



# FIT FOR THE FUTURE!



Conference organised by  
Education Horizons in partnership  
with the British Nutrition Foundation

**A one-day conference focusing on a whole school approach to healthier eating and physical activity for children and young people.**

The conference will demonstrate whole school approaches to a healthy learning environment that promotes well-being and learning, from policy through to implementation.

**Tuesday 26 April 2005**

**Chelsea Football Club, Chelsea Village, Fulham, London**

Registration 9.00-10.30 Finish 15.00

Optional tour of Chelsea Football Club at end of conference (15.00 - 15.40)

#### SPEAKERS INCLUDE

**Louise Davies** (Deputy Chief Executive, Design & Technology Association)

**Roy Ballam** (Senior Education Officer, British Nutrition Foundation)

**Professor Ken Fox** (Research Fellow,  
Department of Exercise & Health Sciences, University of Bristol)

**Rob Rees** (International Food Consultant,  
General Governor for the British Nutrition Foundation)

**Hazel Gowland** (Food Adviser, Anaphylaxis Campaign)



Aimed at Primary and Secondary School Heads, Deputy and Assistant Heads, Managers and Heads of Nurseries, School Governors, Chairs of Parent Teacher Associations, Directors of Education and other Senior Managers in Education.

[www.nutrition.org.uk](http://www.nutrition.org.uk)

[www.education-horizons.com](http://www.education-horizons.com)

# Booking Form

Fit for The Future Conference - April 26 2005  
Chelsea Football Club, Chelsea Village, Fulham, London

PLEASE WRITE IN BLOCK LETTERS

Name of School/Organisation:

Address:

Postcode:

Tel:

Fax:

Email:

First Delegate:

Position:

Email:

Do you wish to go on the optional tour of Chelsea Football Club?

Yes

☐

No

☐

Do you have any special requirements?

Yes

☐

No

☐

Please specify any special requirements:

Second Delegate:

Position:

Email:

Do you wish to go on the optional tour of Chelsea Football Club?

Yes

☐

No

☐

Do you have any special requirements?

Yes

☐

No

☐

Please specify any special requirements:

Third Delegate:

Position:

Email:

Do you wish to go on the optional tour of Chelsea Football Club?

Yes

☐

No

☐

Do you have any special requirements?

Yes

☐

No

☐

Please specify any special requirements:

Please tick how you wish to pay:

CHEQUE ☐

INVOICE ☐

BACS ☐

Please make the cheques payable to:

**LIFETIME CAREERS BRENT & HARROW LTD**

Conference rates:

Early Bird Rate for bookings made by 13 April 2005: £179.00 + VAT £31.33 (Total £210.33)

Standard rate:

For bookings made after 13 April 2005 £199.00 per delegate + VAT £34.83 (Total £233.83)

**Please fax back on 020 8901 3723**

**or book online at [www.education-horizons.com](http://www.education-horizons.com)**

**or telephone 020 8901 3714 or 020 8863 1243**

**or email: [enquiries@lclondon.co.uk](mailto:enquiries@lclondon.co.uk)**

**or send a copy of the booking form to:**

**Education Horizons, Congress House, Lyon Road, Harrow, Middlesex, HA1 2EN.**

Cancellations after 18 April 2005 will be subject to a cancellation fee of £50.00. Programme may be subject to change without prior notice.

