

The Sunflower Power Challenge

This is your school's chance to get involved in a nationwide sunflower growing competition that has the power to teach your pupils about the natural world whilst helping blind and partially sighted people all over the UK.

Sunflower Power really is simple yet great fun and a highly effective learning tool - the pupils in your school plant sunflower seeds and ask their parents, friends and relatives to sponsor them.

"Children loved the fact that within 1-2 weeks the seeds had started to grow - they could see quite quickly that they had been successful in growing a plant."

What's more, your school can choose to keep half of all money raised!

Yes, that's half of all proceeds right from the very first £1! Just imagine what your school could use the extra funds for - garden and sports equipment, tapes and bird hides, or quiet areas outside for children to relax in...

The remainder of the Sunflower Power sponsorship you raise will go towards helping to give blind and partially sighted people the same kind of life chances and opportunities that many sighted people take for granted.

'It made parents and children aware of others who are not as fortunate as us with the gift of sight, and the response was above expectations'

Yes, please send us our FREE Sunflower pack today!

Title: Name:	Surname:
Position within school:	
School:	
School address :	
Postcode:	Telephone:
E-mail:	
Ref: CMSM050005	

FREE National Curriculum based materials and everything you need to make your project a success!

When you join Sunflower Power, you'll receive a wealth of **FREE National Curriculum-based lesson plans**. Here are just a few examples of how Sunflower Power results in great class projects that are both educational and great fun:

- Science teaching your pupils all about the plant world.
- Maths following your sunflower's measurements.
- Citizenship exploring disabilities and how you can make a difference.
- Art sunflower feely pictures, made of pasta, tissue etc.
- Design & Technology sunflower seed cookies!

When you register, we'll also send you:

- Sunflower seeds and growing advice so all your plants stand an equal chance.
- Posters and a press release to help you let everyone know about your event.
- Sponsorship forms and a draft letter to parents so your children will find it easy to raise sponsorship money.

Our fun activities will prompt your class to think around the difficulties faced by blind and partially sighted people whilst exploring how these challenges can be overcome.

About Action for Blind People:

Action for Blind People offers practical advice and support to blind and partially sighted people across the UK. Whether in need of safe and secure housing, employment training, leisure opportunities, specific information and advice, we can help.



Your support is vital in helping us make a real difference to the lives of over 20,000 blind and partially sighted people we support each year.

So don't delay, send back the coupon below for your FREE Sunflower Pack

If you are not able to help in the above way, but would like to do more or would like more information please contact Natalie on **020 7635 4888** or email <u>natalie_e@afbp.org</u>

Please return completed form to: Natalie Elais Action for Blind People FREEPOST SE2841 London SE16 1BP