Wetherby, LS23 7LG

Tel: 08701 246444

£19.99

### Equality Diversity and inclusion: challenging homophobia

A video and training pack for education, health, youth work and social work professionals. A comprehensive programme looking at heterosexism and homophobia in the workplace and how to challenge it. Family Planning Association

Order from: fpa direct, 2-12 Pentonville Road, London, N1 9FP

Tel: 0845 122 8600

£29.99

### Living it

Teaching resource on homophobic bullying, Greater Manchester anti-Homophobic Bullying Steering Group

Information from Andrew Mulholland, Bolton Public Health 01204-907739 or email

Order from D2 Digital by Design Ltd, 460 Manchester Road, Bolton BL3 2NU Tel: 01204-366677

£39.99 \*

### Sex, myths and education

Young people talking about what they want from Sex and Relationships Education. This could be used with colleagues, governors or parents – or with young people as a start point for discussing and reviewing existing provision.

PSHE and Citizenship SPOTLIGHT series.

Order from: Book Sales NCB, 8 Wakley Street, London, EC1V 7QE

Tel: 0207 843 6028

£15 \*

### Growing up Gay

2 programmes for KS4 students. One is a strong drama about homophobic bullying, the other a series of short films made by ordinary young people who happen to be LGB.

Off limits – sex education for 14-19 year olds

4 Learning, PO Box 400, Wetherby LS23 7LG 08701 246444 £19.99 \*

### **Boys Will Be...? – Sex education & young men** Neil Davidson, Bedford Square Press \*

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### Let's Get Changed Lads

A pack and game for developing work with boys and young men. Trust from the study of Adolescence (1997) \*

### **Moving Goalposts**

Setting a training agenda for sexual health work with boys and young men. Max Biddulph & Simon Blake, FPA, (2001) \*

#### Strides

A practical guide to sex and relationships education with men. S Blake and S Laxton, FPA, (1998) \*

### **Sexuality and Learning Disabilities**

A resource for staff. C. Fanstone & Z Katrak \*

### Talking about Homosexuality in the Secondary School

Simon Forrest, Grant Biddle, Steven Clift - AVERT (1997) \*

### Working with Young Men

A resource handbook for workers, teachers and Connexions Personal Advisors. V Rogers, The National Youth Agency (2003) \*

### Young Gay Men Talking

Key issues and ideas for action. Simon Blake (ed) Working with Men's Advocacy Series (2003) \*

### Challenging lesbian and gay inequalities in education, by Debbie

Epstein (Eds) - Open University Press

### When the drama club is not enough

lessons from the safe schools programme for gay and lesbian students, by Jeff Perotti and Kim Westheimer, Beacon Press

### The greatest taboo: homosexuality in black communities

by Delroy Constantine-Simms (Eds), Alyson Publications

### Sexual Bullying: gender conflict and pupil culture in secondary

schools by Neil Duncan, Routledge Falmer

### Bullying: A practical guide to coping for schools

by Michele Elliot (Eds), Pearson Education

### **Books**

Two Weeks with the Queen Morris Gleitzman, Puffin Books
Something of a classic. When his brother Luke is diagnosed with cancer,
Colin is sent to London to stay with his aunt. Determined to find the Best
Doctor in The World he visits the Best Cancer Hospital in London. There he
meets Ted, whose lover Griff has AIDS. Fast paced and sensitively written
and very funny. Will also appeal to Year 7s \*

### Out of the Shadows Sue Hines, The Women's Press

Following her mother's sudden death, Ro now lives with her mother's partner, Deb. Ros is convinced that her family is unlike anyone else's and is determined that no-one at school will get close enough to find out. Then Jodie arrives with a secret of her own; the girls are drawn to each other but when Jodie's feelings for Ro start to tip into something different their friendship is tested. (Best suited to KS3)

### Get a life! Jean Ure, Orchard Black Apple

Joel's brother Noel is a real heart-throb, always dating different girls. But when tall, blonde, gorgeous Lars turns up things seem to change. Then comes a startling revelation that has fatal consequences and makes Joel rethink his prejudices. (One reviewer aged 13 says: "I think that doing it from the potential homophobe's eyes was a lot more meaningful..." \*

Postcards from No Man's Land Aidan Chambers, Red Fox Definitions Abroad on his own for the first time Jacob meets Geertrui who tells him a story of love and betrayal that links him with Geertrui's Dutch family in a way he never suspected. Spanning 50 years, the novel interweaves a wartime tale with Jacob's exploration of new relationships in contemporary Amsterdam. Winner of the 1999 Carnegie Medal – subtly explores the beginnings of sexual desire and love as well as sexual preferences \*

### Strange Boy Paul Magrs, Simon & Schuster

Set in North East England in the 1970's. David's parents have recently separated and he spends life shuttling between mum and dad's families. On top of all this he's not sure about fancying girls and finds John who lives down the road with his eccentric mother so much more interesting. John seems to share some of David's feelings but is unable to acknowledge them. A story about coming to terms with sexuality in a world with no reference points – ultimately David decides being an outsider may not be such a bad thing \*

### Oranges Are Not the Only Fruit Jeannette Winterton

Winner of the 1985 Whitbread Award for First Novel and turned into an award winning BBC TV drama charts a young lesbian woman's early awakenings and experiences \*

### **Feature Films**

### Ma Vie en Rose (My life in pink) 12 Dir: Alain Berliner, 1997 \*

Ludo is a little boy who lives with his loving family in a Paris suburb; however Ludo wants to be a girl. This film explores how members of Ludo's family react to his desire to 'be different' (dad encourages him to play rugby whilst his grandmother allows him to play with her make up). "A masterpiece" (the Guardian); "Feelgood movie of the year" (Attitude). French with English sub-titles. Available from Norfolk Libraries.

### Four Weddings & A Funeral 15 Dir: Mike Newell \*

Includes an exploration and positive representation of a gay relationship within a group of friends, and the very touching scene when one of the couple recites a poem at the funeral of his life partner.

### Philadelphia 15 Dir: Jonathan Demme

Tom Hanks plays a promising young lawyer whose career is cut short when he gets fired. The law firm he works for say he isn't up to the job; however Tom Hanks' character (Andrew) has recently disclosed his HIV status and believing that this has prompted his dismissal he hires another lawyer (Denzil Washington) to take on the law firm.

### **Billy Elliott** 15 Dir: Stephen Daldry

As a young boy who wants to become a ballet dancer and whose father is a miner, the film touches on Billy's friendship with another boy who is 'different' and who also appears in the final scene as an adult in the audience watching Billy's Swan Lake performance in London.

### Far From Heaven 12 Dir: Todd Haynes \*

Set in the 1950s, Dennis Quaid plays a married man who is gay and eventually discloses this to his wife. They seek 'treatment' for his 'condition' and there are some interesting scenes where they visit a psychiatrist. (Also covers what would at the time have been a controversial mixed race attraction between Quaid's wife and their black gardener).

#### Television/radio

**Will & Grace** – popular American sitcom (originally after 9 p.m. watershed now shown earlier) \*

**Friends** – Ross's first wife left him for a woman and various episodes cover this storyline; Chandler's father is gay and transvestite and various episodes cover this storyline (originally after 9 p.m. watershed – now showing daytime) \*

**Little Britain** – 'The only gay in the village' sketch (broadcast after the 9 p.m. watershed) \*

Jane Sarmezey & Rita Adair 9 Challenging Homophobia Partnership Group Norfolk County Council Soap Operas (before 9 p.m. watershed) e.g. Sean in Coronation Street (gay machinist in the underwear factory); Hayley in Corination Street (trans-sexual married to Roy); Sonia & Naomi's relationship in Eastenders – all examples of storylines/characters whose experiences are re-visited from time to time. Look out for what is currently happening in soaps watched by youngsters to tape as a prompt for discussion. The Archers has a gay couple who run a restaurant and have gone through a civil partnership \*

### Music

**English Man in New York** – Sting – this was written about Quentin Crisp, about whom a TV series was made in the 1970's entitled 'The Naked Civil Servant' – openly gay in the 1930's and famously tried in court \*

Red Hot & Blue c.d. a compilation of artists re-working Cole Porter's songs as an AIDS benefit album; a concert was performed to publicize. Many of the Porter classics e.g. 'Don't fence me in' and 'I've got you under my skin' take on a different complexion in light of the AIDS disease. Red Hot & Blue dvd shows the different musical artists performing for the Red Hot & Blue cd \*

NB: These resources have been collated from a range of sources and not all of them have been reviewed by the authors of this document; teachers should review any material to assess its suitability for particular groups.

### Information leaflets for young people

## SORTED – info for young people who fancy people of the same sex Containing a wide range of information on coming out, dealing with homophobia, relationships etc.

Order from: <a href="https://www.healthfirst.org.uk/publications/ordering-guide.htm">www.healthfirst.org.uk/publications/ordering-guide.htm</a>
Downloadable at: <a href="https://www.healthfirst.org.uk/documents/sorted-04.pdf">www.healthfirst.org.uk/documents/sorted-04.pdf</a>

### Girls finding out (Terence Higgins Trust, £3.50)

An educational CD ROM for uses by and with young women (aged 13 - 19) who are questioning their sexual orientation, or who identify as lesbian or bisexual. Much of the material was written by young women for young women.

Tel: 0207 831 0330; www.tht.org.uk/publications/publications.htm

### Out and about (Terence Higgins Trust, £16.50 for 20 copies)

This booklet is for young men under 18 who think they might be gay or bisexual. Covers common anxieties that young gay or bisexual men may face such as telling people, meeting others, sexual health and where to go for support.

Tel: 0207 831 0330; www.tht.org.uk

Downloadable at: http://www.tht.org.uk/publications/pubs pdfs/out about.pdf

### In the family and In the family 2 – celebrating the builders of black gay communities(GMFA)

Recognising the achievement of black LGB People. Contains profiles of many LGB members of the black community.

View online at: www.metromate.org.uk/amm/gmfa/bigup.phtml?cat=b&org=g

### Young gay men talking (AVERT)

A group of young gay men discuss their feelings about coming out, AIDS, school, sex, talking to parents and other concerns.

Downloadable at: www.avert.org/pdfs/younggaymentalking/pdf

Many local LGB support agencies and health promotion teams produce useful leaflets. Contact your local National Healthy School Standard (NHSS) co-ordinator for more information.

### Agencies supporting schools, young people and adults

#### Stonewall

www.stonewall.org.uk

tel: 0207593 1850

Stonewall is the leading UK organisation working to achieve equality for lesbian, gay and bisexual people, by promoting human rights and social inclusion and challenging prejudice and discrimination. Stonewall's Citizenship 21 project published *Safe for all: a best practice guide to prevent homophobic bullying in secondary schools.* 

Education for all, a campaign aiming to challenge homophobia and homophobic bullying in schools, will be launched in January 2005. It is being led by Stonewall in coalition with FFLAG and LGBT Youth Scotland. For more information see

Jane Sarmezey & Rita Adair

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Challenging Homophobia Partnership Group

Norfolk County Council

### www.stonewall.org.uk/stonewall/current campaigns/education 4 all.html

### Consortium of lesbian, gay and bisexual voluntary and community organisations

### **Lesbian Gay Bisexual Transgender Consortium**

www.lgbtconsortium.org.uk

tel: 0207 064 8383

The consortium has a membership of over 300 groups working in LGB communities around the UK and can provide contact information for local organisations.

### **Terrence Higgins Trust**

www.tht.org.uk tel: 0207 8121600

The leading HIV and AIDS charity in the UK. Can provide training, information, support and resources to service providers working with young gay men. By March 2004 an online resource will have been developed, providing training packages, standards and guidelines for work with young gay men. For more information contact, Phillip Wragg, Young Gay Men's Development Officer on 0207 816 4662 or email phillip.wragg@tht.org.uk

### **London Lesbian and Gay Switchboard**

www.llgs.org.uk

tel: 0207 837 7324

Information, support and referral service for lesbians, gay men and bisexual people from all backgrounds **throughout the United Kingdom**.

### **EACH** (Educational Action Challenging Homophobia)

www.eachaction.org.uk

tel: 0808 1000 143

email: help@eachaction.org.uk

EACH is a national support and not-for-profit training agency working with public, private and voluntary sector organisations in challenging homophobia and on sexual orientation issues. It also offers a professionally staffed helpline and e-mail facility for students, parents, teachers or other practitioners working with young people, which can provide support and signpost to further help and information. Helpline open Mon to Fri 9am - 5pm, Sat 10am - 12pm.

### **FFLAG**

www.fflag.org.uk

tel: 01454 852418

National Voluntary organisation and registered charity dedicated to supporting parents and their gay, lesbian and bisexual sons and daughters. Has a number of local helplines and parents' groups.

#### **ChildLine**

www.childline.org.uk

tel: 0800 1111

tel: 01865 304215

ChildLine is a free 24-hour helpline for children and young people in the UK. Children and young people can call the helpline number about any problem, at any time – day or night.

### YWCA England and Wales

www.ywca.org.uk/projects.asp

Jane Sarmezey & Rita Adair 12 Challenging Homophobia Partnership Group Norfolk County Council Campaigns on issues affecting lesbian and bisexual young women. It has 18 projects where lesbian and bisexual young women can receive confidential support in a friendly environment.

### **Caught in the Act (CITA)**

Email: cita@caughtintheact.co.uk tel: 0207 733 2950

CITA offers drama-based training programmes in the workplace. These include a programme of diversity work that enables participants to explore ideas about equality and difference. Themes include ethnicity, gender, disability and sexual orientation.

### **CragRats Ltd**

Email: Lindsay@cragrats.com tel: 01484 686451

CragRats offers theatre in education programmes on various issues including homophobic bullying.

### **Schools Out! National**

www.schools-out.org.uk

A national organisation for lesbians, gay men, bisexuals and transpersons working in education. Their website includes model policies, a teachers' pack and information on legislation.

tel: 0207 635 0476

### Websites

### <u>www.c21project.org.uk/citizenship 21/information centre/lgb issues/education/index.html</u>

A Stonewall/Citizenship 21 site with a wide range of links to education information and resources, support organisations and anti-bullying initiatives.

### www.ygmonline.org.uk

From Terrance Higgins Trust and the CHAPS Partnership, this site is aimed at young gay men. It features educational and interactive games and quizzes, support pages, real life stories and national listings. There is a separate section for professionals working with this target group, which includes national guidelines, training tools and useful contacts.

### www.queery.org.uk

Listings of gay venues and services in the UK.

#### www.outzone.org

Web page linked to London social events for young lesbian, gay and bisexual (LGB) people. Contains much more besides (including monthly newsletters, a range of support information, message boards, a helpline and even lists of gay themed films) which will be of interest to young people outside London.

### www.avert.org/yngindx.htm

Young people's section of the main AVERT site. Lots of useful information (including downloadable booklets) much of it specific to LGB young people.

### www.homestead.com/galyic/

Jane Sarmezey & Rita Adair 13 Challenging Homophobia Partnership Group Norfolk County Council Lots of useful information for young LGB people and their parents/carers. Offers an email counselling service.

A number of support groups exist for LGB people of faith. The first two websites shown below also contain useful information about the range of attitudes and exist towards homosexuality within the Christian and Muslim faiths.

<a href="http://www.lgcm.org.uk/">http://www.lgcm.org.uk/</a> - Lesbian and Gay Christian Movement.
 <a href="http://www.questgaycatholic.org.uk">www.al-fatiha.org</a> - Muslim LGB support organisation
 <a href="http://www.questgaycatholic.org.uk">http://www.questgaycatholic.org.uk</a> - Catholic LGB support organisation
 <a href="http://www.jglg.org.uk/">http://www.jglg.org.uk/</a> - Jewish Gay and Lesbian Group.