

Journeys: Children and Young People Talking About Bullying

This booklet, the first publication from the Office of the Children's Commissioner for England, tells the real stories of ten children and young people who have experienced bullying. It also includes their tips for dealing with bullying, and an endnote by Al Aynsley-Green, the Children's Commissioner for England.

If you would like free copies of the booklet, please email spotlight@ncb.org.uk with a postal address and tell them how many copies you need. Alternatively, Journeys can be downloaded from:

<http://www.anti-bullyingalliance.org/pdf/journeysa4.pdf>