



Have you booked?

The Big Norfolk *food* Event

Food Festival for Secondary and Special schools
Royal Norfolk Showground 15th October 2008

We have had a terrific response; however there are just a few spaces left.

The aim of the day is to provide a fun and interactive experience which will inform, inspire and educate students about all aspects of food, from its **production to consumption** and how it affects all our health and wellbeing. The students will then be able to take their new found knowledge back to school to share with others and to help develop a range of food related activities.

ZONE 1 'Food and Cookery'

Meet the chefs and cooks and watch them at work. The Cookery Theatre will host a variety of displays, including a 'Ready Steady Cook, Hotplate Challenge.

Zone 2 'Food Investigation' –

Meet the local and national food specialists and take part in "The Big Food Quiz" to give your school the chance of winning £50 of book tokens.

Zone 3 'Food, Nutrition and Action' –

Discover more about sports and nutrition. Meet local sports specialists and find out about eating for health. Take part in taster sessions and demonstrations of various sports where your school can join in some of the sports challenges

FOR MORE INFORMATION OR TO BOOK A PLACE PLEASE CONTACT:

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