Educational Visits at Redgrave and Lopham Fen, near Diss. Autumn 2005

Managed by Suffolk Wildlife Trust, Redgrave and Lopham Fen is an internationally important wetland site with recently restored fen, lush meadows, heath, pools and the source of the River Waveney.

Below are a few of the programmes best suited to the autumn and spring terms. Programmes can be tailor made for your particular group, so please phone to discuss your requirements. Tel. (01379) 688333 or Email: edatred@suffolkwildlife.cix.co.uk

Geography skills

• Photo trails

Map reading

• Compass challenge

Team building



Fen futures

- How people have shaped the environment of the fen in the past, focusing on the past 100 years.
- How the Fen is managed for wildlife and the stakeholders involved
- Find out how different people have differing opinions about the use of the reserve.
- The future, the impact of visitors, sustainable practice.



Adaptation to seasonal change

- Animal journeys and migration, natural and man made hazards, global issues and route finding.
- Hibernation and torpor, adaptations to the winter cold and food shortage.
- Animal detectives, looking for signs of animals which remain active during the winter, creating food chains.
- Life cycles in relationship to seasonal change



Landscape art

- Explore the work of artists such as Andy Goldsworthy, the materials and techniques used.
- Experiment with abstract art using natural materials.
- Discover texture, pattern and colour in the environment and its' role in nature.