

Kids' Skills Training

Kids' Skills is a solution focused approach for helping **5-10 year old** children overcome behavioural/learning problems and to learn skills. It was developed by psychiatrist Ben Furman.

*The training is aimed at **SENCo's, teachers and support assistants in schools and other school or community based workers. It would be most useful for a teacher and support assistant to attend from the same setting.***

*They would implement Kids' Skills in their schools/ community and so **schools/community would benefit from having the expertise.***

*To maintain the intervention there would be **2 support meetings for the first term when those who attended training would meet with an Educational Psychology and Specialist Support teacher, to be arranged on a cluster basis.** Support would continue through the first year TBA with the area teacher with this specialist responsibility.*

The cost to schools would be **£140 pp** for the 2 days training

Kids' Skills is:

- **Solution Focused:** The idea is not getting rid of problem behaviours but learning skills that the child needs to master in order not to have those problem behaviours.
- **Co-operative:** The child is not the object but an active participant in the kids' skills process.
- **Community-based:** The child's friends, his or her family members, as well as other adults important to the child participate actively in the process
- **Parent Friendly:** Parents are not blamed for the problems of their children but are invited to join in as supporters for their learning child.
- **Fun:** Kids' Skills proves that children are interested and motivated to learn to modify their own behaviour.
- **Accessible:** The steps of the process are easily understood and can be applied even without former experience.
- **Suitable for many contexts:** It can be used in childcare facilities, schools, clinics, as well as in families at home.

The training will be delivered by **Andrew Duggan**. He is a child therapist and solution focused teacher and trainer currently working in East Cheshire. He has worked in close partnership with Ben Furman at the Brief Therapy Institute in Helsinki learning the Kids' Skills approach and is the UK's first Kids' Skills coach. He has presented workshops in the UK and internationally on the application of Kids' Skills and solution focused ideas with children and adolescents.

Currently cost to schools would be **£140 pp for the 2 days** training.

For more information please contact Martin Bohn, Senior Advisory Support Teacher at martin.bohn@norfolk.gov.uk Telephone: 01953 450517

or
irene.hoare@norfolk.gov.uk Telephone: 01603 671408

Children's Services

Educational Psychology and Specialist Support

There will be a KIDS' SKILLS course comprising 2 days training on:

Thursday 6th and Friday 7th November

Venue: West Norfolk Professional Development Centre

Kilham's Way King's Lynn Norfolk PE30 2HU

Cost for 2 days : £140.00pp (including lunches).

We anticipate this course will be very popular so please confirm your attendance early to avoid disappointment.

Please complete the slip below if you would like to attend and return with your payment or Journal Number information.



I would like to attend the course on Kids' Skills at WNPDC Kilham's Way King's Lynn
Norfolk PE30 2HU

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Please Journal £140.00 (per person) to ED4074 SC 94760

Name:.....School:.....

School Address:.....

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Booking(s) authorised by::.....Signature:.....

Please indicate any special dietary requirements:.....

Please return your reply slip to:

Irene Hoare, The Terrapin, Cecil Road, Norwich NR1 2TJ 01603 671408 or fax 01603 671469
or email irene.hoare@norfolk.gov.uk

Cancellation Fee: If a place is cancelled 24 hours before commencement of the course a £25 administration fee will be levied per person. This also applies to failure to attend a pre-booked course.

We anticipate these courses will be very popular so please confirm your attendance early to avoid disappointment.

If you require further details contact Martin Bohn on martin.bohn@norfolk.gov.uk
Or tel: 01953 450530