

Holiday Activities for Broadland Children
Broadland District Council have published their summer Tots 2 Teens programme offering a variety of art, sport, craft and wildlife activities for children aged 5 years upwards. T2T aim is to provide a fun, caring and safe environment for children at venues local to them, such as village halls and schools. Those who live or go to school in Broadland are eligible to attend and more information can be obtained by calling 01603 430538 or emailing leisure@broadland.gov.uk

Payment can be made by cheque, credit card or debit card. Cheque payment must be received within 5 working days of booking otherwise places will be reallocated. Please note there will be an additional fee of 1.59% on all **credit card** payments. Confirmation letters will only be sent after payment is received.

Don't forget that we offer a 50% reduction on all activities for households claiming Council Tax and Housing Benefits from Broadland District Council. Please quote your benefit reference number at time of booking.

If you are unsure of the location for an activity please ask for a map at the time of booking.

If you wish your child to attend and leave an activity without an adult the council will require written permission from the parent/carer stating this intention **before** the date of the activity which the child will attend.

Broadland District Council Holiday Activities follows the National Standards for Out of School Care guidelines. All staff have Criminal Record Bureau enhanced disclosure checks. If you would like to inspect our Policy and Procedures Document please ask a member of staff.

At the end of each holiday period questionnaires are sent to random members for their comments. If you wish to comment about the holiday programme please write to

Maria Alborough, Leisure Services Co-ordinator, Broadland District Council, Thorpe Lodge, 1 Yarmouth Road, Thorpe St Andrew, Norwich, NR7 0DU or e-mail: maria.alborough@broadland.gov.uk

FUN ZONES

Fun Zones are open to children aged between 5 to 12 years old. Fun Zones include Craft Zones, Games Zones and Quiet Zones. Children need to bring a packed lunch, plenty of drinks, wear suitable clothing and sensible shoes.

The Fun Zones will have themed days with some craft activities based around the following:

Thursday 28 July	The Caribbean
Friday 29 July	Minibeasts ***
Monday 1 August	Pirates and Mermaids
Tuesday 2 August	Christmas Around the World
Wednesday 3 August	Pre-historic
Thursday 4 August	Teeth and Tails
Friday 5 August	Scotland
Monday 8 August	Far East
Tuesday 9 August	Fairground
Wednesday 10 August	Nocturnal Animals
Thursday 11 August	Princes and Princesses
Friday 12 August	The Human Body
Monday 15 August	Victorians
Tuesday 16 August	Pets ***
Wednesday 17 August	Under the Sea
Thursday 18 August	USA
Friday 19 August	Robots
Monday 22 August	Animals down under
Tuesday 23 August	Russia
Wednesday 24 August	Tricks and Jokes
Thursday 25 August	Herbs and Spices
Friday 26 August	Money, Money, Money

*** This day will include a workshop where there will be live animals

Venue	Acle High School
Date	Thursday 28 & Friday 29 July

Venue	Coltishall Village Hall
Date	Thursday 28 July

Venue	Upton Village Hall
Date	Friday 29 July, Thursday 11 August

Venue	Taverham High School
Date	Monday 1 – Friday 5 August

Venue	Buxton Village Hall
Date	Monday 1 August

Venue	Felthorpe Pavilion
Date	Tuesday 2 August, Friday 12 August

Venue	Blofield Heathlands
Date	Wednesday 3 August

Venue	Brundall Memorial Hall
Date	Thursday 4 August

Venue	St Faiths Centre
Date	Friday 5 August, Tuesday 23 August
Venue	Sprowston Middle School
Date	Monday 8 – Friday 12 August
Venue	Horsford Village Hall
Date	Monday 8 August
Venue	Aylsham High School
Date	Tuesday 9 August
Venue	Hainford Village Hall
Date	Wednesday 10 August, Wednesday 24 August
Venue	Hellesdon High School
Date	Monday 15 – Friday 19 August
Venue	Thorpe End Village Hall
Date	Monday 15 August
Venue	Little Plumstead Village Hall
Date	Tuesday 16 August
Venue	Frettenham Village Hall
Date	Wednesday 17 August
Venue	Halvergate Pavilion
Date	Thursday 18 August
Venue	Rackheath Village Hall
Date	Friday 19 August
Venue	Thorpe Adult Education, Longfields Road
Date	Monday 22 – Friday 26 August
Venue	Reedham Village Hall
Date	Monday 22 August
Venue	Spixworth Village Hall
Date	Thursday 25 August
Venue	Acle Memorial Hall
Date	Friday 26 August

Fun Zones start at 10am and finish at 3pm. Cost - First child £9.50, second child £9.50, further children from same address £4.75

ARTS ZONES

Canvas Creations

We will be looking at different artists and practising styles of painting in the morning session and then in the afternoon creating our own masterpiece on canvass to take home. Wear old clothes and bring packed lunch and drinks.

Venue	Rackheath Village Hall	Thursday 28 July
	Heathlands Community Centre, Blofield	Thursday 25 August
Time	10am-3pm	
Ages	8+	
Cost	£12.50	

Pop-Art T-Shirt Design

Come and design your t-shirt in the pop-art style made famous by Andy Warhol. We will practice on a fabric bag first. T-shirts provided. Very messy so wear old clothes and bring packed lunch and drinks.

Venue	Halvergate Pavilion	Tuesday 2 August
	Cawston Village Hall	Thursday 11 August
Time	10am-3pm	
Age	8-11years	
Cost	£12.50	

Jewellery Making Workshop

Make exciting jewellery using all kinds of decorative beads! Also design a pretty box to keep them in. Bring packed lunch and drinks.

Venue	Thorpe End Village Hall	Monday 1 August
	Buxton Village Hall	Monday 22 August
Time	10am-3pm	
Age	5-8 years	
Cost	£9.50	

Withy Fish and Design a Dish Workshop

Come and make a beautiful fish lantern for the garden. We will be using versatile withy and colourful tissue paper to design beautiful fish shapes. We will also be using lightweight heat mouldable plastic to design a decorative tabletop dish. Very messy so wear old clothes and bring packed lunch and drinks.

Venue	Hainford Village Hall
Date	Thursday 4 August
Time	10am-3pm
Age	8+ years
Cost	£9.50

Wicked Wire

Using specially enamelled coloured wire make amazing creations. Children should be able to complete a decorative piece during the day. Care needed as using sharpe implements! Bring packed lunch and drinks.

Venue	Coltishall Village Hall
Date	Monday 8 August
Time	10am-3pm
Age	8+
Cost	£12.50

Kites and Totem Poles

Build a kite from kit and try to make it fly (weather permitting) then design and paint an American Indian totem pole from air drying modelling material. Bring packed lunch and drinks.

Venue Little Plumstead Village Hall
Date Tuesday 9 August
Time 10am-3pm
Age 8+
Cost £9.50

Window Decorations and Glass Painting/Engraving workshop

Come and design two beautiful window decorations – one using transparent film and silhouettes and the other using glass/acrylic paint. Then decorate a glass with either glass paint or engraving techniques or both. Bring packed lunch and drinks.

Venue Horsford Village Hall
Date Tuesday 23 August
Time 10am-3pm
Age 8+
Cost £9.50

Learn to Draw

If you love to draw this is the one for you! Three days of learning techniques in sketching and drawing using a variety of mediums. Bring packed lunch and drinks each day. Sketch book provided for children to keep.

Venue Acle High School
Dates Monday 15, Tuesday 16 and Thursday 18 August
Time 10am-3pm
Age 8+
Cost £28.50

Cookery

Come along and make a fabulous three course meal for four to tempt your family. You will use a variety of cooking methods to prepare the meal that can then be taken home and served. Wear suitable clothing and bring an apron if you have one, plus packed lunch and drinks and a banana box to take your cooking home in. All ingredients provided. Please state at time of booking if a vegetarian option is preferred.

Date		Venue
10 August	Taste of Italy	Acle High School
17 August	Taste of Mexico	Reepham High School
24 August	Taste of Greece	Hellesdon High School

Time 10am-3:30pm
Age 11+
Cost £16 per child

Teddy Bears Picnic

Special cookery for younger chefs! Make all you'd need for a picnic including jelly, sandwiches and crispy cakes all to take home. You will also need to decorate your new teddy bears t-shirt before your bear can wear it. Bring packed lunch and drinks and a banana box to take your cooking home in.

Date Thursday 11 August
Venue Spixworth Village Hall

Time 10am-3pm
Age 5-7yrs
Cost £9.50

Afternoon Tea Party

All you need for high tea! Make a Victoria sponge, cheese scones, sandwiches and fruit smoothies to take home. Bring packed lunch and drinks and a banana box to take your cooking home in.

Date Thursday 18 August
Venue Reepham High School
Time 10am-3pm
Age 8-10yrs
Cost £9.50

Sleepover Snacks

All you'll need for a night in! Make flapjacks, fruit kebabs with chocolate dip and popcorn enough for you and 3 friends – and make gifts for them too!

Date Thursday 25 August
Venue Thorpe Marriott Village Hall
Time 10am-3pm
Age 8-10yrs
Cost £9.50

In partnership with Norwich Playhouse we are able to offer the following:

Technical Lighting and Sound Workshop

This course is designed to give a basic knowledge of how lighting and sound is used in theatre. Through a series of practical hands-on exercises and demonstrations, you will learn about the many aspects of theatrical lighting and sound. Bring packed lunch.

Venue Norwich Playhouse, St George's Street
Date Saturday 30 July
Time 10am-3pm
Cost £9.50 per child
Age Strictly 10+

INSERT PICTURE

The New Wolsey Theatre presents its fun-packed family show The Phantom Sausage by Bob Eaton.

This bionic banger, this chilled chippolata, this fearless frankfurter will bring mayhem and mirth to audiences of all ages this summer. Leading the hunt for The Phantom Sausage is Dr Frank N Shine, world famous food scientist. Dr Frank claims that only he can stop The Phantom Sausage infecting all the children of the world (and their parents) with SUPERGREED. But what exactly is that evil-looking green slime which Dr Frank intends to use? Can he be trusted? The Phantom Sausage doesn't think so and he will fight for your right not to be slimed. Suitable for all aged 3 to 103.

Venue Norwich Playhouse, St George's Street
Date Friday 29 July
Time 5pm
Cost £2 per person

In addition to the show the New Wolsey Theatre have generously offered to lead a workshop in the afternoon. So come and find out what it's all about.

Fun theatre activities on stage!

Venue Norwich Playhouse, St George's Street
Date Friday 29 July
Time 2pm-3.30pm
Age 5-7 years
Cost £2 per child

Wildlife Zones

We are working in partnership with Norfolk Wildlife Trust to access special wildlife activities around the county. Maps to venues are available on request. All children must be supervised by parents/guardians throughout the activities. Activities will go ahead whatever the weather – wear appropriate clothing. These activities are aimed at 7 –14 year olds however younger children are welcome if parents feel it is appropriate.

Flower Power

Learn about the practicalities of managing a nature reserve. Have a go at reed dressing, meadow raking and become flower detectives by taking part in fantastic and fun flower games and crafts. Why not bring a picnic and enjoy the nature reserve over lunch?

Date Sunday 17 July
Venue Meet at NWT Hickling Broad visitor centre
Time 11.00am – 1.00pm
Cost £3.75 per child, parents/guardians free

Urban Investigations Part II

A repeat of last year's successful event, except this year we will nose in a different garden. Here's your chance to snoop in the shrubbery, grub around in someone's compost heap or veg out in their patch. Take a tour of one of the best "secret" wildlife gardens in Norwich, as we are invited in to see the result of hard work, care and attention in Town Close School grounds.

Complete a gardening for wildlife quiz and scavenger hunt. Finish with refreshments and a plant sale.

Date Sunday 14 August
Venue Meet in the staff car park at Town Close School, Ipswich Rd.
 Come to the end of the school drive and turn left at the house.
Time 10.00am – 12.00pm
Cost £3.75 per child, parents/guardians free

Hedgerow Harvest and Wild Food Testing

Need an excuse for a nosh up? Celebrate nature's offerings by sampling fruit varieties in all their shapes, sizes and forms. We'll eat them raw, cooked, in jams and chutneys - remind yourself of how good all that wild food tastes. No need to feel guilty, as we'll take a walk to find some of the raw ingredients where they grow, and burn some calories in the process!

Date Sunday 18 September
Venue Easton College (meet at the visitors car park, not the sports centre).

Time 10.00am – 12.00pm
Cost £3.75 per child, parents/guardians free

Sports Zones

Archery

If you are between 8 and 14, come and have a go at this skilful and challenging activity under the supervision of fully qualified instructor. All equipment will be supplied. Please wear comfortable clothing and suitable footwear (non marking trainers).

Date Friday 29th July
Venue Taverham High School Sports Hall
Time 10.00am – 11.15am (ages 8 – 10 year -beginners)
11.30am – 12.45pm (11+ years - beginners)
1.00pm – 2.15pm (for all ages who have attended a session previously)
Cost £2.70 per session

Date Friday 19th August
Venue Aylsham High School Sports Hall
Time 10.00am – 11.15am (ages 8 – 10 year -beginners)
11.30am – 12.45pm (11+ years - beginners)
1.00pm – 2.15pm ??? beginners as new venue
Cost £2.70 per session

Athletics

Come and have a go at throwing, jumping and running activities in this one-day indoor sportshall athletics course for 8 – 13 year olds. Please wear suitable sports clothing and trainers and bring a packed lunch and plenty of drinks.

Date Monday 8th August
Venue Aylsham High School
Time 10.00am to 3.00pm
Cost £9.50 Per day

Golf

Two different courses are available for different levels with participants following an award scheme led by PGA professionals of Sprowston Manor Golf Club. Equipment (golf clubs and balls) will be supplied if required. Participants should bring a packed lunch and drinks or alternatively a lunch can be provided at a cost from £3 from the café-bar. Staff will take orders at the start of each session. Participants should wear suitable clothing for the weather.

Beginners/Improvers course

An introductory course for children aged 8 years + who have never played before or are working towards their Golf Passport (previously red level of the merit award scheme). Participants will learn basic grip, swing etc as well as participate in a series of fun games to help develop their skills.

Venue Marriott Sprowston Manor Golf Club
Date Monday 1st and Tuesday 2nd August
Time 10.00am – 3.00pm
Cost £32.00 for 2 days

Venue Marriott Sprowston Manor Golf Club
Date Wednesday 24th and Thursday 25th August
Time 10.00am – 3.00pm
Cost £32.00 for 2 days

Intermediate Course

A course for children who have already completed their red level and are on the blue, green, bronze or silver level of the of the Golf Foundation Merit Award Scheme. Participants will receive instruction towards aspects of their merit award as well as participate in a variety of fun games to develop their skills. As participants progress through the levels it will take longer to achieve skills. (Please note that a component of the silver level requires the participants to lower their handicap. This is achieved via participation in club competitions, external to the Tots 2 Teens programme. Participants are still however welcome to attend Tots 2 Teens golf to enhance their skills).

Venue Marriott Sprowston Manor Golf Club
Date Wednesday 3rd and Thursday 4th August
Time 10.00am – 3.00pm
Cost £32.00 for 2 days

Venue Marriott Sprowston Manor Golf Club
Date Monday 22nd and Tuesday 23rd August
Time 10.00am – 3.00pm
Cost £32.00 for 2 days

Golf Fun Days

A one day fun-day that is open to all players who attended the above two-day courses. This fun day is free of charge although participants are still required to book a place.

Fun Day 1 Friday 5th August
(for players who attended courses between 1st and 4th August)

Fun Day 2 Friday 26th August
(for players who attended courses between 22nd – 25th August)

Badminton Skills

A course introducing boys and girls aged between 8 and 14 years into badminton, through skills and fun games. Racquets can be supplied but participants are requested to wear suitable clothing, trainers and to bring plenty of drinks.

Venue Bob Carter Centre, Drayton

Date Tues 9th August

Time 2.00-4.00pm

Cost £3.80

Venue Aylsham High School (new Sports Hall)

Date Tue 16th August

Time 2.00-4.00pm

Cost £3.80

Tennis for Beginners

A fun two-session or three-session course for 6 – 9 years to learn and practice basic racket skills and participate in fun games with the coach from the Oasis Tennis Club. Please ensure children wear trainers, suitable clothing and bring plenty of drinks.

Venue: Oasis Sports Club, Pound Lane, Thorpe St Andrew

Dates: Monday 1st, Tuesday 2nd and Wednesday 3rd August

Times: 10.00am – 11.00am

Cost: £5.70 for three sessions

Venue: Oasis Sports Club, Pound Lane, Thorpe St Andrew

Dates: Monday 22nd, Tuesday 23rd and Wednesday 24th August

Times: 10.00am – 11.00am

Cost: £3.80 for two sessions

Tennis

A two or three-session course for 9 + years to practice the skills of tennis. This course is suited to individuals who have already done basic racquet skills. Please wear suitable trainers and clothing and bring plenty of drinks.

Venue: Oasis Sports Club, Pound Lane, Thorpe St Andrew

Dates: Monday 1st, Tuesday 2nd and Wednesday 3rd August

Times: 11.15am – 12.45pm

Cost: £ 8.55 for three sessions

Venue: Oasis Sports Club, Pound Lane, Thorpe St Andrew

Dates: Monday 22nd, Tuesday 23rd and Wednesday 24th August

Times: 11.15am – 12.45pm

Cost: £5.70 for two sessions

Hockey

Come and play hockey for the day on the artificial turf pitch at Taverham. Have fun and learn some new skills –the session will be led by a first team player from Norwich City Hockey Club. This course is open to boys and girls aged between 8 and 14 years of age. Hockey sticks can be supplied but participants are requested to wear suitable clothing and trainers and to bring their own packed lunch and drinks for the day.
(Changing facilities will be available).

Venue Taverham High School (hockey pitch is adjacent to the school)
Date Thurs 4th August
Time 10am – 3p.m.
Cost £9.50 per day

TEEN ZONES

Vision Project

We are looking for young people aged 12+ to take part in a project working with Norwich Young Peoples Theatre. We want you to produce a piece of theatre based around environmental issues such as waste and recycling, food production, use of resources, pollution and community sustainability. We are interested to find out how you see the District developing over the next 10 years. All theatre techniques will be used as well as some music, dance and video. You will be able to invite friends and family to the performance. Wear loose clothes or tracksuit bottoms and soft shoes. Bring packed lunch and plenty of drinks for each day. If you cannot attend all the dates but would like to be involved please still get in touch – it may just mean that you would play a smaller part in the production.

Dates Monday-Friday 8-12 August
Monday-Thursday 15-18 August
Venue Monday 8 – Monday 15 August – OPEN Youth Venue, Bank Plain, Norwich (former Barclays Bank)
Tuesday 16 – Thursday 18 August – Norwich Playhouse, St George's Street.
Time 10am-4pm each day – EXCEPT Thursday 18 August to arrive at Playhouse for 2pm.
Performance for all - 7pm on Thursday 18 August

OTHER ORGANISATIONS ACTIVITIES



DANCE IN WONDERLAND

Dance theatre for 8-12 year olds. The Mad Hatter invites you to a fun-filled feast of dance, drama, singing, games and jam tarts. In a topsy turvy world where the curious just gets curiouiser! Led by dance artists, Laura Anderson and Katy Linturn.

Monday 25 July - Friday 29 July 2005

10 am - 3 pm each day at The Garage, Norwich, opposite Chapelfield Gardens.

Cost: £45 per person for the week or save £5 if you book before July 1 and pay only £40.

What to bring: non fizzy drinks and a packed lunch each day (there are vending machines in The Garage with sweets, drinks and crisps)

What to wear: bare feet and loose comfortable clothes. Please wear old clothes or bring an old shirt as you will be doing some artwork!

For more information please call us on 01603 28 33 99 or email info@norfolkdance.co.uk or check out our website www.norfolkdance.co.uk

HEVINGHAM FUN DAYS

For 2 - 12 year olds

Open throughout the summer holidays on Mondays, Wednesdays and Fridays.

Lots of supervised activities, including crafts, games, out-door fun (weather permitting) and quiet activities. Held at our pre-school unit adjacent to Hevingham Primary School.

Sessions are: 8am - 6pm

(at £18 for your first child and £15 for additional children living at the same address.)

or: 10am - 4pm

(at £11 for your first and second child and £8 for additional children living at the same address.)

For further information and booking form please contact:

Helen Homewood on 01603 755453

(Hevingham Under 5's and The Hangout out of school club)

OTHER ORGANISATIONS ACTIVITIES

CRICKET



The MCC Spirit of Cricket camp gives youngsters aged nine to twelve a fantastic opportunity to discover more about cricket. The three-day camp provides a fun introduction to the sport, including exciting games and competitions which lead to a Kwik Cricket Tournament on the final day. All participants will get the chance to meet a cricket celebrity, as well as have the opportunity to win great prizes throughout the three days.

Venue: Manor Park Sports Ground, Holt Road, Horsford, Norfolk, NR10 3AQ

Date: 24-26 August 2005

Expert coaching, games and competitions, free t-shirts, cap, certificate and report

3 days of fun for ONLY £12 per child

For an application form, please contact the MCC Spirit of Cricket Challenge by telephoning 020 7702 5550.



ATHLETICS – STARTRACK SCHEME

A four-day course of athletics events for 8 to 15 year olds organised by the Norfolk Sports Alliance.

Dates: Tuesday 16th August – Friday 19th August

Times: 10.00am – 3.00pm

Venue: UEA Sportspark

Cost: £40.00 for four days

To book a place on this course please telephone Norfolk Sports Alliance direct on 01603 727885 or e-mail sue.pennington@norfolk.gov.uk for a booking form.

FOOTBALL

Football Fun Days, are run by the Football In The Community around the area. The courses provide skills, drills and lots of small-sided games. For a booking form or for more information on courses run by Football In The Community please call 01603 761122.

OTHER ORGANISATIONS ACTIVITIES

SWIMMING

Free swimming lessons during the Summer holidays!

Thorpe Adult Education Centre is running Amateur Swimming Association Swimming Teaching Certificates during the summer holidays and for these to run successfully volunteer swimmers are asked to come along, completely free of charge, to swim during the practical sessions.

These sessions are supervised by qualified instructors and offer an excellent opportunity to learn to swim from scratch or improve technique, including starts and turns.

All ages, above 5 years, and abilities are welcome. There is no need to book and you can attend as many sessions as you like! Simply turn up and we will be pleased to see you!

The sessions take place at Thorpe St Andrew School Pool on Longfields Road in Thorpe St Andrew and will take place at the following times:

Tuesday 26 July	2 – 3.30pm
Wednesday 27 July	10am – 12noon, 2 – 3.30pm
Thursday 28 July	10am – 12noon, 2 – 3.30pm
Friday 29 July	10am – 12noon, 2 – 3.30pm
Saturday 30 July	10am - 12noon, 2 – 3.30pm
Monday 8 August	2 – 3.30pm
Tuesday 9 August	10am – 12noon, 2 – 3.30pm
Wednesday 10 August	10am – 12noon, 2 – 3.30pm
Thursday 11 August	10am – 12noon, 2 – 3.30pm
Friday 12 August	10am – 12noon, 2 – 3.30pm

For further information please contact Thorpe Adult Education Centre on 01603 435857 or email us at thorpe.adult.edu@norfolk.gov.uk

YOUTH HOSTEL ASSOCIATION ACTION ADVENTURE

DO IT 4 REAL

2005 Summer Camps for 11-17 year olds - £25-£100

Film making, mountain biking, rock climbing or canoeing. Football, dancing and much, much more. Do it 4 Real at a YHA summer camp, a whole week of action adventure and performing arts at 23 locations across England and Wales. All for between £25 and £100, including transport to and from designated pick up points, accommodation, meals and activities. To find out more, visit www.doit4real.co.uk or call 0870 11 88 018 for an information pack. Subject to availability, terms and conditions apply. Offer only available to individuals normally resident within England.

Supported by BIG LOTTERY FUND.