# **PSHE** newsletter

Issue No I Spring 2005



Bringing you up-to-date news and information about PSHE, Drug Education, Sex and Relationships Education, Citizenship and Healthy Norfolk Schools

NOrfolk Children's Service was formed on the 1st February 2005, bringing together the LEA Education Department and Norfolk County Council Children's Social Services, with Lisa Christensen as the new Director. Central to the work of Children's Services will be our work with schools, focussing on achieving the national and locally agreed outcomes for children and young people.

As the work develops in the coming months we will keep schools fully involved. This newsletter focuses on key players in schools i.e. ALL involved in PSHE. We will want to work closely with you in developing our services and work in schools, particularly in relation to outcomes around healthy living, safe living, linking pupil support and guidance to high levels of achievement and in building on excellent practice in involving the voice of young people in shaping their lives.

Fred Corbett, Assistant Director (Children's Services)

#### **Drug Education**

New DfES guidance... Drugs: Guidance for schools (dfes/0092/2004), - 2 copies were issued to all schools in May 2004; this document replaces all previous guidance.

The LEA's Drug Education website... contains up-to-date information on Drug Education issues (including model School Drug Policy etc); this can be accessed at www.norfolkesinet.org.uk then click on School Staff and follow the links to Curriculum and Drug Education.

Links with Healthy Schools (Anna Sims, Primary Drugs Education Development Worker)... several pieces of work are underway including smoking cessation projects: when

completed, details will be added to our websites as models of good practice.

The Matthew Project... have once again been commissioned to offer free

assemblies/workshops to all high schools and Pupil Referral Units as well as some primary

schools targeted by Healthy Norfolk
Schools; schools have already

been contacted by The Matthew Project (Graeme Stewart 01603 606123). Who we are and how you can contact us:

School Drugs Adviser:

barry.gibson@norfolk.gov.uk Tel: 01603 433276

 Adviser for Pupil Support, Guidance & Personal Development (PSHE & Citizenship):

christine.woods@norfolk.gov.uk Tel: 01603 433276

- Healthy Norfolk Schools Co-ordinator: adele.godsmark@norfolk.gov.uk
   Tel: 01603 433276 or 01603 307356
- Primary Drugs Education Development Worker:

anna.sims@norfolk.nhs.uk Tel: 01603 307444

Primary Sex and Relationships
 Development Worker:

molly.potter@norfolk.nhs.uk Tel: 01603 307199

• Healthy Norfolk Schools Project Worker (Secondary Schools):

marian.fox@norfolk.nhs.uk Tel: 01603 307288

• Healthy Norfolk Schools Project Worker (Healthy Eating and Physical Activity):

sue.astbury@norfolk.nhs.uk Tel: 01603 307196

 Healthy Norfolk Schools Adviser (Emotional Health and Wellbeing):

rosemary.games@norfolk.gov.uk Tel: 01603 433276



## Sex and Relationships Education

An audit of school SRE provision and policy took place last year. All schools have been sent feedback on their policy, with guidance on writing/updating the policy.

The SENSE CD Rom Conference took place on Friday 8th October 2004. All secondary schools, special schools and PRUs (PSHE Co-ordinator, head boy & girl and parent governor) were invited and had a chance to try the new SRE CD before taking a free one back to their schools. (Funded by The Norfolk Teenage Pregnancy Strategy, NHS Sexual Health Unit and Great Yarmouth PCT). Those who were unable to attend have been sent invitations to twilight sessions in January and February where the remainder of the CD Roms will be distributed.

## Healthy Norfolk Schools

Healthy Norfolk Schools is a voluntary programme open to all schools in Norfolk, although we are particularly interested in working with those schools that have free school meal entitlement of more than 20%.

Since September 2003 we have been working to re-establish the programme in line with new national guidelines. The process has been streamlined and simplified and now links in very closely with school improvement. By committing to the local programme, schools can access free advice, support and resources.

Some key recent developments:

- Advice and support on promoting Healthy Eating
- Key Stage | Drug Resources and training
- · Peer Buddying training
- School Council training
- Local networks
- Targeted work with secondary schools
- Training for MSAs and playground development

#### **PSHE**

The PSHE certification programme of Continuing Professional Development (CPD) has been developed to enable teachers to gain recognition of their experience in teaching personal, social and health education. The programme is well underway in Norfolk for 04/05 but we shall be looking to recruit teachers for 05/06 soon.

The LEA's PSHE and Citizenship website has help and support for local PSHE and citizenship issues including information on available training, policy development and contact names. This can be accessed by going to www.norfolkesinet.org.uk click on School Staff and follow the links to Curriculum and PSHE & Citizenship.

## Citizenship

The LEA's website (www.norfolkesinet.org.uk) contains Citizenship pages that include details of organisations who will support Active Citizenship – both around your school and in your local community. It also has details of other projects that are being developed throughout Norfolk (and further afield) with dates of training available.

The Methwich Project is a video which has been written by, produced, directed, edited by and stars pupils at Methwold High School. It was funded by Norfolk Youth and Community Service and helps to explain the levels of government, what they are responsible for and how they are funded (Key Stage 3 Citizenship). The launch of the video is taking place on 4th Feb and all secondary schools, special schools and PRUs will be sent a copy to use as well as a teachers handbook.



If you need this document in an alternative format please contact Margaret Coard on 01603 433276,

and we will do our best to help.

Children's Services, Norfolk Education Advisory Services, Professional Development Centre Woodside Road, Norwich, Norfolk NR7 9QL

Tel: 01603 433276 Fax: 01603 700236 Email: advisory.service@norfolk.gov.uk