

Come with us and discover

Theo's Taste of Norfolk

with Theo Fanthorpe

at HOLT HALL

on 9th - 11th September 2005

**Come and join us for a weekend of
culinary discovery as we go
in search of some of the
hidden tastes of
Norfolk's heritage**



Born in Dereham 63 years ago, Theo has always enjoyed cooking and the traditional tastes and flavours of his own county. In the mid-70's he and Babs ran their own restaurant, 'The Cavalier', and served a menu of traditional English fare.

This weekend we hope you will discover some of the traditional tastes of the countryside.

You will have a chance to sample many things. . .

- From handmade chocolates to cockles. . .
- Sausages to shrimps. . .
- Try winkles, whelks and crabs. . .
- Yoghurt ice creams and Norfolk apple juice,
- Pork cheese, smoked kippers,
- Norfolk dumplings
- Real ale and local fruit wines
- And much more!

We will visit:

- A variety of local producers and suppliers.
- A smoke house.
- A crab 'factory'.
- A watermill and a brewery.
- Hear talks and see demonstrations of how products are prepared and flavoured.

(There will be opportunities to purchase items to take home.)

BUT – we will not be teaching you how to cook!

The course is suitable for anyone, of any age, with an interest in the tastes and food of Norfolk and the countryside. (Although we welcome vegetarians or vegans this weekend will probably not be particularly suitable for them).

It is designed to be a weekend of fun, relaxation and enjoyment for those who like to try new things and learn a bit more about our food on the way.

The inclusive course fee is just £130 per person

(Based on two people sharing a room)

This includes a sherry reception on Friday evening, all meals, tea/coffee, accommodation and tuition.



Typical 'House Party' Weekend Catering

Friday

- 5.00 p.m. You arrive any time after 5.00 to be met by a welcoming cup of tea or coffee
- 6.30 p.m. Sherry reception and meet your hosts and course leaders
- 7.00 p.m. Generous buffet style meal
- 8.00 p.m. Introductory session to the weekend's activities

Biscuits and hot drink facilities are available later in the evening before retiring.
Tea and coffee are also available in your own room for the whole weekend.

Saturday

- 8.30 a.m. Full English breakfast
- 10.30 a.m. Morning coffee
- 1.00 p.m. Light lunch (or packed lunch if out for the day)
- 3.30 p.m. Afternoon tea
- 6.00 p.m. Three course evening meal

Biscuits and hot drink facilities available before retiring.

Sunday

- 8.30 a.m. Full English breakfast
- 10.30 a.m. Morning coffee
- 1.00 p.m. Three course Sunday lunch
- 3.30 p.m. Afternoon tea
- 4.00 p.m. End of weekend

Please note: The above is an illustration of a typical weekend but may vary slightly depending upon the needs of the course.

Accommodation

For the comfort of everyone, numbers on this weekend will be limited to approximately 25 persons.

Please book early to avoid disappointment

Some accommodation is in twin-bedded rooms and some in larger, multi-bed rooms, which would be suitable for a family group where parents are sharing with their children, or two or three friends together, or a couple on their own.

It always helps us if two friends are willing to share a room.

There is ample shared bathroom and toilet accommodation (as befits a true country house weekend).
But please bring your own towels and soap.

Please note: NO SMOKING is allowed inside Holt Hall.

Holt Hall is situated one mile to the north of Holt in North Norfolk. Access is via either the Kelling Road (main entrance) or Cley Road. Holt itself can be reached along the A148 from King's Lynn or B1149 from Norwich.

Holt Hall is fully licensed and wines and spirits may be purchased if required.

We look forward to welcoming you

Booking Form

Theo's Taste of Norfolk 9th - 11th September 2005

Title: _____ Name: _____

Address: _____

_____ Postcode: _____ Tel: _____

Other people booking on this form: (Please indicate if under 16)

Diet: Please indicate how many persons, if any, require the following catering:

Vegetarian _____ Vegan _____ Special diet (please attach details) _____

Accommodation:

I would like a room to myself ☐ (additional £10)

Twin or multi-bedded room(s) ☐ (£130 per person)

We will always try to comply with your request, but accommodation will be allocated on a first come, first served basis.

Remittance: A non-returnable deposit of £25 per person should accompany this booking form.

Total deposit paid herewith: £ _____

Please make cheques payable to 'Norfolk County Council'

Declaration: The terms and conditions of booking are accepted by me and on behalf of those people named above.

Signature: _____ Date: _____

Terms and Conditions of Booking

1. A non-returnable deposit of £25 per person must be paid in order to secure a booking. If we are unable to take you on the weekend, we will return your deposit in full.
2. The balance of your payment will be due on your arrival at Holt Hall.
3. Cancellation. If you should find it necessary to cancel your booking your deposit will be retained by Holt Hall to cover administration costs.
4. If for any reason we find it necessary to cancel the course we will inform you as soon as possible. We will refund all monies paid by you to us. We will not be liable for any additional cost or expense.

Please complete and post this form to:

Mr D Bean, Administration Officer, Children's Services, Norfolk Education Advisory Services,
Holt Hall, Kelling Road, Holt, Norfolk NR25 7DU

Tel: 01263 713117 Fax: 01263 712396 Email: office@holthall.norfolkedunet.gov.uk